

Substance Use Prevention

Prevention * Harm Reduction * Treatment * Recovery



Substance use prevention activities work to educate and support individuals and communities to prevent the use and misuse of drugs and the development of substance use disorders (SUDs). These activities are key in reducing the impact of substance use.

www.samhsa.gov



Reduce Early Use

Nearly **1/2** of those with substance use disorders started using **before age 14**.

opioidprinciples.jhsph.edu



Positive Return on Investment

Spending in **prevention efforts** can **yield savings** across behavioral health, public safety, criminal justice, and education systems.

nida.nih.gov



Reduce Other Outcomes

Including low educational status, unintended parenthood, unemployment, and risk of death.

opioidprinciples.jhsph.edu



Campaigns

Evidence-based messaging through media and other communication channels.

Prevention Activity Examples



Family

Engagement

At home education, support, and skills building to prevent substance misuse



Policy

Governmental action or regulation to prevent the development of SUD.



Community Programs

Educate groups in workplaces, medical centers, and other community settings.



School Based Programs

Initiatives aimed to provide information and skills to prevent substance misuse in youth.

Substance Abuse Mental Health Services Administration, "Focus on Prevention," samhsa.gov

MOSS

MAINE OPIOID
SETTLEMENT
SUPPORT CENTER

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The MOSS Center is here to help those receiving funds by identifying needs, sharing information, connecting with partners, promoting best practices, and evaluating efforts.

With support from Maine Attorney General Aaron M. Frey's office, our services are no cost.