

Simplified by Jacob + Kait™ Vanilla Mint™ blend FAQ



Q. What are the usage directions for the Simplified by Jacob + Kait Vanilla Mint blend?

A. Aromatic: Diffuse up to 1 hour, 3 times daily.

Topical: Dilute 1 drop with 4 drops of V-6™ Vegetable Oil Complex or olive oil.

Q. Can I ingest the Vanilla Mint essential oil blend?

A. No, all Simplified by Jacob + Kait blends, including Vanilla Mint blend, are intended only for topical and aromatic use.

Q. What essential oils are included in Vanilla Mint blend?

A. Our Vanilla Mint blend contains *Mentha piperita* (Peppermint) and *Mentha spicata* (Spearmint) essential oils in addition to *Vanilla planifolia* (Vanilla) fruit extract.

Q. Is the Vanilla Mint blend a permanent product or only available for a limited time?

A. The Vanilla Mint blend is only available for a limited time while supplies last.

Q. How is the Vanilla Mint blend packaged and what size is the oil bottle?

A. The Vanilla Mint blend comes in a clear frosted 10 ml glass bottle.

Q. Why are the Simplified blends packaged in clear frosted bottles? Will the blends age with increased exposure to light?

A. These blends are housed in high-quality, clear, frosted glass bottles that showcase each blend's natural color. The purpose of these blends is simply to enjoy the beautiful natural fragrance that each offers. We always suggest storing the oil products in a cool location out of sunlight and UV rays to prolong the life of your product.

Q. If I diffuse Simplified oil blends, should I clean my diffuser more frequently?

A. For those Simplified by Jacob + Kait blends that contain heavy amounts of coconut oil, you do want to clean your diffuser more frequently. For those that either don't contain coconut oil, or don't contain heavy amounts like our Vanilla Mint blend, regular cleanings are still recommended to keep your diffuser running smoothly and to prevent any buildup. Please consult your diffuser manual for cleaning guidelines.

Q. Are there specific diffusers I should not use to diffuse the Vanilla Mint blend?

A. The Vanilla Mint blend can be safely diffused in any Young Living diffuser.

Q. Are palm or coconut-based ingredients used in the Vanilla Mint blend?

A. Yes, our Vanilla Mint blend contains caprylic/capric triglyceride (fractionated coconut oil). If you have additional concerns about using this product, we encourage you to speak to your health care provider.



Q. Are nut oils used in the Vanilla Mint blend?

A. Other than the use of caprylic/capric triglyceride (fractionated coconut oil), no other tree nut-derived ingredients are used in the Vanilla Mint blend. This product may be manufactured in a facility that uses nut oils in other product formulations; however, according to CGMP (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. If you have additional concerns about using this product, we encourage you to speak to your health care provider.

Q. Are sesame-derived ingredients used in the Vanilla Mint blend?

A. No sesame-derived ingredients are used in the formulation of our Vanilla Mint oil blend. This product may be manufactured in a facility that uses sesame in other product formulations; however, according to CGMP (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. Please speak to your health care provider if you have additional concerns about using this product.

