# Valor<sup>®</sup> essential oil blend





Product Size: 5 ml Item No: 43975

### **ABOUT**

Originally formulated by Young Living Founder D. Gary Young, Valor blend is a long-standing member favorite. Its one-of-a-kind formula was inspired by historical writings about Roman soldiers who were said to apply plant extracts and botanicals to inspire courage and confidence before going into battle.

Each Young Living essential oil in the blend was carefully selected for its unique aromatic and topical benefits:

Frankincense for its uplifting, earthy aroma and skin-loving properties; Black Spruce for its grounded, woodsy aroma; Blue Tansy for its inspiring aromatic profile; and Rosewood for its soothing and relaxing aroma. This powerful, synergistic blend with a transformative aroma has contributed to its strong legacy as a key part of Young Living's proprietary Raindrop Technique® bodywork.

Experience our original Valor essential oil blend with Frankincense, Black Spruce, Blue Tansy, and sustainably sourced Rosewood essential oil.

#### BENEFITS AND FEATURES

- Features a balancing and aligning aroma
- Contains Rosewood essential oil, which creates a calming environment when used topically or aromatically
- Helps you maintain a grounded atmosphere for yoga and meditation
- May enhance the appearance of healthy-looking skin
- Makes massage feel even more rejuvenating with its comforting scent

### SUGGESTED USAGE

- Apply Valor blend to the bottoms of your feet and/or the back of your neck while you unwind before bed.
- Enjoy the uplifting scent while you build confidence or prepare for challenging moments.
- Massage onto the bottoms of your feet and back of the neck; then follow with Ignite Your Journey™ essential oil blend, massaging over your heart and inhaling deeply as you envision your journey and the power of your purpose.
- Refresh throughout the day by directly inhaling Valor blend or massaging it onto your neck, chest, hands, or wrists.
- Diffuse the inspiring aroma while you work to align your mind, body, and spirit and let go of the barriers that make you feel stuck.



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## **DIRECTIONS**

**Topical:** Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

**Aromatic:** Diffuse up to 1 hour 3 times daily.

## **INGREDIENTS**

Caprylic/capric triglyceride, Picea mariana† (Black spruce) leaf oil, Aniba rosodora† (Rosewood) wood oil, Tanacetum annuum† (Blue tansy) flower oil, Boswellia carterii† (Frankincense) oil

†Premium essential oil

## **SAFETY**

Keep out of reach of children. For external use only.

Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

# **COMPLEMENTARY PRODUCTS**



Peace & Calming® essential oil blend Item No. 3398



Ylang Ylang essential oil Item No. 3659



Release<sup>™</sup> essential oil blend Item No. 3408



Joy™ essential oil blend Item No. 3372

