



Caroline Perras

# Medical Expenses Form | 2023

Last name: \_\_\_\_\_

First name: \_\_\_\_\_

**Option 1**

Fill out this form, without sending us your receipts and/or the detailed summary of your private insurance. (It is recommended you keep these records for a period of 6 years.)

→ This option allows us to guarantee the appropriate tax treatment, but we cannot guarantee the amounts.

**Option 2**

Provide us with all receipts, insurance statements, etc.

→ This option allows us to guarantee both tax treatment and amounts.

→ A fee of \$3.00 per receipt will be added to your invoice.

*Please note: We are nothing if not diligent! If you provide your receipts along with your form, we will most definitely sort through them. In other words, you will be billed for Option 2.*

### Important Information:

- You can obtain a summary of your medical expenses from your pharmacist or by consulting your file on the website of your private insurer.
- Please indicate the amounts that have not been reimbursed to you by your insurance company or any other organization (the amounts that have come out of pocket).
- You can enter the totals by category for yourself, your spouse, and your minor children. For adult children, please indicate totals separately.
- Main non-eligible expenses are as follows:
  - Massage therapist
  - Orthotherapist
  - Kinesiologist
  - Gym membership
  - Over-the-counter drugs, vitamins, supplements, etc.
  - Any reimbursements from your private insurance
  - Aesthetic procedures (e.g., teeth whitening)

	You, your spouse and your minor children	Adult children	Adult children
		Name	Name
<b><u>Dental Care</u></b>			
• Examinations, treatments, and orthodontics (including appliances)	\$ _____	\$ _____	\$ _____
<b><u>Vision Care</u></b>			
• If you bought glasses for children, did you receive the \$250 RAMQ refund?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
• Lenses, exams	\$ _____	\$ _____	\$ _____
• Eyeglass frames	\$ _____	\$ _____	\$ _____
• Laser eye surgery	\$ _____	\$ _____	\$ _____
<b><u>Healthcare</u></b>			
• Drugs and equipment prescribed by a doctor and dispensed by a pharmacist	\$ _____	\$ _____	\$ _____
• Ambulance	\$ _____	\$ _____	\$ _____
• Medical examination fees (e.g., electrocardiogram, stool examination, or blood glucose tests)	\$ _____	\$ _____	\$ _____



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You, your spouse and your minor children	Adult children	Adult children
	<i>Name</i>	<i>Name</i>

## Healthcare (continued)

- Fees charged by a health professional to complete medical forms \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- The following professionals (provincial only): \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
  - homeopath                      - phytotherapist
  - naturopath                      - psychoanalyst
  - osteopath                        - psychotherapist
- Other professionals (non-exhaustive list): \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
  - acupuncturist                  - physician
  - audiologist                      - physiotherapist
  - chiropractor                    - podiatrist
  - dentist                            - psychologist
  - dietitian / nutritionist        - registered nurse
  - marriage / and family therapist - sexologist
  - occupational therapist        - social worker
  - speech therapist
- Medical cannabis \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- If you were 70 years of age or older on December 31<sup>st</sup>: amount paid for accessibility equipment to maintain independence in your home. For example: \$ \_\_\_\_\_
  - cane                                - safety handle
  - crutches                           - stair chair
  - hearing aid                       - toilet bowl
  - hospital bed                      - walk-in bathtub
  - non-motorized wheelchair    - walker
  - panic button                     - warning system
- If you needed to travel at least 40 km from your home (one way) to get medical services, please indicate the **total number** of km travelled \_\_\_\_\_ km
- If you needed to travel at least 80 km from your home (one way) to get medical services, please also indicate the number of meals consumed at the restaurant \_\_\_\_\_ meals

## Other Eligible Expenses

- Fertility treatments \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- Premiums paid to a private health insurance plan, if not indicated on your T4, box 85 \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- Premiums paid to private medical insurance (or for travel medical insurance) **that is not** group insurance paid by the employer \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- Other (please specify) \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_
- \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_

Signature

Date (MM/DD/YYYY)