

Alphabet Ball Game



Summer

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Preschoolers
2.5 - 4 years

When the weather is nice, there is nothing like getting aside with your child to get some ball practice in. In this activity, your child will not only be using their gross motor skills but will also be increasing their vocabulary!

Learning Outcomes

Domain:

Physical

Indicator:

Throwing with increased coordination

Skills:

Gross motor



Materials

- A ball (e.g. basketball, soccer ball, baseball or tennis ball)



Instructions

Step 1: Pick a ball with your child.

Step 2: Explain the rules: "When I say a letter, I throw you the ball. When you catch the ball, you have to say a word that starts with that letter and throw it back. You can't use the same word twice!"

Step 3: Have fun!



Age Adjustments

For older preschoolers: Great creative with your older kiddos! Try a variation where you say a word and they say one that rhymes, or they say the opposite of whatever word you say.

For younger toddlers: For the little ones who know the alphabet but maybe don't know the sounds to match other words, try having them tell you the next letter. You can also have them roll or toss the ball back and forth while singing the ABC's.



Playful Questions

- Can you sing the ABC's?
- Can you catch or kick a ball? Show me!
- What other things can we do with a ball?
- What other words start with that letter?
- How far can you throw the ball?