

# New Heights™ Essential Oil Blend FAQs



## **Q. Which essential oils are used in New Heights oil blend?**

A. New Heights blend combines Valor® essential oil blend, a host of other tree oils, two past convention blends, Rise Above™ and Wings™, and a brand-new DeepSpectra® extract made from pinyon pine essential oil and resin.

The oils used in New Heights are *Picea mariana* leaf oil, *Pinus ponderosa* branch/leaf oil, *Abies grandis* oil, *Santalum paniculatum* wood oil, *Boswellia carterii* oil, *Lavandula angustifolia* (Lavender) oil, *Pinus monophylla* resin oil, *Pinus contorta* branch/leaf oil, *Citrus aurantium bergamia* (Bergamot) peel oil, *Hyptis suaveolens* seed oil, *Lippia alba* leaf/stem oil, *Ocotea quixos* leaf oil, *Aniba rosodora* (Rosewood) wood oil, *Santalum album* (Sandalwood) oil, Pinyon pine (*Pinus monophylla*) resin powder, *Tanacetum annuum* flower oil, *Pelargonium graveolens* flower oil, *Cedrus atlantica* wood oil, *Rosa damascena* flower oil, *Cananga odorata* flower oil, *Elettaria cardamomum* seed oil, *Picea pungens* branch/leaf/wood oil, *Boswellia sacra* resin oil, *Chamomilla recutita* (Matricaria) flower oil, *Melissa officinalis* leaf oil, *Citrus sinensis* (Orange) peel oil, *Citrus reticulata* (Tangerine) peel oil, *Commiphora myrrha* oil, and *Angelica archangelica* root oil.

## **Q. Can New Heights blend be ingested?**

A. New Heights is not intended to be ingested. Please follow all label guidelines for safe use.

## **Q. How long can New Heights blend be diffused?**

A. Diffuse New Heights for up to 1 hour 3 times daily.

## **Q. Does New Heights blend need to be diluted before topical application?**

A. Yes, dilute 1 drop with 2–4 drops of V-6 complex or olive oil and apply it to the desired area as needed.

## **Q. Is there a UV warning associated with the use of New Heights blend?**

A. Avoid direct sunlight or UV rays to the application area for up to twelve hours.

## **Q. What are the top constituents of New Heights blend?**

A. The top constituents of New Heights are limonene, linalyl acetate, linalool, gamma-terpinene, and beta-pinene.

## **Q. What does New Heights blend smell like?**

A. New Heights features a fresh, sweet, warm floral with a fresh piney aroma.

## **Q. Are nut oils used in New Heights?**

A. Other than the use of fractionated coconut oil, no other nut-derived oils are used when formulating New Heights. This product may be manufactured in a facility that uses nut-based ingredients in other product formulations; however, according to CGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. Please contact your health care provider if you have additional concerns about using this product.

**Q. Does New Heights blend include ingredients derived from palm/coconut?**

A. Yes, New Heights does include fractionated coconut oil (Caprylic/capric triglyceride). Please contact your health care provider if you have additional concerns about using this product.

**Q. Does New Heights blend include ingredients derived from sesame?**

A. No sesame-derived oils are used in the formulation of New Heights. This product may be manufactured in a facility that uses sesame in other product formulations; however, according to CGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. Please contact your health care provider if you have additional concerns about using this product.

**Q. When will it be available to shop?**

A. Please see below for launch details by market:

- U.S.: Available now
- Canada: Coming soon; available now via NFR order
- LATAM: Coming soon; available now via NFR order

Stay tuned for more updates on launch dates in Canada and LATAM!