

# Puddle Jumping



Weather

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Toddler  
1.5 - 2.5 years

Get out some energy with this fun puddle jumping activity! Throw on some rain boots, cut out some puddles and get jumping! The best part? No mess!

## Learning Outcomes

### Domain:

Physical

### Indicator:

Jumping up and down on the spot

### Skills:

Gross motor



## Materials

- Blue construction paper
- Scissors
- Pencil
- Painter's tape
- Rainboots (optional)



## Instructions

**Step 1:** Using a pencil, trace a wavy blob onto construction paper. No need to be neat about it, puddles come in all shapes and sizes!

**Step 2:** Cut your blobs out. Aim for about 5-6 blobs for children to hop around on.

**Step 3:** Make small loops of painters tape and stick them to one side of your blobs to stick to your floor. Hardwood or laminate works best. If you only have carpet, be mindful that socks and construction paper make a slippery combination!

**Step 4:** Encourage your children to hop from circle to circle, perhaps on one foot and then another.



## Age Adjustments

**For older preschoolers:** Add numbers or letters to the puddles using a marker. Encourage your child to jump to the specific number or letter you call out.

**For younger toddlers:** Younger children will love jumping on the puddles. Encourage other movements to practice gross motor skills such as squats, a high kick etc. when they land on a puddle.



## Playful Questions

- Can you jump on only the light colored puddles?
- Have you ever jumped in a real puddle?
- Where does the puddle go when the sun comes out to dry it up?
- What would happen if we spaced the puddles out further?
- Do you think any animals/insects live in a puddle?