

Grateful Pumpkin Pie



Thanksgiving

P

Preschoolers
2.5 - 4 years

Pumpkin pie: easily the most delicious part of Thanksgiving dinner. This activity is a great way to get children to think about what it means to be grateful and what they can be grateful for. Children will get to express their creativity and begin the conversation about gratefulness.

Learning Outcomes

Domain:

Emotional

Indicator:

Increasingly coping with challenges and disappointments

Skills:

Regulating emotions and attention



Materials

- Paper Plate
- Orange Paint
- Paintbrushes
- Brown construction paper
- Scissors
- Glue stick
- Cotton balls
- Glitter
- Markers



Instructions

Step 1: Start by opening the conversation on what it means to be grateful and give some examples of how you are grateful.

Step 2: Next, cut up strips about 3-4" long and 1" thick and write out things each child is grateful for. Encourage them to write it on their own if they're able to; if not, try hand over hand! This will be our crust.

Step 3: Next, let's decorate our pie! Paint the paper plate orange and let it dry. Once dry, cut out triangles, from the circle - one for each crust you've created.

Step 4: Now, using your glue stick put some glue on top of the pie slice and sprinkle some sparkles on top. Let it dry.

Step 5: Don't forget your "marshmallows"! Using your glue stick, add a couple of cotton balls to the top of your pie.

Step 6: Finally, let's add the crust. Put a line of glue on the top part of the pie slice and glue down the brown construction paper we cut out earlier. Let it dry completely and hang in a visible place to remember what we have to be grateful for!



Age Adjustments

For older preschoolers: Give older children full autonomy and let them cut everything on their own.

For younger toddlers: You can pre cut the pie slices (paper plates) and crust strips to allow for younger children to take ownership of this activity fully.



Playful Questions

- What do you think it means to be grateful?
- What does it mean to be thankful?
- How would you feel if your friend got a toy that you really wanted? Why?
- When was a time that you felt really lucky?
- When was a time that you felt really sad? Why?