

Lavender essential oil



Product Size: 15 ml
Item No: 3575

With a dreamy, sweetly herbaceous floral aroma, Lavender essential oil was used extensively in ancient Mediterranean cultures as a perfume to scent baths and laundry, as well as a culinary and folk herb. Today, Lavender oil is considered the panacea of aromatherapy and is widely celebrated for its many uses. Diffuse its dreamy scent to help create a worry-free atmosphere or while you unwind for the night. You can also apply Lavender oil topically to take advantage of this skincare all-star. Traditionally used to moisturize and hydrate the skin, it can also be soothing to sun-kissed skin after a day soaking up rays.

Lavender is among the most universally used oils, with a tranquil aroma that's soothing to both the senses and the skin. It's one of the most popular and widely used essential oils Young Living produces.

BENEFITS AND FEATURES

- Features a sweet, floral aroma that helps you unwind for the evening by creating a restful environment
- Can be applied topically to cleanse and soothe the skin
- Traditionally used to soothe, moisturize, and hydrate the skin
- Can be soothing to the skin after a day in the sun
- Includes the naturally occurring constituents linalyl acetate, linalool, and ocimene
- A key ingredient in Young Living Stress Away[®], Tranquil[™], RutaVaLa[™], Forgiveness[™], and Harmony[™] essential oil blends

SUGGESTED USAGE

- Apply Lavender topically or diffuse it for a moment of calm when your day overwhelms you.
- Diffuse it while you create a worry-free environment or while you relax as part of your bedtime routine.
- Combine Lavender with your favorite lotion or hair care products to support healthy skin and scalp.
- Add it to your favorite Young Living[®] skincare products.
- Apply 4 drops of Lavender oil and 1 cup of Epsom salt to a bath to create a relaxing environment.

Lavender essential oil



DIRECTIONS

Topical: Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Aromatic: Diffuse up to 1 hour 3 times daily.

SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. For external use only. Keep away from eyes and mucous membranes.

INGREDIENTS

Lavender (*Lavandula angustifolia*)[†] flowering top

[†]Premium essential oil

COMPLEMENTARY PRODUCTS



Orange
Essential Oil
Item no: 3602



Peppermint
Essential Oil
Item no: 3614



Lemon
Essential Oil
Item no: 3578



Thieves[®]
Essential Oil Blend
Item no: 3423