

# Exploring Post-Acute Care

JULY 2019

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# Exploring the Impact of Value-Based Care on the Post-Acute Healthcare Landscape

THE TRANSITION FROM FEE-FOR-SERVICE TO VALUE-BASED CARE IS GRADUALLY RESHAPING THE POST-ACUTE HEALTHCARE LANDSCAPE.

- Understanding where we are today and where we are ultimately headed will be important for providers and investors who are trying to navigate an evolving landscape

## UNDERSTANDING THE POST-ACUTE CARE LANDSCAPE

- Introduction to the post-acute care landscape and continuum of care
- Key components of value-based care in post-acute care settings

## WHERE ARE WE TODAY?

- Growing role of post-acute care settings in managing cost of care
- Misalignment of the legacy reimbursement model

## WHERE ARE WE HEADED?

- Regulatory backdrop and trends in reimbursement and utilization
- Evolution and future of value-based care in post-acute settings

## KEY CONSIDERATIONS FOR INVESTORS

- Scorecard for the post-acute care landscape
- How should investors evaluate post-acute care opportunities?

# Purpose and Scope

OUR GOAL IS TO PROVIDE AN OVERVIEW OF THE POST-ACUTE CARE LANDSCAPE AND FRAMEWORK FOR EVALUATING INVESTMENT OPPORTUNITIES IN THE CONTEXT OF THE ONGOING SHIFT TOWARDS VALUE-BASED CARE.

## **PURPOSE**

- Provide an overview of the post-acute landscape and continuum of care
- Discuss the post-acute continuum's role in managing cost of care
- Explore the ongoing shift away from fee-for-service reimbursement towards value-based care
- Provide a framework for evaluating investment opportunities based on a set of value-based criteria

## **SCOPE**

- For the purposes of discussion, we have focused exclusively on Medicare
  - Medicare represents the largest share of post-acute care spending
  - Commercial payors disclose limited amounts of information on post-acute care spending and utilization
- We have not focused on Medicaid providers who primarily provide unskilled care for less acute patients, but still create value by helping patients in lower cost settings

# Understanding the Post-Acute Healthcare Landscape

POST-ACUTE CARE (PAC) FULFILLS AN IMPORTANT ROLE IN THE PROVISION OF HEALTHCARE OUTSIDE OF THE HOSPITAL SETTING AND REPRESENTS \$76.8 BILLION IN ANNUAL MEDICARE SPEND.

## CONSTITUENTS



### PAYORS

- Government Payors (Medicare / Medicaid / VA)
- Commercial Insurers (BCBS / Aetna)
- Individuals (Co-pays or Non-Covered Services)
- Workers' Compensation Plans



### PROVIDERS

- Physicians, PAs, nurses, and other PAC providers
- Acute care and other community based providers that represent referral sources for PAC



### PATIENTS

- Elderly and/or chronically ill patients comprise the largest share of patients
- Wide spectrum of different care needs

## POST-ACUTE CARE SETTINGS



### LONG-TERM CARE HOSPITAL

Long-term care hospitals (LTCHs) provide care to beneficiaries who need hospital-level care for relatively extended periods



### INPATIENT REHAB FACILITY

Inpatient rehabilitation facilities (IRFs) provide intensive rehabilitation services to patients after illness, injury, or surgery



### SKILLED NURSING FACILITY

Skilled nursing facilities (SNFs) provide short-term skilled nursing care and rehabilitation services



### HOME HEALTH & HOSPICE

Consists of services provided to beneficiaries in their homes as well as palliative and support services for beneficiaries who are terminally ill



### UNSKILLED HOME CARE

In-home support services to assist patients who suffer from injuries or health conditions that impair their ability to perform daily living activities

## WHO DECIDES WHO GOES WHERE?

Three key constituents are involved in the decision-making process that governs how patients move through the post-acute care continuum



### PROVIDERS

- Clinicians play the primary role in making decisions on behalf of patients or directing them into specific care settings



### PATIENTS

- Patients often play a passive role or are forced to make decisions without adequate time or information



### PAYORS

- Payors typically restrict options for patients to a narrow network of providers after patients and clinicians make a decision on care setting

## KEY COMPONENTS OF VALUE-BASED CARE IN PAC

Value-based care measures outcomes and ties reimbursement to quality



Creating a Continuum of Care



Increased Care Coordination



Aligning Reimbursement with Clinical Quality and Cost



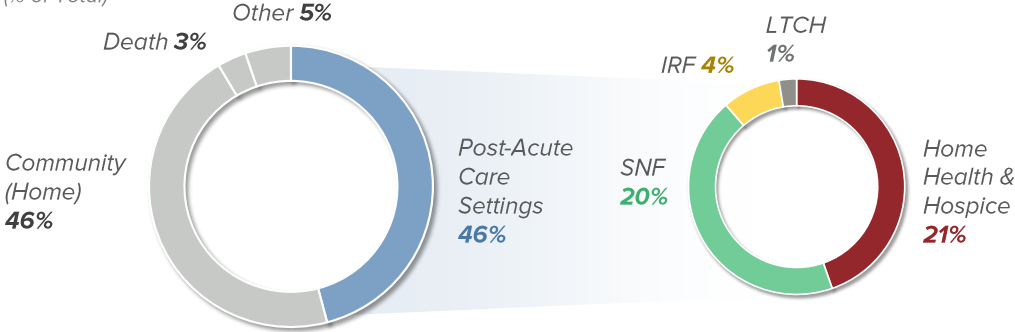
Tracking and Measuring Outcomes

# The Post-Acute Continuum of Care

THE POST-ACUTE CONTINUUM OF CARE ADDRESSES A FULL SPECTRUM OF PATIENT ACUITIES.

## INPATIENT DISCHARGES BY SETTING

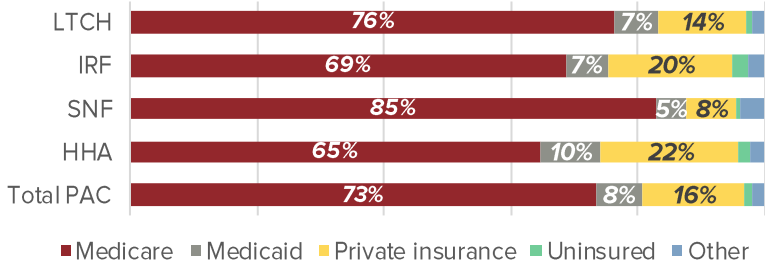
Initial Patient Destinations Following an Inpatient Hospital Stay for Medicare Beneficiaries (% of Total)



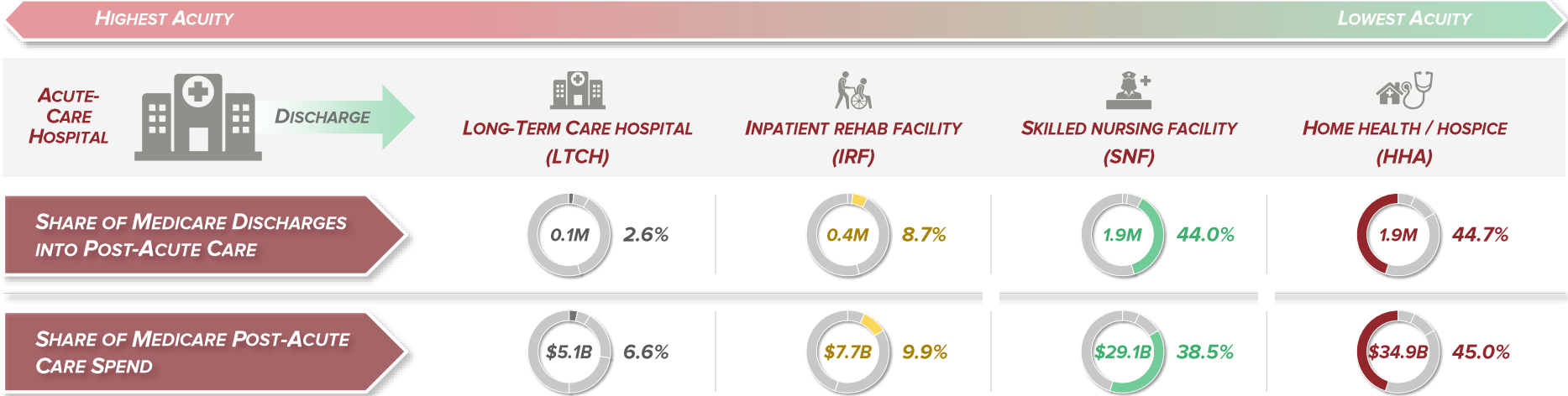
## PAYOR MIX BY DISCHARGE SETTING

Payor Mix by Discharge Disposition (% of Total)

