

Daily Hormone Essentials™

FAQs



Q. What sets Daily Hormone Essentials apart from other hormone support products?

A. Backed by Young Living's Seed to Seal® commitment to quality, Daily Hormone Essentials features a unique hormone-supporting blend of essential oils enhanced by our patented DeepSpectra® technology, combined with a clinically studied herbal complex containing giant red angelica, silk plant, and fireweed. This powerful, plant-based formula provides effective support during PMS, perimenopause, and menopause.

Q. What is the intended age range for consumption?

A. Daily Hormone Essentials should not be used by individuals under the age of 18.

Q. How often should this product be consumed?

A. Consume 1 sachet each morning with food. For convenience, it can be mixed with 6–8 ounces of hot or warm water.

Q. When is the best time of day for consumption?

A. Daily Hormone Essentials is best taken in the morning, ideally at the same time each day, to support consistent daily use.

Q. Should this product be taken with or without food?

A. Daily Hormone is best taken with food in the morning or when mixed with 6–8 ounces of hot or warm water.

Q. Can Daily Hormone Essentials be used with other hormone-related prescriptions/medications?

A. Individual needs vary. We are unable to offer specific guidance about combining Daily Hormone Essentials with prescription medications. We recommend discussing this with your health care provider.

Q. Can Daily Hormone Essentials be used with other hormone-related Young Living products?

A. Yes, Daily Hormone Essentials can be used alongside other hormone-supporting products from Young Living; however, we encourage you to consult with your health care provider before starting any new product to ensure your individual needs are met.

Q. How does one product effectively meet the needs of all three phases of women's hormone health?

A. Daily Hormone Essentials combines an herbal complex, maca root, ashwagandha, and chaste tree berry extract—ingredients selected for their ability to support hormone balance and well-being during PMS, perimenopause, and menopause.

Q. Are plant-based hormone health supplements effective?

A. Daily Hormone Essentials is formulated with carefully selected plant-based ingredients traditionally used to support normal hormone health. Individual results may vary, and this product is best used as part of a healthy daily routine.

Q. Who should consider using Daily Hormone Essentials?

A. Daily Hormone Essentials is intended for women in any of the three stages of life: PMS, perimenopause, and menopause.

Q. Are there any products or foods this product should not be used with?

A. Because Daily Hormone Essentials is an all-herbal formula, we cannot provide specific guidance on potential interactions. We recommend consulting your health care provider to determine if this product is appropriate for you, especially if you are taking prescription medications.

Q. Is this product vegetarian and/or vegan-friendly?

A. Yes, Daily Hormone Essentials is considered both vegetarian and vegan-friendly.

Q. Does this product include ingredients containing gluten?

A. No gluten-containing ingredients are used in the formulation of Daily Hormone Essentials. This product may be manufactured in a facility that uses gluten in other product formulations; however, according to CGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. Please speak to your health care provider if you have additional concerns about using this product.

Q. Are corn-derived ingredients used in the product formulation?

A. Yes, the xanthan gum and citric acid used in Daily Hormone Essentials are derived from non-GMO corn. Please speak to your health care provider if you have additional concerns about using this product.

Q. Are soy-derived ingredients used in the product formulation?

A. Yes, the xanthan gum used in Daily Hormone Essentials may be derived from non-GMO soy. Please speak to your health care provider if you have additional concerns about using this product.

Q. Are ingredients derived from palm/coconut used in the product formulation?

A. Medium-chain triglycerides (coconut) are used in the formulation of Daily Hormone Essentials. Please speak to your health care provider if you have additional concerns about using this product.

Q. Are ingredients derived from tree nuts used in the product formulation?

A. Other than the use of medium-chain triglycerides from coconut, there are no other tree nuts used in the product formulation. Medium-chain triglycerides are not considered an allergen, but this product may be manufactured in a facility that uses tree nuts in other product formulations; however, according to CGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. Please speak to your health care provider if you have additional concerns about using this product.

Q. Are ingredients derived from sesame used in the product formulation?

A. No sesame-derived ingredients are used when formulating Daily Hormone Essentials. This product may be manufactured in a facility that uses sesame in other product formulations; however, according to CGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between products to prevent contamination. Please speak to your health care provider if you have additional concerns about using this product.

Q. Which essential oils are used in Daily Hormone Essentials?

A. DeepSpectra® Frankincense^{2™} blend [Frankincense (*Boswellia carterii*) resin oil, Frankincense (*Boswellia sacra*) resin powder], Davana (*Artemisia pallens*) flower oil, Lavender (*Lavandula angustifolia*) flowering parts oil, Ylang ylang (*Cananga odorata*) flower oil, Fennel (*Foeniculum vulgare*) seed oil, and Clary sage (*Salvia sclarea*) flowering tops oil are all used in Daily Hormone Essentials.

Q. How many servings are there per package/container?

A. Each box of Daily Hormone Essentials contains 30 individual serving sachet packets.

Q. When will it be available to shop?

A. Please see below for launch details by market:

- U.S.: Available now
- Canada: Coming soon; available now via NFR order
- LATAM: Available via NFR order only

Stay tuned for more updates on launch dates in Canada!