## Rhinovirus

## Overview

Rhinoviruses are the most frequent cause of the common cold and can be the main reason children are absent from school and adults miss work.<sup>12</sup> Infected persons can spread the virus to others when they cough or sneeze. Contaminated surfaces can also be a source of spread. There are many different types of rhinoviruses and while they usually occur year-round, they tend to rise in early fall and spring. This coincides with circulation of other respiratory viruses like Influenza and RSV.<sup>1</sup> In the U.S., on average, adults have 2–3 colds per year with one being caused by rhinovirus, while children have even more with at least 2 being caused by rhinovirus<sup>12</sup> For people with weakened immune systems or underlying medical conditions, rhinovirus infections can result in severe illness requiring hospitalization.<sup>1</sup> Currently, there is no vaccine or specific treatment for rhinovirus infections.

**CLOROXPRO** 

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Infectious Agent (Pathogen) <sup>3</sup>	Agent Type: Virus Taxonomy: Family: Picornaviridae Genus: Enterovirus Species: A, B, C	Synonym(s): Common cold Characteristics: Non-enveloped virus			
<ul> <li>Infectious Characteristics Definitions:</li> <li>Incubation period-the time from exposure to infection with symptoms.</li> <li>Period of communicability -time when a pathogen can be transmitted from one person to another.</li> </ul>	Risk factors for severe illness:1	Individuals with weakened immune systems, asthma, or other underlying medical conditions.			
	Incubation period:1	2 to 3 days			
	Period of communicability:4	1–2 days before symptom onset and for up to 2 weeks afterward. The first 2–3 days after symptom onset is when the virus is most likely to spread.			
	Signs & symptoms:1	<ul> <li>Many people will have no symptoms. Those that do, experience symptoms that mirror other respiratory infections including:</li> <li>Cough/Sneeze &gt; Nasal congestion/Runny nose &gt; Sore throat</li> <li>Headache/Body aches &gt; Low-grade Fever (rare in children older than 3 and adults)</li> </ul>			
	Duration of illness:	7 days up to 2 weeks			
	Severity of illness:1	Most rhinovirus infections are typically mild, but they can cause severe illness including asthma worsening, middle ear infections, sinusitis, bronchitis, or pneumonia. For people with weakened immune systems or underlying medical conditions, rhinovirus infections can result in severe illness requiring hospitalization. <sup>1</sup>			
<b>Mode(s) of Transmission</b> <sup>1</sup> How the Infection Spreads	Contact and Droplet: Direct from person-person when an infected person coughs or sneezes and through close personal contact with an infected person, such as shaking hands or hugging. Indirect transmission can occur from contaminated surfaces.				
Survival on Surfaces <sup>5</sup>	Up to 24 hours				
Immunization/Prophylaxis/ Treatment <sup>1</sup>	There is currently no vaccine, treatment, or medication to prevent or cure rhinoviruses.				
Infection Control Measures	<ul> <li>General Measures For All Spaces (commercial buildings, K–12 schools, healthcare):<sup>1</sup></li> <li>Hand Hygiene: Wash hands carefully and frequently with soap and water. Alcohol-based hand sanitizers are also effective.</li> <li>Respiratory Hygiene/Cough Etiquette: Cough or sneeze into elbows or a tissue. Avoid coughing or sneezing into hands, which are more likely to spread the flu virus through touch. Avoid touching your eyes, nose, and mouth.</li> <li>Stay home. Encourage those who are sick to stay home and limit contact with others. Develop non-punitive sick leave policies.</li> </ul>		<ul> <li>Healthcare-Specific Measures:<sup>6</sup></li> <li>Isolation Precautions: Place patient in single patient room if possible. Use Droplet + Standard for the duration of illness. Add Contact Precautions if copious moist secretions and close contact are likely to occur (e.g., young infants).</li> <li>PPE: Mask and eye protection. Other PPE as indicated per standard precautions. Gown if contact precautions are required.</li> <li>Patient Transport: Patient should wear a mask, if possible, and follow respiratory hygiene and cough etiquette and hand hygiene.</li> <li>Linens: Per routine.</li> <li>Waste management: Per routine.</li> </ul>		
Cleaning & Disinfection <sup>1</sup>	Ensure frequent cleaning and disir EPA-registered disinfectants with enterovirus-D68) <sup>7</sup>	nfecting of commo a rhinovirus claim c	nly touched surfaces that may be contaminated with the virus. Use or another non-enveloped virus claim (e.g., norovirus, poliovirus,		

