Tips for women — and everyone else
What I’ve found useful throughout my tech career
By Joyce Stack | Application Architect, Elsevier

Don’t be shy about your goals ...
If you have aspirations about your career — ask for that job or promotion or pay raise.

Ask for what you want.
The worst they can do is say no — but maybe they’ll say yes!

Before you call out others
If you’re not getting what you want from your colleagues, take a look at your own behavior.

Check yourself.
Remember, when you point a finger, there are three pointing back at you.

Don’t suffer in silence ...
Often people hesitate to express their feelings at work.

Learn how to give assertive feedback.
Use an assertive feedback template to lay out your observations and feelings constructively.

Understand your values ...
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1. Define what each value means to you.
2. Reveal what you gain from it.
3. Indicate where it turns up in your work.

Then craft a personal mission statement.

Don’t focus on what success means to others ...
It’s easy to define success in terms of what others want. But that may not work for you.

Ask yourself what success means to you.
Step back and take a holistic approach. What’s truly meaningful to you?

1. Sample template: verywellmind.com/learn-assertive-communication-in-five-simple-steps-3144969
2. I used Dr Brené Brown’s List of Values: brenebrown.com/resources/download-a-list-of-values

Read the full story: https://datasciencer.co/ career-tips-for-women