



Revised INC curriculum structure

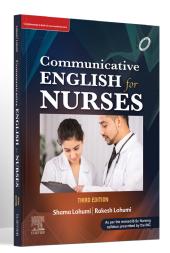
I Semester

- 1. Communicative English
- 2. Applied Anatomy
- 3. Applied Physiology
- 4. Applied Sociology
- 5. Applied Psychology
- 6. Nursing Foundation I

II Semester

- 1. Applied Biochemistry
- 2. Applied Nutrition & Dietetics
- 3. Nursing Foundation II
- 4. Health/Nursing Informatics & Technology

COMMUNICATIVE ENGLISH



Communicative English for Nurses, 3rd Edition

By Shama Lohumi

ISBN: 9788131263754 | Pub Year: 2021 | INR 535.00

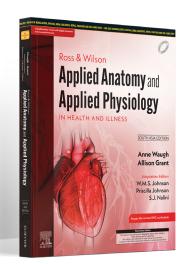
Based on new INC Syllabus

Complimentary e-book with digital resources available on www.medenact.com

KEY FEATURES

- Comprehensive, exhaustive and well-structured coverage.
- Ample number of examples, tables and other learning aids.
- Essential elements like nursing reports, records, etc., discussed, analysed and exemplified.
- Examples from real-life health care communications provided.
- Exhaustive end-of-chapter exercises with solutions.
- Significant change in syllabus as per International English Language Testing system.
- New Units on Communication and Errors in Communication.

APPLIED ANATOMY & PHYSIOLOGY ►



Ross and Wilson Applied Anatomy and Applied Physiology in Health and Illness, First South Asia Edition

By Anne Waugh & Allison Grant

ISBN: 9788131267257 | Pub Year: 2022 | INR 1725.00

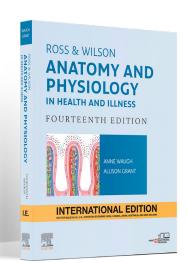
Based on new INC Syllabus

Complimentary e-book with digital resources at www.medenact.com

- √ 120 animations
- ✓ Unique Body-Spectrum coloring and self-test software,
- ✓ Case studies
- ✓ Self-assessment questions

- The South Asia Edition includes global as well as additional content as per regional perspective based on revised INC Curriculum.
- Not available in any other book! Nursing application and implications added as per regional context.
- Clear and easy to read suitable for students new to the area and anyone whose first language is not English.
- Hundreds of illustrations and images to make learning impactful.
- Effective learning features such as Learning Outcomes boxes, color coding and orientation icons to facilitate navigation.
- Definitions of common prefixes, suffixes and roots, examples, glossary and an appendix of normal biological values.
- Self-assessment activities in each chapter, including 'spot check' questions for each section and case studies with answers to develop understanding of key principles.





Ross and Wilson Anatomy and Physiology in Health and Illness, International Edition, 14th Edition

By Anne Waugh & Allison Grant

ISBN: 9780323834612 | Pub Year: 2022 | INR 1725.00

Available in Print + Electronic Package

KEY FEATURES

- Clear and easy to read suitable for all students including those new to the area and anyone whose first language is not English.
- Hundreds of stunning illustrations and images to support and improve your understanding of the text.
- Helpful learning features such as Learning Outcomes boxes, colour coding and orientation icons to facilitate navigation.
- Definitions of common prefixes, suffixes and roots, glossary and an appendix of normal biological values.
- Self-assessment activities in each chapter, including 'spot check' questions for each section and case studies with answers to develop understanding of key principles.



By Nachiket Shankar & Mario Vaz

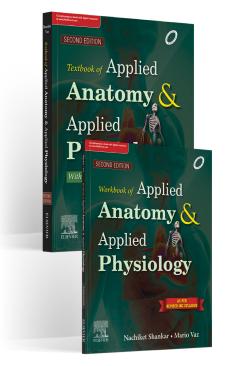
Based on new INC Syllabus

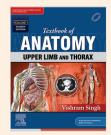
ISBN: 9788131265901 | Pub Year: 2021 | INR 1050.00

Complimentary e-book with digital resources available on www.medenact.com



- Glossary of important terms helps the student come to grips with medical nomenclature and vocabulary.
- Lucid main text facilitates easy grasp of the complex concepts of anatomy and physiology.
- This edition contains added diagrams and tables and extensive revisions to the text to include additional relevant topics and increased clinical applications.
- Applications in nursing are provided at the end of each chapter.
- In Physiology, most sections have an added dedicated chapter on clinical applications for the whole system. This chapter also incorporates case studies, proposed hospital visits that will enhance early clinical exposure, and suggestions for self-directed learning.
- The book is accompanied by a workbook which has short questions for rapid review, and short and long essay questions to help students with revision.
- The book will also be useful for students enrolled in Allied Health Science courses.

