

# MEDICATION TRACKER

It is important to keep a record of the different medications you are taking—including prescription and over-the-counter drugs—as well as any vitamins or other supplements. Fill out this form and bring it to your next doctor appointment to provide up-to-date information to your physician. Having a list of everything you take can help to reduce the risks of any dangerous or undesirable drug interactions.

## Medications

<b>Name</b>	<b>Dose</b> (e.g., mg, puffs, drops)	<b>Frequency</b> (Number of doses per day, times, with food?)	<b>Purpose</b> (The reason you are taking this medication/supplement)

## Questions for Your Doctor

How do I know my medication is working? \_\_\_\_\_

\_\_\_\_\_

Will my medication decrease in efficiency over time? \_\_\_\_\_

\_\_\_\_\_

Does this medication interact/have a reaction with specific foods or other medications? \_\_\_\_\_

\_\_\_\_\_

I've noticed changes in my symptoms: Do we need to adjust my treatment? \_\_\_\_\_

\_\_\_\_\_

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