NingXia Red®

YOUNG LIVING® ESSENTIAL OILS



Product Size: 2 pk., 4 pk.
Item No: 46540, 49297

Taste the power of NingXia Red—a tangy superfruit drink with wolfberry purée, essential oils, and clinically studied benefits for whole-body wellness.*

ABOUT

Clinically shown to increase energy, improve sleep, and reduce daily stress, NingXia Red makes wellness deliciously simple for the whole family.* Its star ingredient, the Ningxia wolfberry, is one of the most nutrient-dense foods on the planet, packed with fiber, amino acids, and antioxidants. Hand-harvested from our partner farm in Ningxia, China, the optimal blend of nutrients are preserved through an innovative purée process, perfected over decades to deliver maximum benefit in every sip.

For added antioxidants, NingXia Red also contains a superfruit blend of plum, aronia, cherry, blueberry, and pomegranate, plus d-limonene from Orange, Yuzu, Lemon, and Tangerine essential oils. With only 5 grams of naturally occurring sugar per serving, no caffeine, and a deliciously tangy taste, it's a nutritious choice for all ages and life stages.

SUGGESTED USES

- Mix with powdered supplements like collagen, multivitamins, greens, or prebiotic fiber for targeted wellness support.*
- Blend into your smoothie, acai bowl, or juice as part of a delicious breakfast.
- Add 1–2 drops of your favorite Vitality™ essential oil for an extra flavor boost.

DIRECTIONS

Drink 2 fluid ounces 1–2 times daily. Best served chilled.

BENEFITS AND FEATURES

- Supports whole-body wellness for the whole family*
- Provides energy support without caffeine*
- Helps prevent oxidative stress*
- Supports normal eye health*
- Supports healthy digestion*
- Contains a synergistic blend of Orange, Tangerine, Lemon, and Yuzu premium essential oils*
- Contains powerful ingredients that are involved in many antioxidant processes*
- Comes in recyclable glass bottles to reduce waste and plastic pollution

CLINICAL STUDY

According to a randomized clinical trial conducted at The Franklin Health Research Center, drinking just 2 ounces of NingXia Red daily for 60 days was shown to:

- **Increase physical energy levels** by 34.5% and reduce physical limitations by 36%*
- **Improve sleep patterns** and increase time asleep by an average of 21 minutes*
- **Reduce daily stress** by 23% to improve mental well-being*
- Support a **healthy inflammation** response*
- Support **healthy respiratory** function*

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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THE NINGXIA WOLFBERRY FARM

Over three decades ago, Young Living Founders Mary and D. Gary Young learned about the legendary Ningxia wolfberry—a superfruit revered in northern China for thousands of years but virtually unknown in the West. Intrigued, Gary traveled to the Ningxia region to see it firsthand. There, he visited the Ningxia Wolfberry Farm, a small operation where locals hand-harvested berries along the fertile floodplains of the Yellow River. The region's ideal soil, sun, and climate have produced high-quality wolfberries for more than 700 years.

During his visit, Gary learned that biochemists at the Ningxia Institute of Nutrition had confirmed what locals already knew: The wolfberry is one of the most nutrient-dense foods on the planet. Convinced it needed to be shared with the world, Gary began importing dried wolfberries before pioneering the wolfberry and essential oil blend now known as NingXia Red. To preserve the fruit's nutrition, Young Living partnered with the Ningxia Wolfberry Farm and an expert in food science to develop a specialized purée system that uses the whole berry.

Today, Young Living continues to source wolfberries from the Ningxia Wolfberry Farm and Distillery, which became an official partner farm in 2019. Though the industry has modernized, the farm remains true to its roots—berries are still hand-picked with care, nourished by clean Yellow River water, and rigorously tested for purity. The farm also hosts educational field trips on sustainable agriculture. It's this commitment to tradition, innovation, and quality that makes every sip of NingXia Red so extraordinary.

INGREDIENTS

Proprietary NingXia Red Blend: 58 g Ningxia wolfberry (*Lycium barbarum*) whole fruit puree, Aronia (*Aronia melanocarpa*) fruit juice from concentrate, Sweet cherry (*Prunus avium*) fruit juice from concentrate, Plum (*Prunus domestica*) fruit juice from concentrate, Blueberry (*Vaccinium corymbosum*) fruit juice from concentrate, Pomegranate (*Punica granatum*) fruit juice from concentrate

Proprietary Essential Blend: 100 mg Grape (*Vitis vinifera*) seed extract, Orange (*Citrus sinensis*)† peel oil, Yuzu (*Citrus junos*)† rind oil, Lemon (*Citrus limon*)† peel oil, Tangerine (*Citrus reticulata*)† rind oil

Other Ingredients: Water, Tartaric acid, Natural blueberry flavor, Pure vanilla extract, Malic acid, Sodium benzoate (to maintain freshness), Pectin, Stevia (Stevia rebaudiana) extract

†Premium essential oil

PAIRS WELL WITH



NingXia Zyng®
Item No. 3071



NingXia Nitro®
Item No. 3064



NingXia Greens™
powder
Item No. 41064



Inner Beauty™
Collagen
Item No. 40578

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