



HOW TO USE THE FIVE MARKS OF A MAN DEVOTIONAL AS A GROUP GUIDE

The Five Marks of a Man Devotional: 60 Days to a Powerful Life can easily be utilized as group content for men looking to grow together. Here's how to do it.

THE SET-UP

The devotional is divided into twelve weeks, with each "week" containing five days of content—one covering each mark. This was done intentionally so that every week finds you working through all five marks of a man: men have a vision, men take minority positions, men are team players, men work, and men are protectors.

Each devotional contains a scripture, a teaching, a prayer, and two prompts to get you moving toward manhood.

BEFORE YOU START

Decide how many days each person should cover before your next meeting together. If your group is meeting weekly, then cover one week at a time.

Read through the content and commit to doing one of the Get Moving challenges for each day of content—a total of five challenges per week. (There are two Get Moving challenges listed per day, allowing group members freedom and flexibility to choose whichever one feels most challenging to them).

When you gather for your group meetings, adapt the questions below to help spur conversation around that week's content.

GROUP QUESTIONS

1. This week, which devotional stood out the most to you? Why?
2. Which of the Get Moving prompts was the most challenging for you? What muscles did you see it building as you engaged with it?
3. Which of the five marks do you think God was growing in you this week? Why do you think that is?
4. How can you continue to engage that mark, and how will growing in it positively influence your life going forward?
5. What do you think God has been saying to you this week, and what will you do about it?