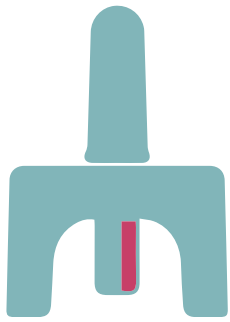


# Harm Reduction

Prevention \* Harm Reduction \* Treatment \* Recovery



**Harm reduction** includes evidence based policies, programs, and practices that **reduce drug use risks** like disease transmission and overdose by providing stigma-free care specific to the needs of people who use drugs.



**REDUCE**  
stigma



**IMPROVE**  
access to  
treatment



**LOWER**  
risk

Harm reduction empowers people who use drugs (and their families) with the choice to live healthy, self-directed, and purpose-filled lives.

## Harm Reduction Strategies Include:



**HIV, STI, and  
Hepatitis C Testing**



**Overdose Prevention  
and Reversal**  
*Education and Narcan*



**Create Philosophy  
of Hope and  
Healing**



**Linkage to Care**



**Syringe Service  
Program/Harm  
Reduction Supplies**



**Drug Checking**  
*Fentanyl Test Strips*  
*Xylazine Test Strips*

Substance Abuse and Mental Health Services Administration. "Harm Reduction." [samhsa.gov](https://www.samhsa.gov)