

# Rate Your Values

Consider what is at your core.

Fill in the star rating system to reveal those values that matter most. (10 minutes)

- ☆☆☆☆☆ Intellection (Life of the Mind)
- ☆☆☆☆☆ Community and Belonging
- ☆☆☆☆☆ Critical Inquiry
- ☆☆☆☆☆ Civic Engagement
- ☆☆☆☆☆ Social Impact
- ☆☆☆☆☆ Challenging Tasks
- ☆☆☆☆☆ Courage, Risk Taking
- ☆☆☆☆☆ Work/Life Balance
- ☆☆☆☆☆ Creativity (originality, Imaginative)
- ☆☆☆☆☆ Curiosity
- ☆☆☆☆☆ Efficient Work Habits
- ☆☆☆☆☆ Enjoyment of the Activity Itself
- ☆☆☆☆☆ Success, Notoriety
- ☆☆☆☆☆ Hard Work & Commitment
- ☆☆☆☆☆ Honesty & Integrity
- ☆☆☆☆☆ Autonomy (independence)
- ☆☆☆☆☆ Openness (receptiveness to new ideas and viewpoints)
- ☆☆☆☆☆ Personal Growth & Learning
- ☆☆☆☆☆ Power, Influence
- ☆☆☆☆☆ Professional Accomplishment

- ☆☆☆☆☆ Quality (excellent, careful, and accurate work)
- ☆☆☆☆☆ Recognition within one's own field
- ☆☆☆☆☆ Rewarding and supportive relationships
- ☆☆☆☆☆ Searching for knowledge (uncovering the truth)
- ☆☆☆☆☆ Self-Examination (self-criticism, self-understanding)
- ☆☆☆☆☆ Solitude (contemplation)
- ☆☆☆☆☆ Spirituality
- ☆☆☆☆☆ Teaching, Mentoring
- ☆☆☆☆☆ Serving or helping others
- ☆☆☆☆☆ Variety
- ☆☆☆☆☆ Predictability
- ☆☆☆☆☆ Contribution (to a significant and lasting impact)
- ☆☆☆☆☆ Collaboration
- ☆☆☆☆☆ Flexibility
- ☆☆☆☆☆ Mastery to excel in everyday activities
- ☆☆☆☆☆ Purpose (to have meaning and direction)
- ☆☆☆☆☆ Stability
- ☆☆☆☆☆ Commitment to excellence
- ☆☆☆☆☆ Wealth and profit
- ☆☆☆☆☆ Risk taking