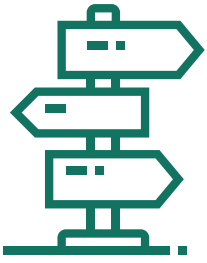


Substance Use Treatment

Prevention * Harm Reduction * Treatment * Recovery



Treatment refers to a range of medical, therapeutic, and support services designed to help individuals who are struggling with substance use disorders to safely manage withdrawal symptoms and build skills to stay safe and sober.

library.samhsa.gov

Options for Treatment Include:



Withdrawal Management

The medical and psychological care of patients who are experiencing withdrawal symptoms as a result of stopping or reducing use of their drug of dependence.

www.ncbi.nlm.nih.gov



Outpatient Programs

Treatment designed to help individuals recover from substance use while living at home. Outpatient programs can include counseling, education, medication, and supportive services.

pmc.ncbi.nlm.nih.gov



Residential Treatment

24 hour support in a drug-free, non-hospital setting. This type of treatment is highly structured and includes group and individual therapy, education, and medical monitoring.

americanaddictioncenters.org



Medication for Opioid Use Disorder

Medication that supports substance use treatment. Evidence-based, FDA approved medications for opioid use disorder include methadone, buprenorphine, and naltrexone.

www.samhsa.gov

There is **no** “one size fits all” approach to substance use treatment, a range of evidence-based treatment options is essential.

www.psychologytoday.com