

## HEALTH & HYGIENE COMMITMENT

**For the health and safety of our staff and guests, Canadian Mountain Holidays LP (“CMH” or “we”) requires that you sign this Health and Hygiene Commitment.**

### COMPLIANCE WITH CMH COVID-19 HEALTH AND SAFETY PROTOCOLS

SARS-CoV-2, which causes the disease known as COVID-19, is extremely contagious and is believed to spread mainly through person-to-person contact. CMH has developed a set of \_\_\_\_\_ in order to comply with Provincial and Federal Health Regulations. These protocols are in place to reduce the likelihood of disease transmission on our trips and include the guidelines and directives detailed below (collectively, together with any additional ones CMH may implement after the date hereof, the “CMH COVID-19 Health and Safety Protocols”). As a condition of participation in our trips, you must read, understand, and agree to follow the CMH COVID-19 Health and Safety Protocols. Failure to comply with the CMH COVID-19 Health and Safety Protocols may result in declination of service and/or removal from the trip at your own expense.

### INHERENT RISK

CMH cannot guarantee that you will not become infected with SARS-CoV-2 (COVID-19) or another infectious disease during your trip or while at the lodge, even if everyone complies at all times with the CMH COVID-19 Health and Safety Protocols. CMH also cannot guarantee that everybody else will comply at all times with these protocols. Any mid-trip expansion of your travel cohort may also increase the risk of exposure (see below under “During the Trip”).

### BEFORE YOUR TRIP

The Public Health Agency of Canada and the CDC have published guidelines for limiting the spread of COVID-19. We would ask that for the safety of our guests and employees, you follow these guidelines during the 14 days before coming to the lodge:

- Frequent hand washing and avoiding touching your face with unwashed hands
- Maintaining physical distance of at least two metres (six feet) and staying out of crowded spaces
- Using a cloth or surgical mask when around others
- Covering coughs and sneezes with a tissue or the inside of your elbow and then washing your hands
- Cleaning and disinfecting frequently touched surfaces every day or multiple times a day
- Monitoring your health and watching for symptoms, including daily temperature checks

If available in your region, we strongly recommend that you get vaccinated at least three (3) weeks before arriving at the lodge. We also strongly recommend that you get tested for COVID-19 within three days before arriving at the lodge. If you test positive, please contact us (your manager if you are an employee) to discuss your options.

### PRE-TRIP QUESTIONNAIRE

If you answer “yes” to any of the following questions at any time before boarding a CMH vehicle (whether it’s the bus transporting you to the helipad, or the helicopter at the helipad if you self-drive), please contact us to discuss your options:

1. I am currently displaying one or more of the following symptoms, and those symptoms are new and not allergy, chronic or pre-existing condition related issues:
  - Fever greater than 37.6°C (99.7°F)
  - Persistent or new cough
  - Sore throat
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Nausea or vomiting
  - Diarrhea
  - Headache
  - Congestion or runny nose
  - Loss of taste or smell
2. In the past 14 days:
  - I have knowingly come in close contact with someone who has a probable or confirmed case of COVID-19
  - I have tested positive for COVID-19 or am waiting for the results of a test
  - I have travelled outside of Canada and have to quarantine as a result

### TRANSPORTATION TO AND FROM THE LODGE

Vehicle transport at the beginning and end of a trip represents enclosed spaces that may contribute to disease transmission between occupants. CMH will limit occupancy of the available seats and require that a cloth or surgical mask be worn for the duration of time in any vehicle.

Initial: \_\_\_\_\_

**DURING THE TRIP**

We ask that both staff and guests alike commit to following all CMH COVID-19 Health and Safety Protocols to limit the spread of COVID-19 and any other infectious disease while travelling with CMH including:

- Keeping your travel cohort (i.e., people who are part of your household or with whom you travel) small and do not change its composition during your trip
- Whenever possible, maintaining a physical distance of at least 2 metres (6 feet) from people who are not part of your travel cohort
- Monitoring your health daily and watching for symptoms (see above), as well as wearing a cloth or surgical mask and sanitizing hands when asked to do so
- Should you or any member of your travel cohort develop symptoms:
  - Immediately report the onset of symptoms to a CMH staff member; and
  - Immediately isolate in your room

In such circumstances, CMH will assess the next steps, including the need for isolation and possible transportation and testing

- Generally, when at least 2 metres (6 feet) of distance from people who are not part of your travel cohort is not possible, a properly worn cloth or surgical mask will be required. This includes, but is not limited to, the helicopter safety briefing, heli-huddle, in the helicopter and in any CMH vehicle
- There are specific locations in the lodge where mask use will be mandatory, such as when receiving a massage or attending the morning stretch class
- Parents are responsible for ensuring their children adhere to physical distancing and all other mitigation procedures while on the trip
- There will be capacity limits in some areas of the lodge, such as the hot tub and sauna

**AFTER THE TRIP**

Please let CMH (your manager if you are an employee) know if you or a member of your travel cohort tests positive for or exhibits symptoms of COVID-19 within 14 days of leaving the lodge so that we can quickly inform our staff and other guests.

I have read this Health & Hygiene Commitment in its entirety and agree to adhere to the CMH COVID-19 Health and Safety Protocols and the terms contained herein. I understand and agree that by signing this Health & Hygiene Commitment on behalf of any person other than myself, I am representing and warranting that I am legally authorized to sign as either the parent or legal guardian of that person and/or child, or that I have been given the express authority and permission from that other person to accept the terms and conditions of this Health & Hygiene Commitment on each of their behalf.

**Date Signed:**

**Participant Name:**

*(Full legal name as shown on your passport)*

**Name of Minor:**

*(Full legal name – only required if completing on behalf of a minor under the age of 19 years old)*

**Participant Date of Birth:**

**Email:**

**Participant Signature:**