

# PRACTICAL TIPS FOR FUTURE DOCTORS



*"In medical school, studying is a lifestyle. However, this lifestyle doesn't just involve reading books, attending lectures, and sitting exams. You also need to ensure that all the other aspects of your life work for you, too."*

...You will need to **take care of all aspects of your health**, which means:



Source: *Student Success in Medical School*  
by Raman Mehrzad

Available in print and on **ClinicalKey** Student

