

Salt Tray Letters Activity



Aa

Letters/Words

P

Preschoolers
2.5 - 4 years

This activity will help your little ones practice their fine motor skills with their fingers as well as letter, number and word recognition!

Learning Outcomes

Domain:

Literacy & Physical

Skills:

Letter Recognition
Fine Motor

Indicator:

Using fingers to trace letters

Identifying phonological sounds of each letter and word



Materials

- A baking tray or shallow bin (preferably one with a larger lip to avoid spills)
- A medium the children can manipulate with their fingers such as salt, sugar, sand...
- Index cards/post it notes with letters/shapes/numbers/words etc written on them by you or an older sibling



Instructions

Step 1: Pour your medium of choice (salt, sugar, sand, etc) in the shallow bin/pan

Step 2: Next, place the card in front of the bin and have your child use their finger to copy the shape/number etc in the sand or salt etc.

Step 3: Have the child practice writing the letter several times until they're comfortable to move onto the next letter in the deck.

Step 4: While the child is drawing the letters, ask them what word starts with that letter

Playful Questions

- Which hand or finger do you like using best for this activity?
- What does the medium (salt, snow etc) feel like in your hands and on your finger?
- Can you draw your own shape or letter not listed on a card?
- What word starts with the letter 'A'?