

HOW TO MAKE PANCAKES!

(I learnt this in food technology!)

Materials

One mug (at home I have my own mug and I'm the only one allowed to use it. It says 'I love Cookies' on the side because it came in a gift pack with a tin of cookies. Sometimes I wish I could scrub out the 's'.)

One egg (did you know eggs can come in different colours depending on the hen that has laid them? You can even get green, blue and red eggs. Who knew?! Me! I knew! I wish that had come up on Brainbusters instead of blood plasma, which is definitely yellow!)

One greased frying pan (obviously greased with cooking oil as opposed to petroleum jelly or any other inedible grease!)

A fork (pretty self-explanatory)

A pinch of salt (also pretty self-explanatory)

A knob of melted butter (once again, pretty self-explanatory)

Milk (or you can use soya milk or almond milk)

Flour (you can use most types of flours but not Daisy Flowers because she's a floor assistant, not a cooking ingredient! For the best results, stick to plain flour.)

Spatula (this is one of my favourite words)

Wire cooling rack (optional)



Method

Pour the flour into the mug until it is one-third full. You'd better not be using my Cookie mug! Only I'm allowed to use that – I don't want your germs! Add milk till the mug is two-thirds full. Then add the egg, the salt and the knob of melted butter. Mix these in the mug with a fork. There you go – that's your pancake mixture ready. How easy was that?



You know how to do the rest – it's not rocket science! Slowly pour some of the pancake mixture into the greased frying pan and put it on a low heat. Don't do this without a grown-up. Make a nice batter circle. Once the first side is cooked and bubbles have started to form, you can flip the pancake over with a spatula and cook the other side. You can also try tossing it if you're confident it won't stick to the ceiling!



Use the spatula to lift your pancake out of the pan and leave it to cool down on a wire grill. Then repeat!

Results

Yummy!

Conclusion

Best served with
whipped cream,

strawberries, bananas, blueberries, chocolate
sauce, maple syrup or just plain butter. Whatever
you fancy, really! I quite like my pancakes with
lemon and sugar.

