

LEADTHROUGH APA2026

AUGUST 6-8 | WASHINGTON, DC + VIRTUAL

DIVISION 1 PROGRAM

**On Becoming a General Psychologist:
One Profession, Many Pathways**

The mission of Div. 1 (The Society for General Psychology & Interdisciplinary Inquiry) is to promote the creation of coherence among psychology's diverse evidence-based specialties, other scientific disciplines, and the humanities.

This year's Division 1 theme, "**On Becoming a General Psychologist**", encourages psychologists to see connections across the field, integrate evidence from multiple subfields, and build broader frameworks for understanding human experience. Our sessions and events reflect our commitment to promoting synthesis, interdisciplinary inquiry, and new ways of strengthening psychology as a unified yet diverse discipline.



THE SOCIETY FOR
**General Psychology
& Interdisciplinary Inquiry**

APA DIVISION 1

Walter E. Washington Convention
Center



801 Allen Y. Lew Place NW
Washington, DC 20001

Marriott Marquis
901 Massachusetts Ave NW,
Washington, DC 20001

Thursday, August 6



ROOM: 102 B
Walter E. Washington
Convention Center

Thursday, 10:00–11:00 am



CULTURE, BIOLOGY, AND THE EMERGING DILEMMAS OF MODERN ADULTHOOD

Presenters: Jeffrey J. Arnett & Roy F. Baumeister

This session will be an integrative multidisciplinary discussion of how biology and culture interact to influence human development across history. The discussion will focus on the cultural basis of life stages (especially emerging adulthood) and the psychological basis of the recent decline in fertility rates worldwide. The session will give clinicians and educators insights into the societal forces contributing to the later entry to adulthood today, and will explore insights into the psychological and societal contributors to declining fertility rates.

ROOM: 143 B
Walter E. Washington
Convention Center

Thursday, 10:00–11:00 am

THE MULTIDIMENSIONAL SELF AT THE BRAIN-BODY-MIND INTERFACE

Presenter: Sharon Vaisvaser

This session bridges neuroscience and psychology, illuminating the neural underpinnings of the self. It conceptualizes the self as multidimensional, comprising bodily, spatio-temporal, and mental dimensions, supported by network dynamics and predictive processing mechanisms. Drawing on neuroscientific, phenomenological, and clinical perspectives, it elucidates psychopathological disruptions and psychotherapeutic neuroplastic processes underlying self-integration.

Thursday, August 6

Follow us on [LinkedIn](#) & [Facebook](#)

ROOM: Hall D, Level
2 Solutions Center,
Walter E. Washington
Convention Center

Thursday, 11:30am–12:30pm

DIVISION 1 POSTER SESSION 1

ROOM: Ballroom A &B,
Level 3
Walter E. Washington
Convention Center

Thursday, 1:00–2:00 pm



AI THERAPISTS, FRIENDS, AND ASSISTANTS: UNDERSTANDING AI ACROSS DISCIPLINES

Presenters: Linda Lin, Clare M. Mehta, & Mara L. Bolis

In this critical conversation, three different disciplinary lenses (clinical, social/developmental, and industrial/organizational psychology) are used to examine how AI is being applied in therapy, social relationships, and work productivity. We will consider how insights from diverse fields can inform our understanding of the implications of AI use across psychological disciplines.

ROOM: Archives
Level 4,
Marriott Marquis

Thursday, 2:15–3:15 pm

DIVISION 1 Letter Writing Event

Visit the Letter Writing Station to write a note of encouragement, advice, or gratitude - or pick up a handwritten note to take home as a keepsake from the convention. While you're there, enter our raffle for books written by or inspired by Division 1 members.

Thursday, August 6

ROOM: 202 B
Walter E. Washington
Convention Center

Thursday, 2:30–3:30 Pm



GENERATIVE AI AND MENTAL HEALTH: IMPLICATIONS ACROSS DISCIPLINES

Presenter: Michael Gasior

The proliferation of generative AI chatbots, such as ChatGPT, has led many people to use them for emotional and mental health support. This Critical Conversation synthesizes current evidence on the growing chatbot-as-therapist phenomenon and facilitates interdisciplinary dialogue on its implications for psychological theory, research, and practice. Participants will leave this session with broad knowledge of the current landscape of the use cases for generative AI as well as a nuanced understanding of the major ethical and safety concerns related to chatbot use in psychological contexts.

