

Indicative Nutritional Information

Code: Rose Blush

Date: 1-Jan-2023

Supersedes: -

Name	Rose Blush
Producer	Olam Cocoa BV
	Stationsstraat 76, 1541LJ Koog aan de Zaan, The Netherlands
	Veerdijk 18, 1531MS Wormer, The Netherlands

Main components

Total Fat	0,5 g/100g	Minerals	Calcium	170,0 mg/100g
Moisture	4,0 g/100g		Chloride	11,0 mg/100g
Protein	24,7 g/100g		Magnesium	620,0 mg/100g
Total carbohydrates*	54,7 g/100g		Phosphorous	790,0 mg/100g
Theobromine	2,4 g/100g		Potassium	5600,0 mg/100g
Caffeine	0,2 g/100g		Sodium	34,0 mg/100g
Ash	13,5 g/100g		Iron	39,0 mg/100g
			Zinc	8,0 mg/100g
			Copper	4,0 mg/100g

Fat

Saturated fat	0,3 g/100g	Vitamins	Vitamin A	<50 IU/100g
Mono-unsaturated fat	0,2 g/100g		Vitamin B1 (thiamine)	0,1 mg/100g
Poly-unsaturated fat	0,0 g/100g		Vitamin B2 (riboflavin)	0,3 mg/100g
Trans fat	<0,01 g/100g		Vitamin B3 (niacin)	2,2 mg/100g
Cholesterol	<1 mg/100g		Vitamin B5 (pantothenic acid)	1,7 mg/100g
			Vitamin C	<0,1 mg/100g
			Vitamin D	<0,05 µg/100g
			Vitamin E	0,2 IU/100g

Carbohydrates

Dietary Fiber	36,0 g/100g	Energy**	Energy	202 kcal/100g
- Soluble fiber	6,0 g/100g		Energy from fat	5 kcal/100g
- Insoluble fiber	30,0 g/100g			
Starch	12,9 g/100g			
Organic Acid	4,5 g/100g			
Sugars	1,1 g/100g			
- Added sugars	0,0 g/100g			

* Total carbohydrates are defined here as 100 – (fat + moisture + protein + theobromine + caffeine + ash)

** Energy calculated according to USDA handbook 74 (revised).

Caloric values: 9 kcal/g for fat; 4 kcal/g for protein and carbohydrates less the amount of insoluble fiber

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