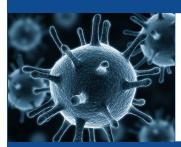
Highly Pathogenic Avian Influenza A (HPAI): H5N1



Overview



H5N1 is one of several influenza viruses that causes a highly infectious respiratory disease in birds. Since 2022, there have been increasing reports of deadly outbreaks among land and sea mammals (wild and domestic).¹ This panzootic ("animal pandemic") of Highly Pathogenic Avian Influenza A (HPAI) (H5N1) viruses in wild birds has resulted in outbreaks among commercial poultry, backyard bird flocks, and spread to infect wild and domestic mammals.² Sporadic H5N1 human infections have occurred since 1997 with a mortality rate of >50%.² Most human infections with H5N1 virus have been the result of unprotected exposures to sick or dead infected animals.² To-date, there has been no evidence of sustained human-to-human H5N1 transmission. Human H5N1 infections range from mild (e.g., upper respiratory symptoms) to severe illness (e.g., pneumonia, multi-organ failure) that may result in death.² Clinicians should consider the possibility of H5N1 infection in persons showing signs or symptoms of conjunctivitis (eye redness) and/ or acute respiratory illness who have relevant exposure history.² Keep current on the risk to public health here.

About the Pathogen & Infection Control Measures

Infectious Agent (Pathogen) ^{2,3}	Agent Type: Virus Synonym(s): Avian Influenza, E Characteristics: Enveloped RN		Taxonomy: Family: Orthomyxoviridae Genus: Influenza A Subtype: H5N1				
Infectious Characteristics Definitions: Incubation period—the time from exposure to infection with symptoms. Period of communicability—time when a pathogen can be transmitted from one person to another. Mortality rate—the number of deaths due to a disease divided by the total population.	Risk factors for infection:4	People who work with or have recreational exposure to affected animals					
	Incubation period:5	3–5 days but can be as long as 7–10 days					
	Period of communicability:	N/A (no sustained human-to-human transmission to-date)					
	Signs & symptoms: ²	 Eye redness (conjunctivitis) Mild flu-like upper respiratory symptoms, including sore throat, cough, runny or stuffy nose, shortness of breath or difficulty breathing 		 Pneumonia requiring hospitalization Fever or feeling feverish Muscle or body aches Headache Fatigue 			
	Duration of illness:6	About 2 weeks					
	Severity of illness and Mortality Rate: ⁶	The virus can cause mild to severe illness, including death. Mortality rate is ~50%					
Reservoir ² —where a pathogen normally lives and grows (e.g., humans, water, etc.)	Wild birds and other affected animals						
Mode(s) of Transmission ² How the Infection Spreads	Air and Contact: When virus from infected animals gets in a person's eyes, nose, or mouth or is inhaled						
Survival on Surfaces ⁹	The virus can survive for hours to days on surfaces in warm dry conditions, however under cold and wet conditions it can survive much longer (weeks to months).						
Immunization/Treatment ²	Currently, there is no vaccine in the US to prevent H5N1 infection in humans. CDC provides guidance for antiviral treatment of human infection with novel influenza A viruses.						

General Measures for All Spaces

(commercial buildings, K–12 schools, healthcare):²

- ► Get the flu vaccine each year.
- Perform frequent hand hygiene by using alcohol-based hand sanitizer or washing hands with soap and water.
- Avoid contact with sick or dead wild birds, poultry, and wild animals.
- Do not consume raw or undercooked poultry or poultry products, including raw eggs or raw/unpasteurized milk products.
- Persons who work with or have contact with poultry or potentially infected animals should wear appropriate PPE.

Healthcare-Specific Measures:2,8

- ▶ Isolation Precautions: Airborne and Contact Precautions in a single-patient airborne infection isolation (All) room (negative pressure room) with door closed. Patients presumed to have the same infection can be cohorted. Only essential personnel should enter the room.
- ▶ PPE: Respirator (N95 or higher), eye protection (goggles or face shield), gown, gloves.
- ▶ Patient Transport: Limit to essential purposes; placement of a facemask on the patient.
- **Linens:** Handle per routine.
- Waste Management: Follow local medical waste regulations per state or local authorities. H5N1 is not considered a category A infectious substance, except in cultures from the lab.
- ▶ Other: Use caution with aerosol-generating procedures (AGP)—limit to medically necessary situations.

Cleaning & Disinfection^{2,9,10}

Infection

Measures

Prevention &

Control (IPC)

Standard cleaning and disinfecting procedures are adequate as enveloped viruses are among the easiest pathogens to kill through disinfection. Use a disinfectant that has label claims against Avian Influenza A (H5N1), or a disinfectant from EPA <u>List M</u>. Healthcare personnel should not enter the room for cleaning until sufficient time has elapsed for enough air changes to remove potentially infectious particles.

Clorox Product Recommendations

The following CloroxPro cleaner disinfectants either have an EPA registered H5N1 claim, or appear on EPA <u>List M</u> and can be used to effectively manage the Avian Influenza A (H5N1) virus on environmental surfaces and equipment.

Products for u	ıse against Avian Influe	nza A (H	5N1) Virus		EPA Reg. No.	H5N1 Contact Time	H5N1 Contact Time (EPA List M)
Item No. 30577 Item No. 35309 Item No. 32621 Item No. 31424 Item No. 30358	re Bleach Germicidal Wipes 6" x 5" 150 ct. Canister 6.75" x 9" 70 ct. Canister 6.75" x 9" 100 ct. Softpack 6.75" x 9" 50 ct. Individual 12" x 12" 110 ct. Bucket 12" x 12" 110 ct. Bucket Refill	6/case 6/case 9/case 6/case 2/case			67619-12	-	1 minute
Clorox Healthca Item No. 68970 Item No. 68978		er 6/case 4/case		On the second se	56392-7	-	1 minute
Clorox Healthca Item No. 31478	<mark>re Fuzion Cleaner Disinfect</mark> 32 fl. oz. Spray	ant 9/case		AUDO	67619-30	1 minute	-
Item No. 30824 Item No. 30825 Item No. 30826	12" x 11" 185 ct. Bucket Refill 12" x 11" 185 ct. Bucket Refill	6/case 6/case 2/case	fectant Wipes	A CONTROL OF THE PARTY OF THE P	67619-25	1 minute	-
Clorox Healthca Item No. 30828 Item No. 30829		er Disinfe 9/case 4/case	ectant Cleaner		67619-24	30 seconds	-
Item No. 31757 Item No. 31758 Item No. 31759	10 VersaSure Cleaner Disin 6.75" x 8" 85 ct. Canister 6" x 5" 150 ct. Canister 12" x 12" 110 ct. Bucket 12" x 12" 110 ct. Bucket Refill	6/case 6/case 2/case	Vipes	Market Ma	56392-7	30 seconds	-
Item No. 15949 Item No. 15948 Item No. 31547	75 ct. Canister	6/case 6/case 1/case 2/case	Fresh Scent Lemon Scent Fresh Scent Fresh Scent		67619-31	15 seconds	_
	re Spore ¹⁰ Defense Cleaner 128 fl. oz. for Sprayer Devices 128 fl. oz.		tant	Section 1973	67619-40	1 minute	-
CloroxPro Cloro Item No. 31903 Item No. 31910	' '	dor Remo 9/case 4/case	over		67619-33	30 seconds	-

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