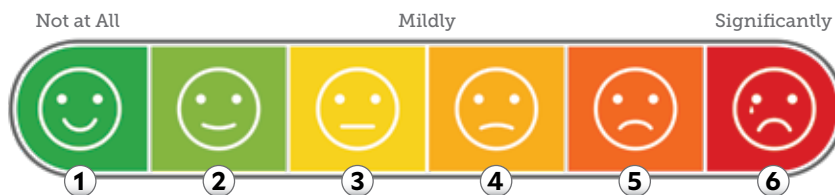


Doctor Discussion Guide: YOUR CHILD AND ADHD

When you have a child with attention-deficit hyperactivity disorder (ADHD), getting the right care and keeping accurate accounts of your child's experience can make all the difference. This discussion guide has been developed to help you gather your thoughts and record these details to make your doctor's visit as productive as possible. Answer the quick and simple questions below, and then bring this page to your next appointment to get the most out of your time with your healthcare professional.

Questions to answer before your next appointment:

1. When does your child have the most difficulty focusing on tasks?
☐ In the first half of the day ☐ During the second half of the day
2. Does your child's ADHD affect your morning routine? ☐ Yes ☐ No
3. How much does ADHD affect your child on a daily basis? (*circle one*)



4. What is an example of how ADHD gets in the way of routines? (*please describe*) _____
5. What ADHD medication is your child currently taking? _____
6. How satisfied are you with your child's current treatment? _____

Questions to ask your child's doctor:

1. How will my child's ADHD change over time? _____
2. What can I do to make it easier for my child to focus at home? _____
3. What foods should I avoid giving my child with ADHD? _____
4. What are some signs my child's ADHD treatment is working? _____