Medicare accounts for ~73% of discharges into PAC settings



## POST-ACUTE HEALTHCARE CONTINUUM



Sources: MEDPAC, Agency for Healthcare Research and Quality (AHRQ)

# PAC Plays an Important Role in Managing Cost of Care...

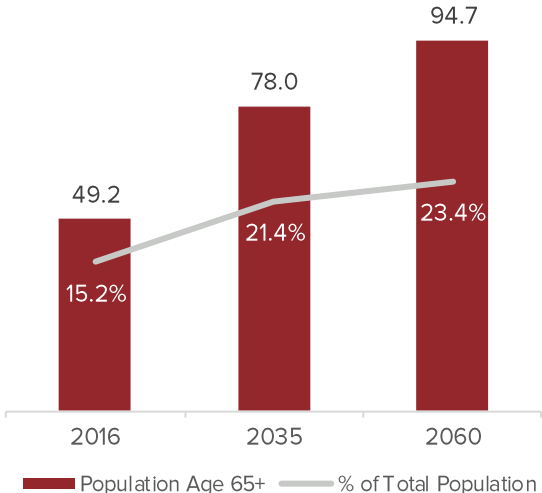
FOCUS ON MANAGING RISING HEALTHCARE COSTS, COUPLED WITH AN AGING U.S. POPULATION, IS PUSHING MORE PATIENTS INTO LOWER-COST SETTINGS.

- The number of adults aged 65+ will exceed the number of children for the first time by 2035, and older adults will comprise ~23% of the total population by 2060
- As the population continues to age and healthcare utilization increases, lower-cost post-acute healthcare settings will be critical for serving population health needs
- The percentage of inpatient discharges into post-acute settings has grown from 38.5% in 2006 to 45.9% in 2016

## AGING U.S. POPULATION

U.S. Population Age 65+ (millions of individuals)

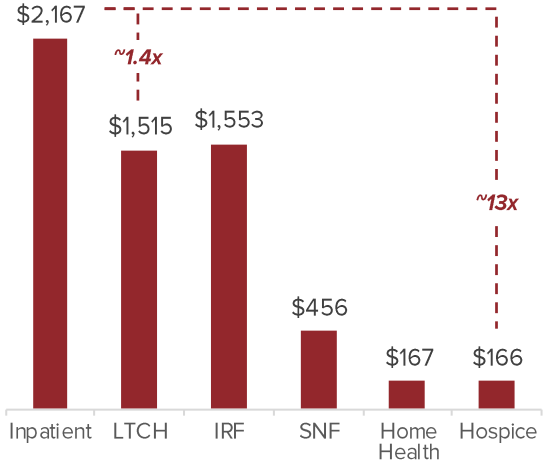
Age 65+ population will increase by ~2x and comprise 23.4% of the total U.S. population by 2060



## COST OF CARE BY SETTING

Average Cost per Day

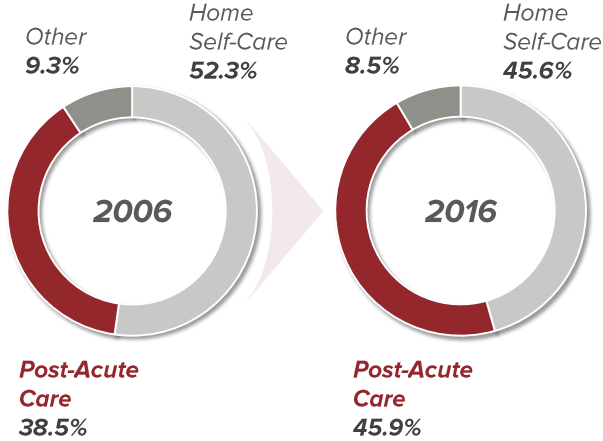
Post-acute care settings are ~1.5-13x more cost effective than the hospital setting



## INPATIENT DISCHARGES

Inpatient Discharge Destination for Medicare Beneficiaries (% of total)

The share of inpatient discharges into post-acute care settings has increased from 38.5% to 45.9% over the last 10 years



# ...But, Today's System is Not Designed for Value-Based Care

ALTHOUGH POST-ACUTE CARE WILL CONTINUE TO PLAY AN IMPORTANT ROLE IN MANAGING POPULATION HEALTH COSTS, TODAY'S REIMBURSEMENT SYSTEM IS STILL LARGELY BASED ON FEE-FOR-SERVICE.

- Misaligned incentives from fee-for-service arrangements can undermine the ability of post-acute care settings to effectively manage population health

## ***FEW EVIDENCE-BASED GUIDELINES***

- Lack of evidence-based guidelines makes it difficult to ascertain:
  - When post-acute care is needed and will result in better outcomes
  - Which setting is appropriate
  - How much care is required

## ***INEFFICIENT PATIENT PLACEMENT***

- Placement decisions often reflect nonclinical factors and not necessarily where the patient will receive the best care, including:
  - Local practice patterns and availability in a market
  - Proximity to a beneficiary's home
  - Patient and family preferences
  - Financial relationships between providers and referring hospitals

## ***MISALIGNED CLINICAL PRACTICES***

- Misaligned incentives encourage some providers to:
  - Choose treating patients with certain characteristics instead of others
  - Provide therapy services that are not related to a patient's condition
  - Code more aggressively
  - Extend length of stay

## ***FUTURE REIMBURSEMENT REFORM***

### ***KEY OBJECTIVES OF VALUE BASED CARE***

- Measure outcomes with a uniform assessment tool across settings
- Adjust payments to more closely align reimbursement with cost of care and clinical outcomes
- Reimburse based on a patient's condition, not the setting or the amount of care provided

### ***IMPROVING MEDICARE POST-ACUTE CARE TRANSFORMATION (IMPACT) ACT OF 2014***

- Mandates the creation of a standardized post-acute care assessment tool to measure outcomes and cost-effectiveness associated with different settings
- MEDPAC required to evaluate and recommend features of a prototype for a unified PAC payment system to Congress for consideration

