Medication Tracker

It is important to keep a record of the different medications you are taking—including prescription and over-the-counter drugs—as well as any vitamins or supplements. Fill out this form and bring it to your upcoming appointment to provide up-to-date information to your doctor. Having a medication tracker can help to reduce the risks of any dangerous or undesirable drug interactions.

Medications

Name	Dose (e.g., mg, puffs, drops)	Frequency (Number of times per day; morning/night; with food?)	Purpose (Why you are taking this medication)

Questions for Your Doctor

How do I know my medication is working?_____

Will my medication decrease in efficiency over time?_____

Does this medication interact/have a reaction with specific foods or other medications?_____

I've noticed changes in my symptoms: Do we need to adjust my treatment or medication?_____

▶ Find more information and tools at: HealthCentral.com/ChronicMigraineGuide

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