ROOM: 145 B
Walter E. Washington
Convention Center

Thursday, 4:00–5:00pm

80 YEARS LATER: WHY IS DIVISION ONE SO IMPORTANT?

Presenters: Harold Takooshian, Mindy J. Erchul, & Jeffery S. Mio

Discussant: Emily Keener

In this panel, four experts briefly review the past, present, and likely future of Division One on its 80th anniversary.

Presentation 1: THE REMARKABLE ORIGINS OF DIVISION ONE. By Harold Takooshian

Presentation 2: WHY IS DIVISION ONE STILL KEY? By Mindy J. Erchul

Presentation 3: DIVISION ONE'S ROLE IN THE FUTURE OF PSYCHOLOGY. By Jeffery S. Mio

ROOM: Salon 16
Level 2,
Marriott Marquis

Thursday, 7:00–9:00pm

DIVISION 1 EXECUTIVE COMMITTEE MEETING (EC Members Only)

Friday, August 7



ROOM: 102 B
Walter E. Washington
Convention Center

Friday, 8:30–9:30 am



INDIVIDUAL AND COLLECTIVE RESILIENCE DURING POLYTRAUMA: CAN PSYCHOLOGY HELP?

Presenters: Sherry Hamby & Chiara Sabina

The world is in the midst of polytraumas—multiple interconnecting adversities happening at once. Psychology runs the risk of focusing too much on individuals in a time of considerable community crises. This session will discuss connections and tensions between individual and community resilience and identify ways to move forward.

ROOM: Archives
Level 4,
Marriott Marquis

Friday, 10:00–11:00am

DIVISION 1 MEET WITH EC

Meet members of the Executive Committee to learn about ways to get involved in Division 1, connect with fellow members, and discover opportunities and benefits available throughout your career. Stop by to ask questions, meet new colleagues, enjoy light refreshments, and find your place in the Division 1 community.

ROOM: Hall D,
Solutions Center,
Walter E. Washington
Convention Center

Friday, 11:30am–12:30pm

DIVISION 1 POSTER SESSION 2

ROOM: 150B
Walter E. Washington
Convention Center

Friday, 1:00–2:00 pm

DIVISION 1 PRESIDENTIAL ADDRESS

HOW I BECAME A GENERAL PSYCHOLOGIST: INTERSECTIONALITY AND CAREER DEVELOPMENT

Presenter: Jeffery S. Mio

ROOM: 150B
Walter E. Washington
Convention Center

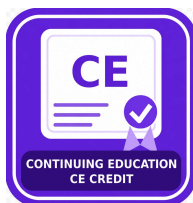
Friday, 2:30–3:30 pm

DIVISION 1 BUSINESS MEETING

The Division 1 Business Meeting will include updates from the Treasurer, discussion of by-laws, award announcements, recognition through presidential certificates, and the transition from the current president to the incoming president.

ROOM: 150 B
Walter E. Washington
Convention Center

Friday, 4:00-5:00 pm



DIVISION 1 WILLIAM JAMES BOOK AWARD, GEORGE A. MILLER AWARD, ERNEST R. HILGARD LIFETIME ACHIEVEMENT AWARD

Presenters: Robert L. Johnson, Phillip L. Hammack, & Roy F. Baumeister

The William James Award Address:

Psychology According to Shakespeare. By Robert L. Johnson

The George A. Miller Award Address:

Sexual & Gender Diversity in 21st Century America: Social Technologies & Stories of Authenticity By Phillip L. Hammack

The Ernest R. Hilgard Lifetime Achievement Award Address:

A Generalist's Take on the Human Mind: By Nature, for Culture. By Roy F. Baumeister

ROOM: Archives
Level 4,
Marriott Marquis

Friday, 5:30–7:30 pm

DIVISION 1 SOCIAL HOUR

Join us for an informal gathering to reconnect with colleagues, meet new members, celebrate the Division's work, and enjoy conversation across career stages in a relaxed and welcoming setting.

Saturday, August 8

Follow us on [LinkedIn](#) &
[Facebook](#)

ROOM: Archives
Level 4,
Marriott Marquis

Saturday, 8:00–9:00am

DIVISION 1 FELLOWS' BREAKFAST

Virtual Posters

DIVISION 1 VIRTUAL POSTER SESSION

Explore Division 1's virtual posters to discover new research, innovative ideas, and emerging conversations across psychology. Be sure to check them out and support the scholars sharing their work!