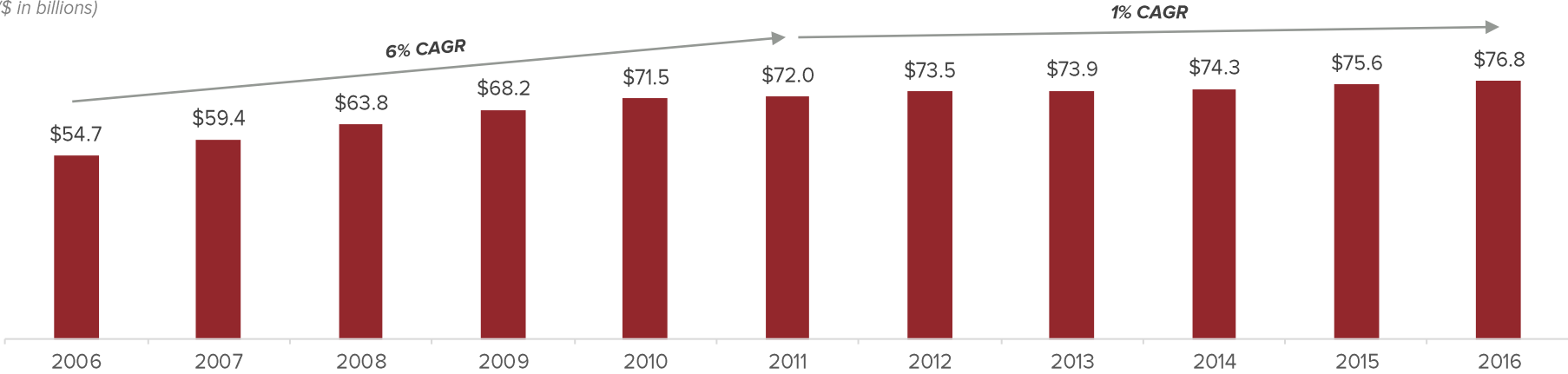


# Medicare FFS Dollars are Scarce and Shifting Across Settings

FOCUS ON CONTROLLING MEDICARE POST-ACUTE SPENDING IS DRIVING A SHIFT TOWARDS MANAGED CARE, WHICH CREATES OPPORTUNITIES FOR FORWARD THINKING PROVIDERS IN LOWER COST SETTINGS.

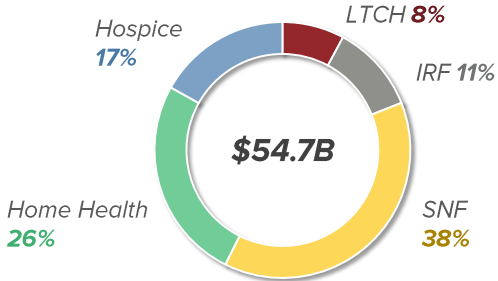
## MEDICARE POST-ACUTE CARE EXPENDITURES: FLAT OVERALL SPEND

Total Medicare Post-Acute Care Expenditures  
(\$ in billions)

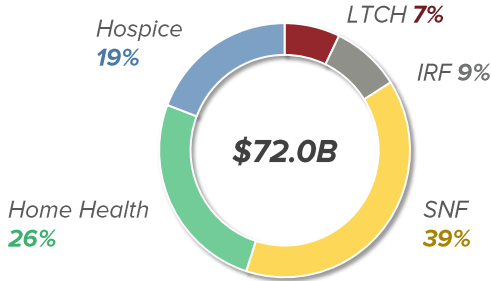


## MEDICARE POST-ACUTE SPENDING MIX SHIFT: TO HOSPICE

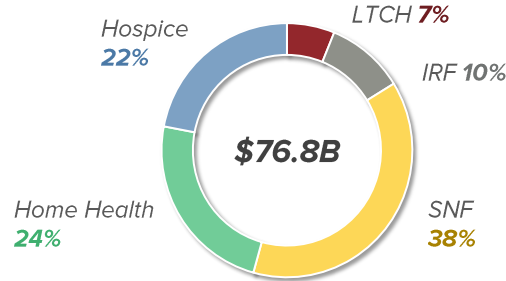
2006



2011



2016

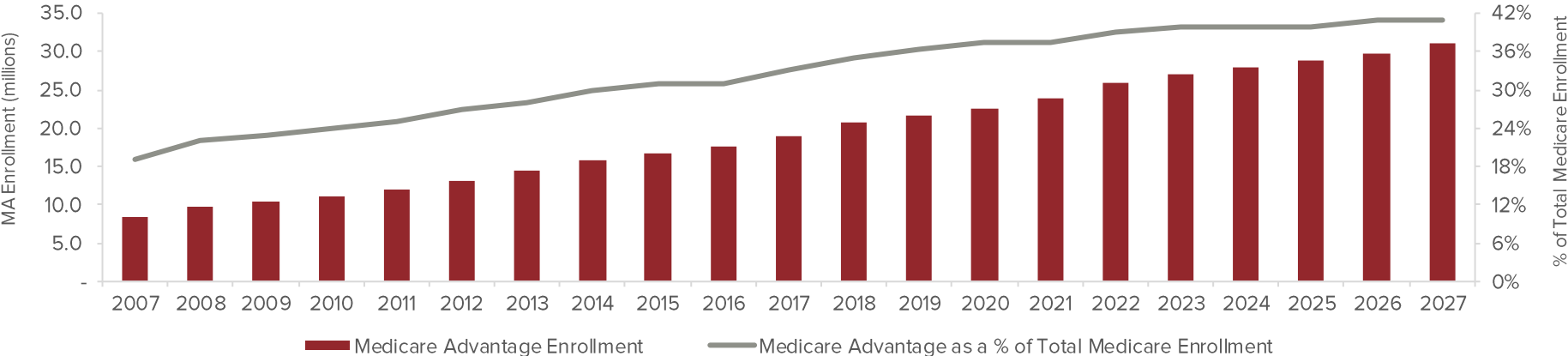


Sources: MEDPAC, CMS

# Growing Medicare Advantage (MA) Enrollment Puts Pressure on Providers

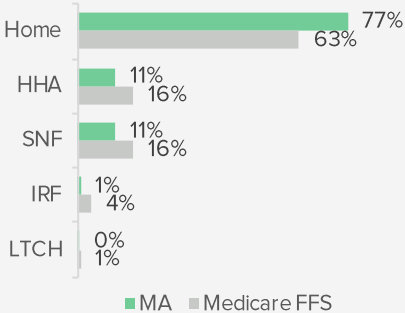
MEDICARE ADVANTAGE PLANS PAY LOWER RATES RELATIVE TO TRADITIONAL FFS MEDICARE BUT CREATE OPPORTUNITIES FOR PROVIDERS TO EFFECTIVELY MANAGE CARE.

## MEDICARE ADVANTAGE ENROLLMENT



### MA POST-ACUTE CARE UTILIZATION

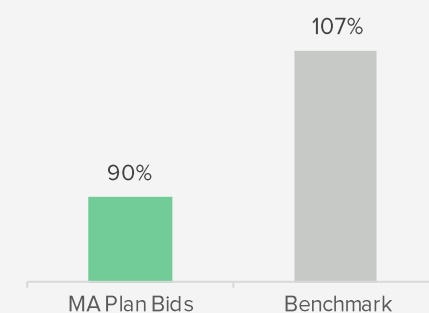
Inpatient Discharge Destination by Payor



- Medicare Advantage enrollment has increased by ~2.5x since 2007 and is expected to represent more than 30 million covered lives and 40+% of total Medicare enrollment by 2027
- MA plans are financially incentivized to manage spending by controlling utilization and costs
  - MA plans carefully manage benefits and utilization, resulting in reduced utilization and shorter lengths of stay for MA patients relative to Medicare FFS patients
  - MA plan bid projections average 90% of projected FFS spending for 2018

### MA PLAN BIDS RELATIVE TO BENCHMARKS

As a % of Projected FFS Spending in 2018



# Regulatory, Reimbursement, and Utilization Trends

## Long-Term Care Hospitals (LTCH)

MEDICARE SPEND HAS DECLINED AS A RESULT OF EFFORTS TO CURB UTILIZATION BY CREATING STRICTER CRITERIA TO QUALIFY FOR LTCH PAYMENT RATES.