## **Clorox Product Recommendations**

The following CloroxPro cleaner-disinfectants can be used to effectively manage Rhinovirus on environmental surfaces and equipment.

Products for use against Rhinovirus	EPA Reg. No.	Rhinovirus contact time
Clorox Clorox EcoClean Disinfecting Cleaner and Refill         Item No. 60213       32 fl. oz. Spray       9/case         Item No. 60094       128 fl. oz. Refill       4/case	67619-45	30 seconds
CloroxPro EcoClean Disinfecting Cleaner Wipes         Item No. 60605       75 ct. Canister       6/case	67619-48	5 minutes
Clorox Pro Clorox Germicidal Bleach         Item No. 30966       121 fl. oz. Bottle       3/case	67619-32	5 minutes
CloroxPro Clean-Up Disinfectant Cleaner with BleachItem No. 3541732 fl. oz. Spray9/caseItem No. 35420128 fl. oz. Refill4/case	67619-17	30 seconds
Clorox Disinfecting WipesItem No. 1594975 ct. Canister6/caseFresh ScentItem No. 1594875 ct. Canister6/caseLemon ScentItem No. 31547700 ct. Bucket1/caseFresh ScentItem No. 31428700 ct. Bucket Refill2/caseFresh Scent	67619-31	15 seconds
CloroxPro Clorox Disinfecting Spray         Item No. 38504       19 fl. oz. Aerosol Spray       12/case	67619-21	30 seconds
CloroxPro Clorox 4 in One Disinfectant & Sanitizer         Item No. 31043       14 fl. oz. Aerosol Spray         12/case	67619-29	5 minutes
Clorox Healthcare Bleach Germicidal Wipes           Item No. 30577         6" x 5" 150 ct. Canister         6/case           Item No. 35309         6.75" x 9" 70 ct. Canister         6/case           Item No. 32621         6.75" x 9" 100 ct. Softpack         9/case           Item No. 31424         12" x 12" 50 ct. Carton         6/case           Item No. 30358         12" x 12" 110 ct. Bucket         2/case           Item No. 30359         12" x 12" 110 ct. Bucket Refill         2/case	67619-12	1 minute
Clorox Healthcare Bleach Germicidal CleanersItem No. 3057732 fl. oz. Spray6/caseItem No. 6883232 fl. oz. Pull-Top6/caseItem No. 68978128 fl. oz. Refill4/case	56392-7	1 minute
Clorox Healthcare Hydrogen Peroxide Cleaner Disinfectant Wipes         Item No. 30824       6.75" x 9" 95 ct. Canister       6/case         Item No. 30825       6.75" x 5.75" 155 ct. Canister       6/case         Item No. 30826       12" x 11" 185 ct. Bucket       2/case         Item No. 30827       12" x 11" 185 ct. Bucket Refill       2/case	67619-25	1 minute
Clorox Healthcare Fuzion Cleaner Disinfectant         Item No. 31478       32 fl. oz. Spray       9/case	67619-30	1 minute

## **References:**

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6. CDC. Isolation Precautions Guideline [Internet]. [cited 2024 Sept 3]. Available from

https://www.cdc.gov/infection-control/hcp/isolation-precautions/index.html

7. CDC. Severe Respiratory Illness Associated with Rhinoviruses and/or Enteroviruses Including EV-D68-Multistate, 2022 [Internet]. [cited 2023 Jun 10]. Available from https://emergency.cdc.gov/han/2022/han00474.asp



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