Thursday, August 06

Division 1 sessions and events

Culture, Biology, and the Emerging Dilemmas of Modern Adulthood

10:00 AM – 11:00 AM

Room: 102B, Convention Center

The Multidimensional Self at the Brain–Body–Mind Interface

10:00 AM – 11:00 AM

Room: 143B, Convention Center

In-Person Posters 1

11:30 AM – 12:30 PM

Hall D, Solutions Center, Convention Center

AI Therapists, Friends, and Assistants: Understanding AI Across Disciplines

1:00 PM – 2:00 PM

Ballroom A and B, Convention Center

Letter-Writing Session

2:15 PM – 3:15 PM

Room: Archives, Level 4, Marriott Marquis

Generative AI and Mental Health: Implications Across Disciplines

2:30 PM – 3:30 PM

Room: 202B, Convention Center

80 Years Later: Why is Division One so important?

4:00 PM – 5:00 PM

Room: 145B, Convention Center

Division 1 Executive Committee Meeting

7:00 PM – 9:00 PM

Room: Salon 17, Level 2, Marriott Marquis

Friday, August 07

Division 1 sessions and events

Individual & Collective Resilience During Polytrauma: Can Psychology Help?

8:30 AM – 9:30 AM

Room: 102B

Meet with EC

10:00 AM – 11:00 AM

Room: Archives, Level 4, Marriott Marquis

In-Person Posters 2

11:30 AM – 12:30 PM

Hall D, Solutions Center, Posters

Div 1 Presidential Address

1:00 PM – 2:00 PM

Room: 150B

Division 1 Business Meeting

2:30 PM – 3:30 PM

Room: 150B

Div 1 William James Book Award, George A. Miller Award, Ernest R. Hilgard Lifetime Achievement Award

4:00 PM – 5:00 PM

Room: 150B

Division 1 Social Hour

5:30 PM – 7:30 PM

Room: Archives, Level 4, Marriott Marquis

Saturday, August 08

Division 1 sessions and events

Fellows' Breakfast

8:00 AM -9:00 AM

Room: Archives, Level 4, Marriott Marquis

Virtual Posters

1:00 PM – 11:00 PM

Room: Virtual Posters

The APA InterDivisional Animal Summit

The next APA Summit takes place on August 6-8, 2026 at the American Psychological Association Convention in Washington, DC, and is hosted by APA Division 6 (Society for Behavioral Neuroscience and Comparative Psychology).



Join Us for the APA Animal Summit Friday, August 7, 1:00 pm EDT – Division 6

The APA Animal Summit poster session and networking meeting at the APA Convention highlights the impact of human interactions with animals in psychology within areas of research, practice, and teaching. The purpose of the APA Animal Summit is to facilitate the exchange, application, and dissemination of scientific information about interactions between humans and animals in psychology.

The 2026 APA Animal Summit is Supported by 18 Divisions

The 2026 Animal Summit is hosted by Division 6 (Society for Behavioral Neuroscience and Comparative Psychology) with support from Division 1 (Society for General Psychology and Interdisciplinary Inquiry), Division 2 (Society for the Teaching of Psychology), Division 3 (Society for Experimental Psychology and Cognitive Science), Division 7 (Developmental Psychology), Division 9 (Society for the Psychological Study of Social Issues), Division 20 (Adult Development and Aging), Division 21 (Applied Experimental and Engineering Psychology), Division 22 (Rehabilitation Psychology), Division 24 (Society for Theoretical and Philosophical Psychology), Division 25 (Behavior Analysis), Division 28 (Society for Psychopharmacology and Substance Use), Division 32 (Society for Humanistic Psychology), Division 33 (Intellectual and Developmental Disabilities/Autism Spectrum Disorder), Division 34 (Society for Environmental, Population and Conservation Psychology), Division 35 (Society for the Psychology of Women), Division 41 (American Psychology-Law Society),

Example topics and issues: companion animals; animal interactions in psychotherapy and human services; service animals; emotional support animals; pet loss and grief; violence between people and animals; social attitudes towards animals; co-sheltering; comparative psychology; animals in human work, sport, and recreation; human-animal conflict; ethical issues in human-animal interactions; justice, rights, and legal issues; One Health; ecopsychology.

APA 2026 Animal Summit Co-Chairs: Grant Rich, Harold Takooshian, Nina Ekholm Fry, Scott Churchill, and Holly Hargreaves-Cormany. For more information, please contact Nina Ekholm Fry, nina.ekholm-fry@du.edu