### REGULATORY BACKDROP

- The Pathway for SGR Reform Act of 2013 established a new set of criteria for discharges to qualify for the LTCH payment rate
  - Stricter set of criteria has curbed utilization by reducing the number of qualified discharges, resulting in a decline in Medicare spend from 2011 – 2016
- Cases that do not qualify for the LTCH payment rate will receive site-neutral payments
  - Use of site-neutral payments and collection of outcomes data will inform subsequent site-neutral payment models

### KEY PLAYERS



### BY THE NUMBERS

**\$5.1BN**

MEDICARE SPEND (2016)

**(0.6%)**

5-YEAR CAGR MEDICARE SPEND

**~400**

NUMBER OF PROVIDERS

**111K**

NUMBER OF MEDICARE USERS (2016)

**6.6%**

OF MEDICARE POST-ACUTE CARE SPEND

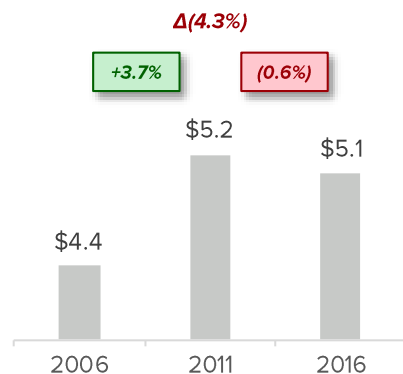
**2.6%**

OF MEDICARE DISCHARGES INTO POST-ACUTE CARE

### REIMBURSEMENT AND UTILIZATION TRENDS

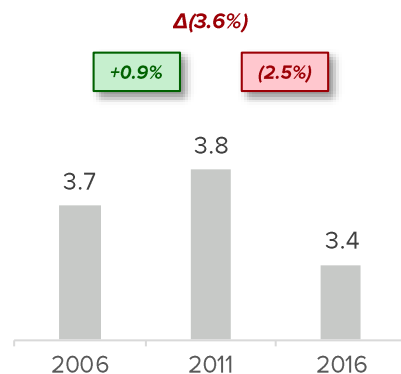
#### TOTAL MEDICARE SPEND (\$B)

CAGR



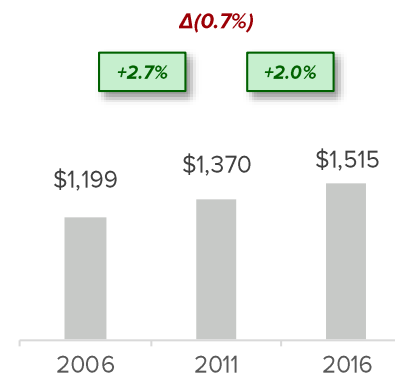
#### TOTAL COVERED DAYS (MM)

CAGR



#### PER DIEM REIMBURSEMENT (\$)

CAGR



# Regulatory, Reimbursement, and Utilization Trends Inpatient Rehabilitation Facilities (IRF)

IRFs HAVE NOT BEEN SUBJECT TO SIGNIFICANT REFORM OVER THE LAST 10 YEARS AND UTILIZATION HAS REMAINED RELATIVELY FLAT.

## REGULATORY BACKDROP

- IRFs represent a smaller share of Medicare spending compared to other post-acute settings and have not been the subject of substantial reform over the last 10 years
- SCHIP Extension Act of 2007 lowered the compliance threshold for the percentage of discharges requiring treatment for one of 13 specified conditions from 75% to 60%, which is now referred to as the “60% rule”
  - CMS has more stringently enforced compliance thresholds and removed some diagnosis codes that are used to determine compliance, putting additional pressure on providers

## KEY PLAYERS



FEW PROVIDERS OF SCALE, WITH MOST IRFs IN ACUTE CARE HOSPITALS

## BY THE NUMBERS

**\$7.7BN**  
MEDICARE SPEND (2016)

**3.7%**  
5-YEAR CAGR MEDICARE SPEND

**1,200**  
NUMBER OF PROVIDERS

**350K**  
NUMBER OF MEDICARE USERS (2016)

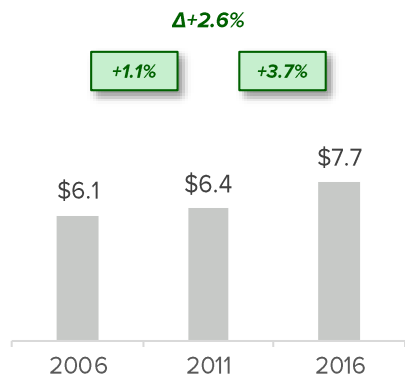
**9.9%**  
OF MEDICARE POST-ACUTE CARE SPEND

**8.7%**  
OF MEDICARE DISCHARGES INTO POST-ACUTE CARE

## REIMBURSEMENT AND UTILIZATION TRENDS

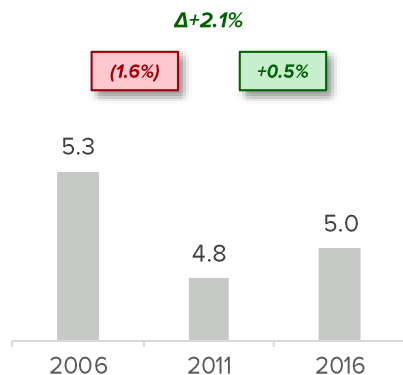
### TOTAL MEDICARE SPEND (\$B)

CAGR



### TOTAL COVERED DAYS (MM)

CAGR



### PER DIEM REIMBURSEMENT (\$)

CAGR



# Regulatory, Reimbursement, and Utilization Trends

## Skilled Nursing Facilities (SNF)

FEWER HOSPITALIZATIONS HAVE DRIVEN A DECLINE IN SKILLED NURSING FACILITY UTILIZATION AND CURTAILED GROWTH IN MEDICARE SPEND.

### REGULATORY BACKDROP

- New Patient-Driven Payment Model (PDPM) case-mix classification system effective October 1, 2019 reduces the complexity of the payment system and aligns incentives
  - Change from therapy-driven reimbursement to condition-specific reimbursement will shift dollars from therapy services to nursing
- SNF Value-Based Purchasing Program (VBP) started in 2014 applies to all SNFs
  - Providers are measured based on hospital readmissions within 30 days of discharge and are eligible for incentives based on performance

### KEY PLAYERS



### BY THE NUMBERS

**\$29.1BN**

MEDICARE SPEND (2016)

**0.8%**

5-YEAR CAGR MEDICARE SPEND

**~15,000**

NUMBER OF PROVIDERS

**64M**

NUMBER OF MEDICARE COVERED DAYS (2016)

**38.5%**

OF MEDICARE POST-ACUTE CARE SPEND

**44.0%**

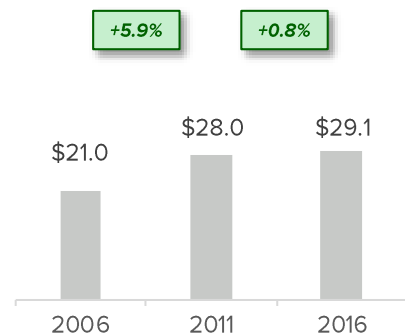
OF MEDICARE DISCHARGES INTO POST-ACUTE CARE

### REIMBURSEMENT AND UTILIZATION TRENDS

#### TOTAL MEDICARE SPEND (\$B)

CAGR

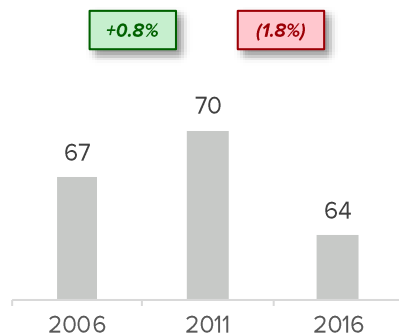
**Δ(5.1%)**



#### TOTAL COVERED DAYS (MM)

CAGR

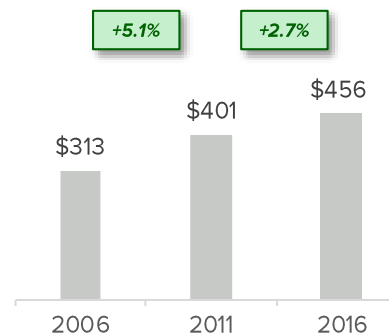
**Δ(2.6%)**



#### PER DIEM REIMBURSEMENT (\$)

CAGR

**Δ(2.4%)**



# Regulatory, Reimbursement, and Utilization Trends

## Home Health

SCRUTINY ON UTILIZATION OF THE HOME HEALTH BENEFIT HAS DRIVEN DECREASED UTILIZATION AND A REDUCTION IN MEDICARE SPEND.

