Freedom Sleep[™] Collection





Product Size: Three 15 ml bottles, one 5 ml bottle **Item No.:** 4722

When it's time to hit the sheets, you want calm, relaxed energy and positive thoughts. Nothing makes drifting off to dreamland more natural than feeling soothed and settled. The Freedom Sleep Collection features an array of essential oil blends, all formulated to make bedtime your favorite part of your routine. With this selection of oil blends, you'll find aromas that range from complex and empowering to sweet and relaxing, all developed with your best rest in mind. We believe in the freedom to live the life you choose. That means feeling empowered, inspired, and connected—at peace with your everyday. Featuring only inspiring, Young Living-exclusive blends, the Freedom Sleep[™] Collection is curated to help you find your freedom.

FEATURES & BENEFITS

- AromaSleep[™] essential oil blend gently accompanies you at bedtime.
- Freedom[™] essential oil blend invites a moment of calm during your nightly routine.
- Inner Harmony[™] essential oil blend has a harmonizing aroma.
- Valor[®] essential oil blend produces an empowering and grounding aroma.

TOP 3 REASONS

- 1. You need a gentle scent to accompany you while you sleep.
- 2. You want a moment of calm as you wind down for the night.
- 3. You're seeking spiritual awareness.



DIRECTIONS

For additional usage instructions and cautions, please refer to each product label or YoungLiving.com/safetyguidelines.

INGREDIENTS

- AromaSleep essential oil blend: Lavender, Geranium, Roman Chamomile, Bergamot, Tangerine, Sacred Frankincense[™], Valerian
- Freedom essential oil blend: Balsam Copaiba, Sacred Frankincense[™], Vetiver, Lavender, Idaho Blue Spruce, Peppermint, Palo Santo, Valerian, Rue
- Inner Harmony essential oil blend: Geranium, Lavender, Royal Hawaiian Sandalwood[™], Ylang Ylang, Idaho Blue Spruce
- Valor essential oil blend: Black Spruce, Camphor Wood, Blue Tansy, Frankincense, Geranium

SUGGESTED USES

- AromaSleep essential oil blend: Diffuse this gentle blend at bedtime.
- Freedom essential oil blend: Diffuse this complex, relaxing, calming aroma on its own to invite a moment of calm during your nighttime routine or combine it with the other blends in this collection to enhance its benefits.
- Inner Harmony essential oil blend: Inhale this luxurious blend for its harmonizing aroma.
- Valor essential oil blend: Enjoy this empowering and grounding aroma when you diffuse or apply this oil.

SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours. Not intended for use during pregnancy and nursing. Not intended for use on infants.

COMPLEMENTARY PRODUCTS







Aria[™] Ultrasonic Diffuser Item No. 4524



AromaGlide® Roller Fitments Item No. 5072



Roots & Wings[™] Set Item No. 41624