

Einkorn Crunch™ Variety Pack FAQ



Q. What's the difference between the Skyrider Einkorn Crunch and the Young Living Einkorn Crunch?

A. The difference is the source of the einkorn used in the Einkorn Crunch. The Skyrider Einkorn Crunch was sourced and produced by our Skyrider Wilderness Ranch in Tabiona, Utah, USA. While the Skyrider Ranch continues to produce einkorn, its space is limited by the resources it produces to care for livestock and wildlife. The einkorn used for the Einkorn Variety Pack is primarily sourced from our Simiane-la-Rotonde Lavender Farm in France. It's grown there in a seasonal rotation in the lavender fields.

Q. What flavors are included in the Einkorn Crunch Variety Pack?

A. The Einkorn Crunch Variety Pack includes Ancient Sea Salt™, Sweet Cinnamon™, and Zesty Salsa™ flavors.

Q. Is Einkorn Crunch vegetarian and/or vegan friendly?

A. Einkorn Crunch is both vegetarian and vegan friendly.

Q. Why did you choose to use avocado oil in this product?

A. Avocado oil contains high levels of monounsaturated fat, which means it stays fairly stable when heated. It also is non-allergenic and high in oleic acid (omega-9 fatty acid), making it highly resistant to oxidation. Additionally, avocado oil contains minerals and antioxidants such as vitamin E and has higher levels of phytochemicals such as tocopherols, sterols, etc., which makes it a great oil for this product.

Q. Is this product ready to consume straight from the package?

A. Yes! Einkorn Crunch is ready to consume straight from the package.

Q. Is Einkorn Crunch a permanent product?

A. The Einkorn Crunch Variety Pack will be offered as a permanent product.

Q. Where are the Einkorn Crunch berries grown and harvested?

A. The einkorn berries used in Einkorn Crunch come from Young Living's Simiane-la-Rotonde Lavender Farm and Distillery in France. Einkorn is the rotating crop for our lavender fields. Additionally, we've started cultivating einkorn at Skyrider Wilderness Ranch, so we can source the berries from either farm in the future.

Q. From where is the sea salt sourced?

A. The unrefined sea salt is mined from an ancient seabed in Utah, where it is safe from modern pollutants.

Q. How should Einkorn Crunch be stored?

A. Einkorn Crunch should be stored in a cool, dark place.

Q. What are einkorn berries?

A. Einkorn berries are the whole einkorn kernel (grain), consisting of the bran, germ, and endosperm.

Q. Are einkorn berries flavorful?

A. Many people find that einkorn is slightly more flavorful than modern, hybridized whole wheat. The taste can be described as slightly nutty.

Q. How large is an individual einkorn berry?

A. An einkorn berry is approximately 0.8 cm in length, 0.3 cm in width, and 0.2 cm in depth, similar to a grain of rice.

Q. Does Einkorn Crunch contain gluten?

A. Yes, einkorn berries naturally contain gluten. If you have additional concerns about the use of this product, we encourage you to speak to your health care provider.

Q. How large is a serving?

A. A serving size of Einkorn Crunch is one package (23 grams).

Q. How many servings does a package contain?

A. Einkorn Crunch contains 24 0.81-ounce (23 g) pouches, 8 of each flavor.

Q. Is Einkorn Crunch processed on machinery that also processes nuts, corn, soy, palm/coconut, or other common allergens?

A. The facility that manufactures Einkorn Crunch also processes tree nuts, peanuts, soy, and milk. Though there may be allergens processed in the same facility, please rest assured that according to CGMPs (current good manufacturing practices), the machinery is cleansed and sanitized between productions to prevent contamination. If you have additional concerns about the use of this product, we encourage you to speak to your health care provider.

Q. Are there ordering limitations for Einkorn Crunch?

A. Yes, there is a limit of one Einkorn Crunch Variety Pack purchase per account per month.