Blood Glucose Tracker

Week of: _____

Vake TimeFeatureFeatureMedicationBediceMedicationMedicationBediceMedicationBediceMedicationMonday Blood Sugara.m. </th <th></th> <th></th> <th colspan="3">BREAKFAST</th> <th colspan="3">LUNCH</th> <th colspan="3">DINNER</th> <th></th> <th></th>			BREAKFAST			LUNCH			DINNER					
Blood Sugar am. <td< td=""><td></td><td>Wake Time</td><td>Fasting</td><td>After</td><td>Medication</td><td>Before</td><td>After</td><td>Medication</td><td>Before</td><td>After</td><td>Medication</td><td>Exercise</td><td>Bedtime</td></td<>		Wake Time	Fasting	After	Medication	Before	After	Medication	Before	After	Medication	Exercise	Bedtime	
Tuesday Blood Sugar a.m. a.m. m.		a.m.											p.m.	
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Thursday a.m. a		a.m.											p.m.	
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Friday a.m.		a.m.											p.m.	
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Saturday a.m.		a.m.											p.m.	
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Sunday a.m. a.m. Image: Sunday Image: Sun		a.m.											p.m.	
Blood Sugar	Additional Notes:													
Blood Sugar							1							
Additional Notes:		a.m.											p.m.	
	Additional Notes:													

