

THE  
**'STRONG**  
CHALLENGE

10.15-16

**PRAY**

02

HOW TO ACCEPT THE

# STRONG CHALLENGE:

## 01 ATTEND THE WEEKEND SERVICE

The weekend teaching provides the foundation for each week's challenges. This community is a team, and the weekend is an opportunity to get us all on the same page, moving in the same direction. Don't skip it.

## COMPLETE 5 STRONG CARD CHALLENGES

Each week, pick five cards that correspond to the weekend teaching (Play, Study, etc.), and set aside 15–20 minutes each day to complete a challenge from one of the cards and write down any observations, insights, prayers or thoughts that come to mind.

## 03 MEET WITH YOUR HOME TEAM

Training is always more fun and effective with partners to encourage us and hold our feet to the fire. So whether you meet in someone's home, the break room at work or the local coffee shop, make sure you're in a small group.

# THE STRONG CHALLENGE

Six weeks. 50,000 teammates.  
Are you up for the Strong Challenge?

WEEK 01  
PLAY



WEEK 02  
PRAY

WEEK 03  
STUDY

WEEK 04  
TRAIN

WEEK 05  
SERVE

WEEK 06  
LIVE

# PRAY

When we pray, we open ourselves up to life-changing conversations with God. Prayer is meant to be more than an emergency flare to heaven in our times of need—it's designed for us to connect with God on a real, intimate, everyday basis.

## Experience the Strong Challenge Online

Check out [strongchallenge.com](http://strongchallenge.com) to engage your daily challenges, write journal entries, access additional resources and even set up reminder notifications to keep you on track.

And when you're on the go, just visit [strongchallenge.com](http://strongchallenge.com) from your smartphone for a mobile-optimized view of your daily challenges.



The screenshot shows the Strong Challenge website interface. At the top, there are navigation tabs for PLAY, PRAY (highlighted), STUDY, TRAIN, SERVE, and ALL CARDS. Below the tabs, a red banner reads: "CHOOSE A CARD BELOW. AFTER COMPLETING THE CHALLENGE, CONSIDER WRITING A JOURNAL ENTRY." Below this banner, there are several challenge cards. The first card is titled "PRAY" and contains the text: "When we pray, we open ourselves up to life-changing conversations with God. Prayer is meant to be more than an emergency flare to heaven in our times of need—it's designed for us to connect with God on a real, intimate, everyday basis." Other visible cards include "TAKE A WALK", "DO A BRAIN DUMP", and "PRAY FOR THREE FRIENDS". Each card has a star rating system below it.

## FIRST TIME HERE? [welcome.](#)

We're glad you're here. Crossroads is a place for people who might have given up on church, but not on God. We present basic, biblical truths and show how they apply to our everyday lives. Check out the Info Center to learn more.



## YOUR KIDS WILL LOVE IT HERE

Kids' Club is a fun learning environment designed just for kids—and kids age 3+ are doing the Strong Challenge, too! It's free, totally secure and offered during all services. Visit the Kids' Club Info Desk for more info. Also, check out what your kids are learning during the journey (and watch cool videos). Visit [crossroads.net/kc](http://crossroads.net/kc) and click on the Strong Challenge link.

## ANNOUNCEMENTS

### ONSITE GROUPS

Onsite Home Teams will meet every Thursday of the Strong Challenge in both Oakley and Mason. Just show up at 7pm to participate. Childcare provided.

### THANKSGIVING FOOD DRIVE

Every year, we provide food to churches and other organizations in Cincinnati and South Africa, so that they can bless their communities. Help distribute and collect boxes in Oakley and Mason. Sign up now at [crossroads.net/tfd](http://crossroads.net/tfd).

### SERVE WITH ANGEL TREE

Help provide gifts to children with a parent in prison. We need callers, gift organizers and Atrium elves. Learn more and sign up at [crossroads.net/angeltree](http://crossroads.net/angeltree).

### SERVE AT FALL FEAST

Prepare and serve Thanksgiving meals at this city-wide event. To sign up, visit [crossroads.net/thanksgiving](http://crossroads.net/thanksgiving).