### REGULATORY BACKDROP

- New Patient Driven Groupings Model (PDGM) groupings model will be implemented in 2020
  - Annual update expected to increase payments to agencies by 2.2%, or \$420 million, in CY 2019
  - Moves home health from a therapy-based payment system to a condition-specific payment system
  - Shifts from 60-day to 30-day episodes
- Pilot value-based purchasing project in nine states continues to progress towards the goal of rolling out a value-based model across all states

### KEY PLAYERS



### BY THE NUMBERS

**\$18.1BN**  
MEDICARE SPEND  
(2016)

**(0.3%)**  
5-YEAR CAGR  
MEDICARE SPEND

**~12,200**  
NUMBER OF  
PROVIDERS

**3.4M**  
NUMBER OF MEDICARE  
USERS (2016)

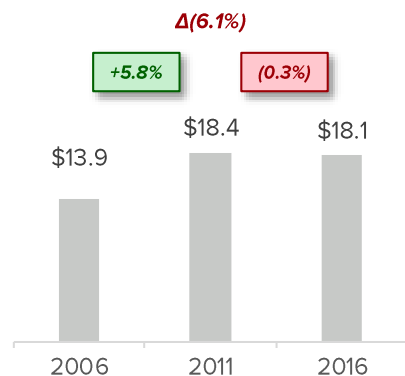
**23%**  
OF MEDICARE POST-  
ACUTE CARE SPEND

**23%**  
OF MEDICARE  
DISCHARGES INTO  
POST-ACUTE CARE

### REIMBURSEMENT AND UTILIZATION TRENDS

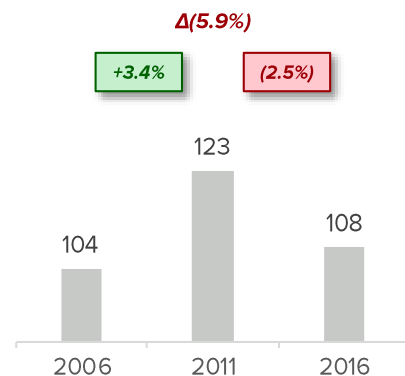
#### TOTAL MEDICARE SPEND (\$B)

CAGR



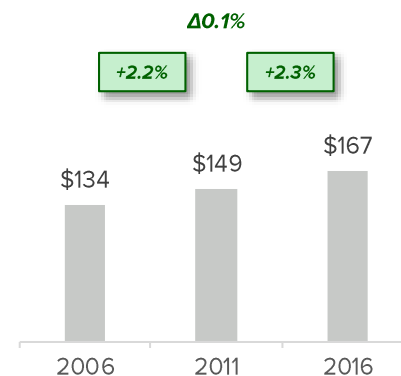
#### TOTAL COVERED DAYS (MM)

CAGR



#### PER DIEM REIMBURSEMENT (\$)

CAGR



# Regulatory, Reimbursement, and Utilization Trends Hospice

GROWTH IN HOSPICE SPENDING HAS BEEN DRIVEN BY AN INCREASE IN UTILIZATION AS MORE PATIENTS ELECT TO USE THEIR HOSPICE BENEFITS.

## REGULATORY BACKDROP

- 2016 payment system reform targeted the Routine Home Care (RHC) level of care, which accounts for 98% of all hospice days, to better align payments with costs throughout an episode
  - Higher rate for the first 60 days of hospice care
  - Lower rate for days 61 and beyond
- New Medicare Advantage carve-in will allow MA plans to offer hospice benefits starting in 2021

## KEY PLAYERS



## BY THE NUMBERS

**\$16.8BN**

MEDICARE SPEND  
(2016)

**4.0%**

5-YEAR CAGR  
MEDICARE SPEND

**4,400**

NUMBER OF  
PROVIDERS

**1.4M**

NUMBER OF MEDICARE  
USERS (2016)

**22%**

OF MEDICARE POST-  
ACUTE CARE SPEND

**22%**

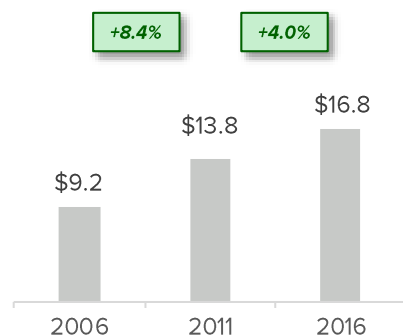
OF MEDICARE  
DISCHARGES INTO  
POST-ACUTE CARE

## REIMBURSEMENT AND UTILIZATION TRENDS

### TOTAL MEDICARE SPEND (\$B)

CAGR

**Δ(4.4%)**



### TOTAL COVERED DAYS (MM)

CAGR

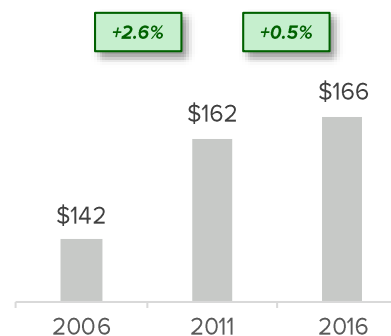
**Δ(2.2%)**



### PER DIEM REIMBURSEMENT (\$)

CAGR

**Δ(2.1%)**



# We're Headed Towards a Value-Based Care World

THE POST-ACUTE LANDSCAPE IS MIGRATING TOWARDS A PROSPECTIVE PAYMENTS SYSTEM THAT IS BUILT AROUND VALUE-BASED CARE.

- We are well under-way in the transition to value-based care, although recent changes have been focused on rationalizing the prospective payment systems within post-acute care settings rather than across the entire continuum
- A unified prospective payment system will entail:
  - Site-neutral payments
  - Reimbursement tied to quality measures and cost of care
  - Care coordination across settings

## WHAT ARE THE PILLARS OF A VALUE-BASED WORLD?



### TECHNOLOGY

- Adoption of electronic health records is accelerating, but has historically lagged other settings
- Technology plays a critical role in measuring and managing outcomes



### UNIFORM MEASUREMENT

- Uniform measurement of outcomes across settings is a pre-requisite to site-neutral payments
- “If you can measure it, you can manage it”



### TRANSPARENCY

- Consumers are becoming more educated on healthcare utilization
- Greater transparency around payments and cost of care will hold providers accountable



### CARE COORDINATION

- Seamlessly sharing information between providers and across settings is critical
- Active care management drives better outcomes



### RISK SHARING

- Providers will be required to have “skin in the game”
- Incentives that put revenue at risk are an effective way to influence provider behavior

THESE FUNDAMENTAL COMPONENTS NEED TO EXIST IN ORDER FOR VALUE-BASED PURCHASING MODELS TO EFFECTIVELY REPLACE FEE-FOR-SERVICE



# Participants Have Responded Accordingly

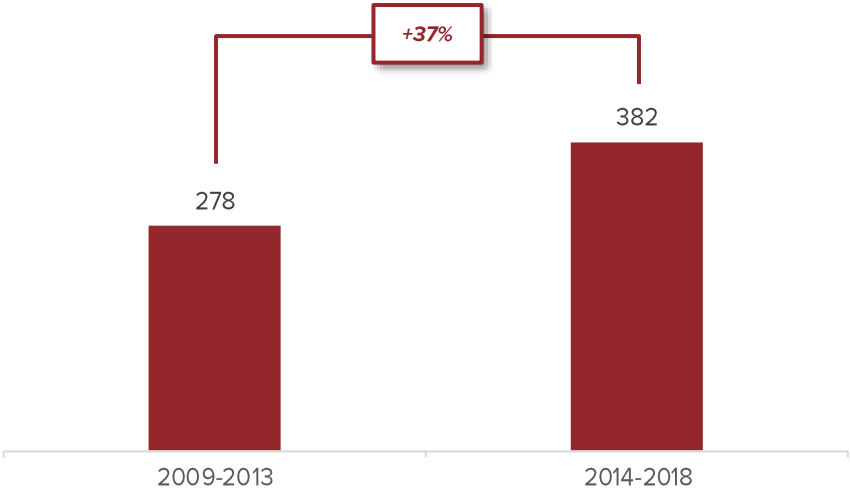
POST-ACUTE CARE PROVIDERS HAVE FOCUSED ON SCALE AND PARTNERSHIPS TO STRATEGICALLY POSITION THEMSELVES ALONG THE CONTINUUM OF CARE IN RESPONSE TO RECENT PAYMENT MODEL CHANGES.

