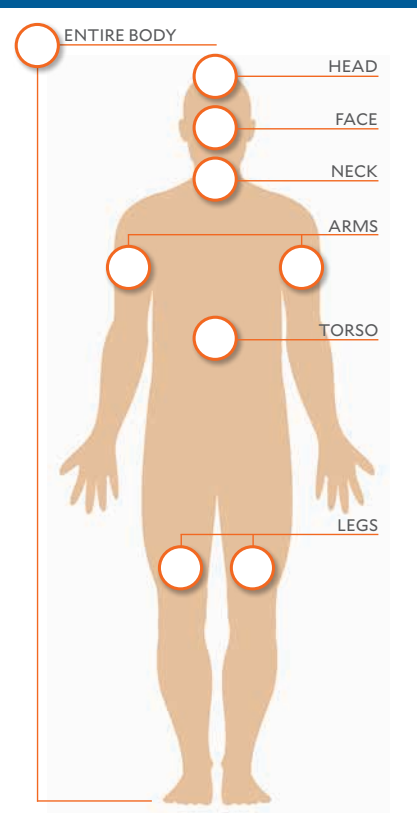


PARKINSON'S DISEASE WITH DYSKINESIA

Is Dyskinesia impacting your life?

Parkinson's disease-related dyskinesia consists of jerky, unintentional, and uncontrollable movements. These symptoms can occur throughout your body or specifically affect your head, face, neck, torso, arms or legs. Dyskinesia has been associated with the Parkinson's disease medication levodopa. Dyskinesia can worsen due to stress, a change in your medication dosage, or the decreasing effectiveness of your medication. To better understand how dyskinesia may be affecting your quality of life, you will need to share symptom information with your doctor. Bring a friend or loved one to your appointment so they can help you communicate with your doctor. With these tools, you will be able to have a more productive conversation with your doctor, which will help him/her determine the right treatment options for you.

I am experiencing symptoms—that is, unintended, uncontrolled movements—in the following areas of my body:



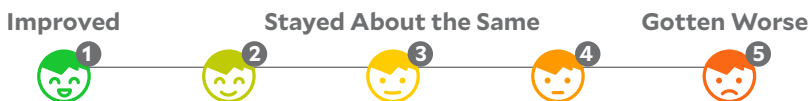
This is how I would best describe my symptoms:

(Check all that apply)

- Fidgety
- Head bobbing
- Involuntary
- Writhing
- Uncontrolled
- Rocking back and forth
- Jerky
- Twisting
- Sudden

On a scale of 1 to 5, since my last visit my symptoms have:

(Circle on scale below)



I experience symptoms of dyskinesia _____ times per day/week. These are the symptoms I have most frequently:



These are the ways in which my symptoms have affected my life:

- I cannot participate in activities I used to enjoy
- I have challenges at work and home due to tremors and other symptoms
- At times I spill things while eating
- I've changed my daily routines because my symptoms make it hard for me to keep up
- It is hard to participate in social events and at times makes me feel embarrassed
- I fear I'm becoming more dependent on others
- Other: _____

On a scale of 1 to 5, my painful unintentional/uncontrolled movements have:

(Circle on scale below)



On a scale of 1 to 5, my stress level has:

(Circle on scale below)



What treatment options are available for me? What are the possible side effects of these treatments? _____

How can we track my progress on this treatment? How soon will I see benefits from this treatment? _____

How should I prepare for my next appointment? _____

Sources: EPDA.eu.comNIH.gov; parkinson.org; www.michaeljfox.org

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