



Live Life

#LikeAYLPro

21-DAY CHALLENGE

Make your move, develop new habits, and build your best self by committing to the 21-day challenge.

TERMS AND CONDITIONS:

Young Living Philippines reserves the right to make changes to the program as deemed fit without prior notice.

FREQUENTLY ASKED QUESTIONS

1. What is the 21-Day Challenge?

The Live Life #LikeAYLPro 21-Day Challenge is in line with the Essential Probiotics Plus launch. All existing members can join the program and complete the challenge within 21 days to qualify for the prizes.

2. How can I join the 21-Day Challenge?

There are 3 steps to join:

Step 1: Purchase Essential Probiotics Plus from **June 3 to 9, 2023** and register for the program by completing the Intent to Join Form:

<https://bit.ly/LikeAYLProRegistration>

Step 2: For 3 weeks, from June 15 to July 5, you must post daily on your social media (Facebook or Instagram). All posts must include the following:

- a. A picture or video of yourself taking Essential Probiotics Plus.
- b. A picture or video of yourself doing a mission.
- c. Use the hashtags: #LikeAYLPro and #YoungLivingPH and tag us on all your posts: Young Living Philippines on Facebook or @younglivingphilippines on Instagram.

Step 3: Answer the JotForm by the end of the program and upload screenshots of all posted missions. The link will be sent to qualified members.



Live Life

#LikeAYLPro

21-DAY CHALLENGE

Make your move, develop new habits, and build your best self by committing to the 21-day challenge.

3. What are the items that I can buy to qualify for the program?

From June 3 to 9, 2023, or until supplies last, can purchase any of the following items to qualify:

- Essential Probiotics Plus 30 sachets (41395)
- Pro Cleanse ER Bundle (44402)
- Pro Defense ER Bundle (44403)

4. I am a new member; can I join the program?

Yes, you can purchase any of our enrollment Sets and add any of the Essential Probiotic Plus items/ER Bundle to join.

Enrollment Sets available from June 3 to 9:

- Premium Experience Set with Dewdrop Diffuser
- Premium Experience Set with Desert Mist Diffuser
- Inner Wellness Set
- Wellness Wanderland Set

5. If I purchased any of the Essential Probiotic Plus items/ER Bundle, am I automatically part of the program?

No. As part of the requirement, you must register for the program by completing the Intent to Join Form: <https://bit.ly/LikeAYLProRegistration>

6. What are the prizes?

- Grand Prize Raffle:
 - Fitness accessories and/or gadgets will be given away. **1 prize/item for each winner only.**
 - Exact model of the prize item will be confirmed to follow. Registrants will be updated with the final prizes separately.
- Completion Prize:
 - NingXia Red 2pk
 - Essential Probiotics Plus 1 box



Live Life

#LikeAYLPro

21-DAY CHALLENGE

Make your move, develop new habits, and build your best self by committing to the 21-day challenge.

7. How can I win the prizes?

- Grand Prize Raffle:
 - All qualified members who have completed the 21-Day challenge will be included in the e-raffle. 10 raffle winners will get the grand prize.
- Completion Prize:
 - All qualified members who have completed the 21-Day challenge will automatically get the completion prize.

All qualified members are required to answer the JotForm by the end of the program and upload screenshots of all their posted missions. The link will be sent to qualified members separately. Non-submission of the JotForm will mean automatic disqualification from the program.

Kindly wait for the official announcement of winners from YLPH for all completion and grand raffle prize on July 8.

8. How will the prizes be delivered to me?

- Completion prizes will be included in your ER order for delivery or pick-up from July 15 to August 31. Placing a minimum of 100 PV on ER is required to receive the completion prize. If no ER order is placed by August 31, the prize will be forfeited.
- Winners of the Grand Prizes will have their gift shipped to their registered address for free. Placing an order is not required. Period of delivery to be coordinated to the winners.

9. How do I complete the weekly mission?

All weekly missions will be announced separately and per week. Choose to do any of the missions per day. You can also choose to repeat any of the missions.

For posting on social media, ensure that each post has the following requirements:



Live Life

#LikeAYLPro

21-DAY CHALLENGE

Make your move, develop new habits, and build your best self by committing to the 21-day challenge.

- a. A picture or video of yourself taking Essential Probiotics Plus.
- b. A picture or video of yourself doing a mission.
- c. Use the hashtags: #LikeAYLPro and #YoungLivingPH and tag us on all your posts: Young Living Philippines on Facebook or @younglivingphilippines on Instagram.

Example for posting or measuring a completed mission:

- **Join the Telegram community and interact with your fellow members—share your expectations and your personal goal for this challenge.**
Post a screenshot of your message in the 21-Day Challenge Telegram Community.
- **Watch the gut health educational video and share it on your social media.**
Post a screenshot of your shared post.
- **Doing yoga is good for your gut. Take a yoga session and practice doing poses.**
Take a picture or video of yourself doing yoga.
- **Take a walk and hit 7,000 steps.**
Take a picture or video of yourself walking/running. You can also choose to take a screenshot of your total steps through your running or health apps.

10. If I missed 1 post for the entire program, can I still qualify for the prizes?

No. Each participant must complete the full 21-Day Challenge. A skipped day will mean automatic disqualification from the program.



11. When will the winners be announced?

The announcement of winners will be on July 8, Saturday. Stay tuned to our social media accounts (Young Living Philippines on Facebook or @younglivingphilippines on Instagram) to get the latest updates.