### POST-ACUTE M&A ACTIVITY HAS ACCELERATED...

- The cumulative number of post-acute care deals grew from 278 between 2009 – 2013 to 382 from 2014 – 2018
  - Need for greater scale is driving consolidation and attracting capital
  - Non-traditional players are acquiring post-acute care providers in order to better control care delivery as they look to take on more risk (e.g., payors and IDNs)
  - Some providers are divesting assets in segments that have come under pressure in order to strategically reposition themselves (e.g., Kindred)

### CUMULATIVE NUMBER OF POST-ACUTE CARE M&A TRANSACTIONS

For the Years Ended December 31, 2009 – 2018

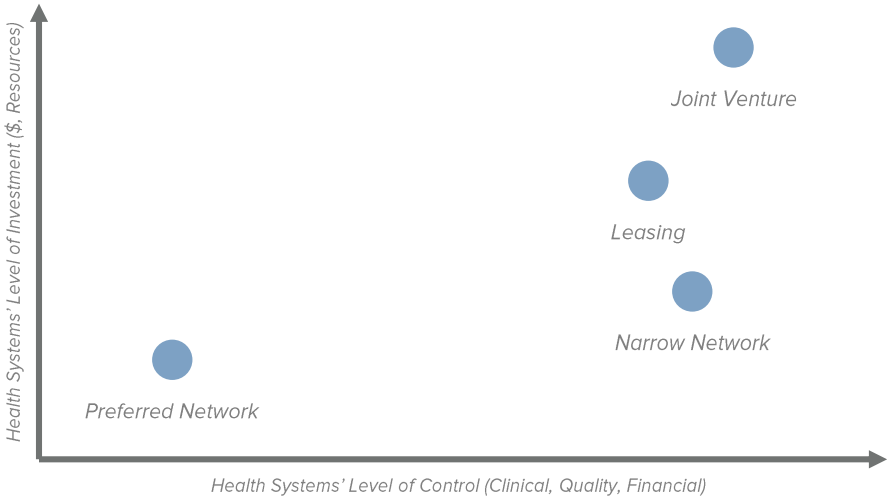


### ...AND STRATEGIC PARTNERSHIPS ARE INCREASINGLY PREVALENT

- Having a post-acute care strategy is critical for health systems to perform well in a value-based world, but a lot of hospitals prefer partnering with post-acute care providers over owning facilities
  - Partnering with post-acute care providers enables health systems to increase local market presence, better manage utilization, reduce readmissions, and improve patient satisfaction
- JVs are the most capital and resource intensive partnership model, but often drive the best patient care and alignment between partners

### PARTNERSHIP MODELS BETWEEN HEALTH SYSTEMS AND PAC PROVIDERS

Level of Investment vs. Level of Control



# Exploring Strategic Angles for Post-Acute Care Participants

A NUMBER OF DIFFERENT GROUPS ARE PURSUING STRATEGIES IN POST-ACUTE CARE FROM DIFFERENT ANGLES.

## HOSPITALS / HEALTH SYSTEMS

- Serve as the primary source of discharges into post-acute care settings
- Want to control the entire episode of care even after patients have been discharged from the hospital
- Facing increasing pressure to transition from “heads in beds” to value-based models
- Will often partner with post-acute care providers instead of owning post-acute care facilities

## PAYORS

- Government payors represent the largest portion of post-acute care spending, but commercial payors also comprise a meaningful share of post-acute expenditures with expansion of MA
- The traditional role of payors is changing as the system moves towards value-based care, and more payors are acquiring providers in order to play a more active role in managing covered lives

## POST-ACUTE PROVIDERS

- Post-acute care providers are playing an increasingly important role in the healthcare delivery system as aging population demographics and focus on managing rising healthcare costs are creating increased demand for post-acute care
- Providers are responding to changes in how prospective payment systems are designed by adapting their care delivery models

## FINANCIAL SPONSORS

- Private equity firms continue to invest behind post-acute care theses
- Highly fragmented landscape has created significant opportunities for sponsor-backed platforms to consolidate smaller providers
- More investors are exploring value-based care angles in the post-acute care space

### REPRESENTATIVE PLAYERS



### REPRESENTATIVE PLAYERS




### REPRESENTATIVE PLAYERS



### REPRESENTATIVE PLAYERS



# Post-Acute Care Landscape Scorecard

Setting	Size	Volume Outlook	Reimbursement Outlook	Value-Based Care Adoption
 <p><b>LONG-TERM CARE HOSPITAL</b></p>	<b>\$5.1</b> billion	 <p>Pathway for SGR Reform Act of 2013 creates stricter set of qualifying criteria</p>	 <p>2.0% CAGR for Cost per Day from 2011-2016</p>	 <p>Pathway for SGR Reform Act of 2013 utilizes site-neutral payments for non-qualifying discharges</p>
 <p><b>INPATIENT REHAB FACILITY</b></p>	<b>\$7.7</b> billion	 <p>No transformative regulatory-driven changes in the last 10-years, but lower cost of care settings will create pressure</p>	 <p>MEDPAC recommended a 5% rate reduction for the 2019 Medicare payment rate</p>	 <p>No value-based care initiatives to date</p>
 <p><b>SKILLED NURSING FACILITY</b></p>	<b>\$29.1</b> billion	 <p>Volume growth will be constrained by trend towards lower cost of care settings</p>	 <p>PDPM model will shift dollars from therapy services to nursing</p>	 <p>SNF Value-Based Purchasing Program applies to all SNFs</p>
 <p><b>HOME HEALTH</b></p>	<b>\$18.1</b> billion	 <p>Trend towards lower cost of care settings</p>	 <p>PDGM will change reimbursement and have varying impacts on different types of providers</p>	 <p>Home Health Value-Based Purchasing pilot program implemented in 9 states</p>
 <p><b>HOSPICE</b></p>	<b>\$16.8</b> billion	 <p>The number of beneficiaries electing to utilize hospice benefits continues to increase</p>	 <p>2016 payment system reform better aligns payments with costs throughout an episode</p>	 <p>Value-based models less applicable for end-of-life care</p>

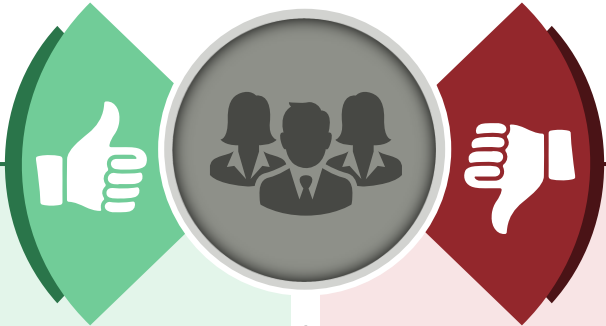
# Who Wins and Who Loses in a Value-Based World?

PROVIDERS THAT HAVE DEVELOPED VALUE-BASED STRATEGIES WILL BE BETTER POSITIONED FOR THE TRANSITION AWAY FROM FEE-FOR-SERVICE.

