

# Season Essentials™



**Product size:** 15 ml  
**Item No:** 43941

Meet your new seasonal sidekick, Season Essentials essential oil blend. This dietary oil blend is specially formulated with a tried-and-true blend of three core essential oils—Lemon, Lavender, and Peppermint. Enhanced with the potent properties of Goldenrod and Eucalyptus Blue essential oils, Season Essentials blend helps you embrace the changing seasons with open arms.

## TOP 3 REASONS

1. You need a refreshing breathing experience during seasonal changes.
2. You want to refresh the air in a stuffy space with a refreshing, minty, herbaceous aroma.
3. You'd like extra support for your respiratory system.

With its refreshing and invigorating aroma, Season Essentials™ essential oil blend is your go-to deep-breathing companion during seasonal changes, featuring an all-star lineup of premium essential oils, including Lemon, Lavender, Peppermint, Goldenrod, and Eucalyptus Blue.

## BENEFITS AND FEATURES

- Supports a healthy respiratory system\*
- Lavender essential oil is known for its calming properties when consumed\*
- Peppermint essential oil supports normal respiratory function when used internally\*
- Diffuse for a deep and refreshing breathing experience
- Use to freshen breath
- Has a stimulating, soothing aroma when applied topically to the head, neck, and chest
- Use for a refreshing breathing experience during seasonal changes

## SUGGESTED USES

- Add Season Essentials blend to a veggie capsule, water, or a teaspoon of honey and take it internally.
- Add a few drops to your palms and rub them together. Cup your hands over your nose and mouth and take 2–3 deep, slow breaths through your nose, exhaling through your mouth.
- Keep Season Essentials blend on hand while exploring the great outdoors. Add an AromaGlide® Roller Fitment to the bottle to apply as needed.

# Season Essentials™

## DIRECTIONS

- **Aromatic:** Diffuse up to 1 hour, 3 times daily.
- **Topical:** Dilute 1 drop in 2 drops of carrier oil to the desired area. Use as needed.
- **Ingestion:** Dilute 1–2 drops Season Essentials blend with 1 drop carrier oil and place under tongue or in capsule up to 3 times daily.

## SAFETY

Keep out of reach of children. Keep away from eyes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. If contact with skin occurs, avoid direct sunlight or UV rays to application area for up to 12 hours. Not intended for use with infants. Not intended for children under the age of 6 without the advice of a health care professional.

## INGREDIENTS

*Lavandula angustifolia*† (Lavender) flowering tops oil, *Citrus limon*† (Lemon) peel oil, *Mentha piperita*† (Peppermint) oil, *Solidago canadensis*† (Goldenrod) flower/leaf/stem extract, *Eucalyptus bicostata*† (Eucalyptus blue) oil

†Premium essential oil

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

## COMPLEMENTARY PRODUCTS



Clear Vegetable Capsules  
Item No. 3193



Allerzyme® Capsules  
Item No. 3288



Citrus Fresh™ essential oil blend  
Item No. 3318



Thieves® Chest Rub  
Item No. 23801