# Lemon Vitality<sup>™</sup> essential oil supplement





Product Size: 5 ml Item No: 5625

Lemon essential oil traces its roots back to Asia before it started making waves as an exotic newcomer in 16thcentury Europe. The lemon tree stands tall among the evergreen family, reaching majestic heights of 20 feet.

Lemon Vitality oil is more than just zest—it's your passport to citrusy delight! Take your taste buds on an appetizing journey by adding this fresh flavor to your sauces, desserts, drinks, marinades, and more! It also gives your lifestyle a lemony boost by helping support your immune system and offering antioxidant and internal cleansing properties.\* It's not only delicious—it's your secret weapon for a zesty lifestyle of wellness!

Lemon Vitality is the same premium product as Young Living's Lemon essential oil, only labeled with specific directions so you can enjoy its internal uses and benefits. Squeeze more citrusy zest into your day with Lemon Vitality essential oil! This sunshine-in-a-bottle brings more than a burst of fresh flavor to your dishes, drinks, and baked treats. It also contains antioxidant and internal cleansing properties and offers immune support.\* Unlock a world of wellness with a drop of lemony freshness!

#### **BENEFITS AND FEATURES**

- Features a crisp, zesty, citrus flavor
- Flavors your favorite sweet and savory dishes, baked goods, and beverages
- May support the immune system when taken internally\*
- Contains constituents limonene, a-pinene, and a-terpinene
- Helps support a healthy diet and lifestyle
- Has internal cleansing properties\*
- Contains antioxidant properties\*

#### SUGGESTED USAGE

- Add it to recipes as an alternative ingredient to lemon peel.
- Place 1–2 drops into a vegetarian gel capsule and take it daily for immune support.\*
- Add it to your daily NingXia Red<sup>®</sup> superfruit drink for a citrus boost.
- Use it alongside Young Living<sup>®</sup> supplements to enhance their powerful properties.
- Add it to Young Living nutritional products to give them a fun, lemony boost.
- Add it to a glass of water or tea for a fresh, antioxidant-infused drink.
- Blend a drop in with Gary's Einkorn Pancake & Waffle Mix batter and top your breakfast with fresh fruit for a healthy meal that tastes like lemon poppyseed cake.
- Use it as an ingredient in custom vinaigrettes or marinades to add a bright taste to salads or grilled meat and vegetables.

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### DIRECTIONS

Put 2 drops in a capsule and take 3 times daily.

### SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. If contact with skin occurs, avoid direct sunlight or UV rays for up to 12 hours..

### INGREDIENTS

Lemon (Citrus limon)<sup>†</sup> peel oil

<sup>†</sup>Premium essential oil

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## COMPLEMENTARY PRODUCTS