- Certain characteristics will influence how providers weather the transition to value-based care

## Progressive Players

- ◆ Participation In Alternative Payment Models
- ◆ Leading Patient Outcomes
- ◆ Reliance on Evidence-Based Guidelines
- ◆ Investments In Technology
- ◆ Clinical Expertise
- ◆ Managed Care Strategy
- ◆ Cost Effectiveness
- ◆ Strategic Partnerships
- ◆ Geographic Diversity



## Late Adopters

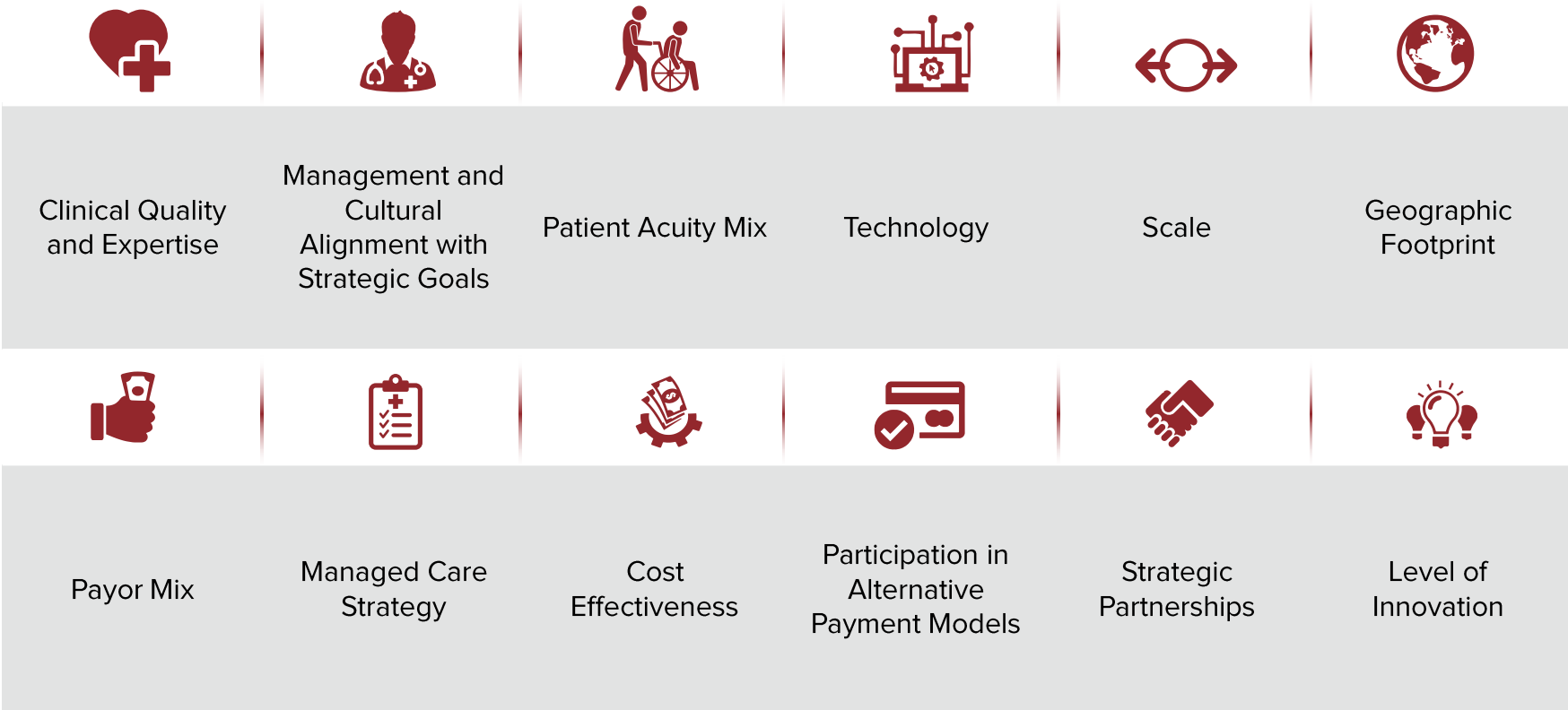
- ◆ Overprovision of Care Relative to Clinical Need
- ◆ Focus on Highest Marginal Profit Patients
- ◆ Prolonged Length of Stay
- ◆ Limited Technology Resources
- ◆ Fee-for-Service Concentration
- ◆ Below Average Quality and Outcomes
- ◆ Geographic Concentration

# Considerations for Investors in Post-Acute Healthcare



INVESTORS SHOULD EVALUATE OPPORTUNITIES IN THE POST-ACUTE CARE SPACE THROUGH A VALUE-BASED LENS.

## What Should You be Looking For?



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II HOME HEALTH & HOSPICE VALUATION APPENDIX

# Home Health & Hospice Public Valuations

HOME HEALTH & HOSPICE PUBLIC COMPARABLES ARE TRADING AT A MEDIAN EV / LTM EBITDA MULTIPLE OF 20.0x, WELL ABOVE THEIR 5-YEAR MEDIAN.

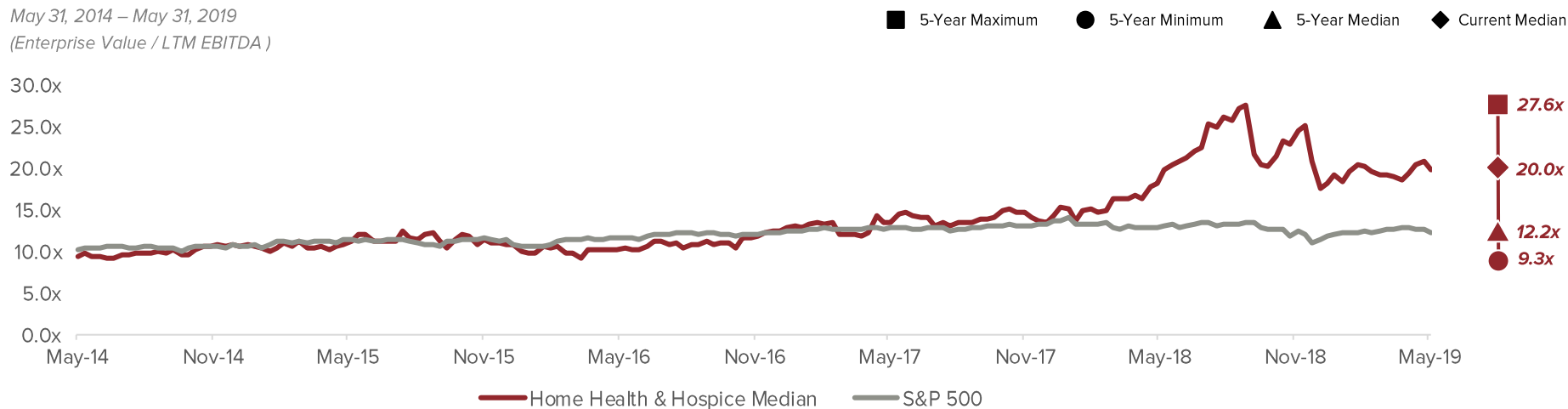
## TRADING ANALYSIS

\$ in millions, except per share values

Company Name	Stock Price 5/31/19	52-Week High	% of 52 Week High	Market Cap.	Enterprise Value	LTM EBITDA Margin	EV / Revenue		EV / EBITDA	
							LTM	2019E	LTM	2019E
<b>Home Health &amp; Hospice</b>										
Encompass Health Corp.	58.92	82.46	71.5%	5,824	8,894	20.8%	2.0 x	1.9 x	9.8 x	9.4 x
Chemed Corp.	327.94	341.18	96.1%	5,227	5,510	15.8%	3.1 x	2.9 x	19.3 x	17.0 x
Amedisys, Inc.	112.31	140.91	79.7%	3,599	3,994	10.8%	2.3 x	2.0 x	21.4 x	19.1 x
LHC Group, Inc.	113.28	122.20	92.7%	3,567	3,834	9.5%	1.9 x	1.8 x	20.0 x	17.7 x
Addus HomeCare Corp.	68.38	77.82	87.9%	901	866	7.2%	1.6 x	1.5 x	21.9 x	16.9 x
<b>Median</b>						<b>10.8%</b>	<b>2.0 x</b>	<b>1.9 x</b>	<b>20.0 x</b>	<b>17.0 x</b>
<b>Average</b>						<b>12.8%</b>	<b>2.2 x</b>	<b>2.0 x</b>	<b>18.5 x</b>	<b>16.0 x</b>

## HISTORICAL VALUATION TRENDS

May 31, 2014 – May 31, 2019  
(Enterprise Value / LTM EBITDA)



Source: FactSet

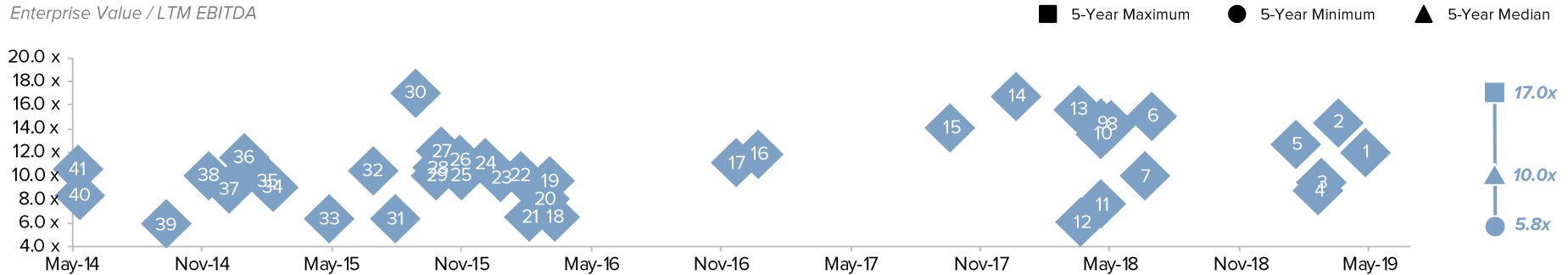
# Home Health & Hospice

## Recent M&A Transactions

RECENT HOME HEALTH & HOSPICE TRANSACTIONS HAVE TRADED AT A MEDIAN EV / LTM EBITDA MULTIPLE OF 10.0x.

### PRECEDENT TRANSACTION ANALYSIS

Enterprise Value / LTM EBITDA














Num.	Target Company	Acquirer	Date	Enterprise Value	EV / LTM EBITDA	Num.	Target Company	Acquirer	Date	Enterprise Value	EV / LTM EBITDA
1	AccentCare	Advent International	May-19	Confidential		22	New Century Hospice	Curo	Jan-16	-	10.0 x
2	Alacare Home Health & Hospice	Encompass	Apr-19	\$218	14.5 x	23	Infinity Home Care	Amedisys	Dec-15	\$63	9.8 x
3	Civitas Solutions	Centerbridge	Mar-19	\$1,343	9.4 x	24	Active Day Senior Care	Audax	Dec-15	-	11.0 x
4	BrightSpring Health Services	KKR / PharMerica	Mar-19	\$1,320	8.7 x	25	Black Stone	Almost Family	Nov-15	-	10.0 x
5	Compassionate Care Hospice	Amedisys	Feb-19	\$340	12.6 x	26	CareSouth	Encompass	Nov-15	\$170	11.3 x
6	Curo	TPG / WCAS / Humana	Jul-18	\$1,400	13.1x	27	Hospice Advantage	Hospice Compassus	Oct-15	-	12.0 x
7	Kindred Healthcare	Humana / TPG / WCAS	Jul-18	\$3,914	9.9 x	28	Halcyon	LHC Group	Oct-15	\$59	10.6 x
8	Jordan / Great Lakes Caring	Blue Wolf / Kelso	May-18	-	10.5 x	29	Caring Brands	LLCP	Oct-15	-	10.0 x
9	Abode Healthcare	Tailwind	May-18	\$202	14.4 x	30	Willcare Healthcare	Almost Family	Aug-15	\$50	17.0 x
10	Camellia	Encompass	May-18	\$135	13.5 x	31	Help at Home	Wellspring	Aug-15	-	6.3 x
11	Ambercare	Addus	May-18	\$52	7.5 x	32	Extendicare	Formation	Jul-15	\$870	10.4 x
12	Arcadia	Addus	Apr-18	\$19	6.0 x	33	Revera	Extendicare	May-15	\$69	6.3 x
13	Almost Family	LHC Group	Mar-18	\$966	15.6 x	34	Life Choice Hospice	Hospice Compassus	Feb-15	-	9.0 x
14	Optum	Hospice Compassus	Dec-17	-	16.7 x	35	Gentiva	Kindred	Feb-15	\$1,826	9.5 x
15	St. Croix Hospice	Vistria Group	Sep-17	-	14.0 x	36	Encompass	HealthSouth	Dec-14	\$750	11.5 x
16	CHS	Almost Family	Dec-16	\$128	11.8 x	37	Curo	Thomas H. Lee	Dec-14	-	8.8 x
17	Great Lakes Caring	Blue Wolf	Nov-16	-	10.0 x	38	Hospice Compassus	Audax / Formation	Nov-14	-	10.0 x
18	NHHC	Blue Wolf	Mar-16	\$103	6.5 x	39	All Metro	Nautic Partners	Sep-14	-	5.8 x
19	Genesis HealthCare	Hospice Compassus	Mar-16	\$84	9.5 x	40	Great Lakes Caring	Wellspring	May-14	-	8.3 x
20	Associated Home Care	Amedisys	Mar-16	\$28	8.0 x	41	Southern Care	Curo	May-14	-	10.5 x
21	All Metro (Simplura)	One Equity	Feb-16	Confidential		<b>Median:</b>				<b>\$202</b>	<b>10.0 x</b>



# Home Health & Hospice

## Potential Acquisition Targets

HOME HEALTH AND HOSPICE REMAINS A HIGHLY FRAGMENTED INDUSTRY WITH OPPORTUNITIES TO ACQUIRE EXISTING PLATFORMS OR PURSUE BUY AND BUILD STRATEGIES WITH SMALLER ASSETS .

COMPANY	HEADQUARTERS	YEAR FOUNDED	OWNERSHIP	SIZE
 ABODE HOSPICE & HOME HEALTH™	Durango, CO	2011	Tailwind Capital	29 home health and hospice locations
 Affinity HOSPICE	Birmingham, AL	N/A	MBF Healthcare Partners	Locations in Alabama and Georgia
 Bristol Hospice	Salt Lake City, UT	2006	Webster Capital	11 hospice locations
 BROOKDALE SENIOR LIVING Hospice & Home Health Asset	Brentwood, TN	1978	Brookdale Senior Living (NYSE:BKD)	30 home health locations and 18 hospice service areas
 ST. CROIX HOSPICE	Oakdale, MN	2008	The Vistria Group	21 hospice locations
 Serving with Heartfelt Compassion Compassus™	Brentwood, TN	1979	Audax / Formation Capital	140+ hospice locations
 FIVE POINTS HEALTHCARE	Atlanta, GA	2011	Fulcrum Equity	19 home health and hospice locations
 Hospice Care of South Carolina	Spartanburg, SC	1997	The Vistria Group	14 hospice locations
 ALTERNATE SOLUTIONS Health Network Building Partnerships, Transforming Care	Kettering, OH	1999	General Atlantic	N/A
 intrepid USA HEALTHCARE SERVICES	Dallas, TX	1997	Patriarch Partners	90 home health and hospice locations
 Simplura HEALTH GROUP	Lynbrook, NY	1955	One Equity Partners	44 home health locations

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