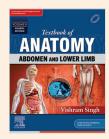




Textbook of Anatomy: Upper Limb and Thorax, 4th Edition, Vol-1

Singh

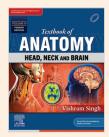
ISBN: **9788131264812** Pub Year: **2023** | **INR 950.00**



Textbook of Anatomy: Abdomen and Lower Limb, Vol 2, 4th Edition

Singh

ISBN: **9788131264836** Pub Year: **2023** | **INR 990.00**



Textbook of Anatomy: Head, Neck and Brain, Vol 3, 4th Edition

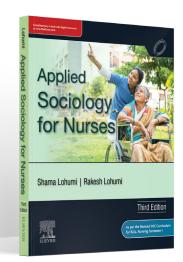
Singh

ISBN: **9788131264850** Pub Year: **2020** | **INR 950.00**





APPLIED SOCIOLOGY



Applied Sociology for Nurses, 3rd Edition

Based on new INC Syllabus

By Shama Lohumi, Rakesh Lohumi

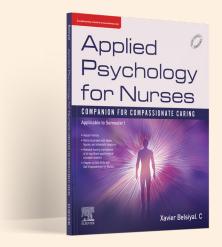
ISBN: 9788131266021 | Pub Year: 2022 | INR 535.00

Complimentary e-book with digital resources at www.medenact.com

KEY FEATURES

- Written with a view to fulfilling the curricular needs of student nurses as per the revised INC Curriculum.
- A new section on Clinical Sociology (Unit VIII, comprising 3 chapters), as per the new syllabus, added.
- Includes substantially new approaches/aspects on various aspects.
- Covers latest events like social fallout of COVID-19 pandemic and the law banning triple talaq.
- Contains short answer and long answer exam-oriented questions at the end of chapters.
- Additional multiple-choice questions to help students have a firm grasp on the subject.

APPLIED PSYCHOLOGY ►



Applied Psychology for Nurses, Companion for Compassionate Caring, 1st Edition

By Xavier Belsiyal. C

ISBN: 9788131266366 | Pub Year: 2023 | INR 535.00

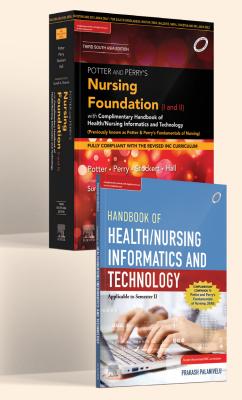
Based on new INC Syllabus

Complimentary e-book available on www.medenact.com

- Comprehensive, learner centered, assessment driven approach that maximizes the student engagement and enables educators to keep students on track.
- Essential elements of applied psychology in everyday issues relating to human behaviour, such as those involving health, the workplace, or education, are covered in depth.
- Topics such as different psychological theories, the body-mind connection, personality changes, different learning styles, emotional intelligence, resilience building, and stress management are interesting to learn.
- Notes on habit formation, memorization methods, abnormalities of cognitive processes and its testing are all covered in great detail.
- Excellent integration of text using clinical anecdotes and case scenarios included wherever necessary.
- Complies with the current examination format by including long essays, short essays, and multiple-choice questions for each chapter.



NURSING FOUNDATION



Potter and Perry's Nursing Foundation (I and II), 3SAE with Complimentary Handbook of Health/ Nursing Informatics and Technology, 1e

By Suresh Sharma and Prakash Palanivelu

ISBN: 9788131268186 | Pub Year: 2023 | INR 2375.00

Based on new INC Syllabus

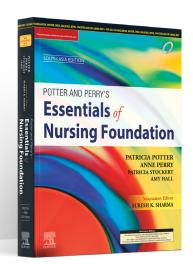
Digital resources available - Teach for Nurses Lesson Plan: PowerPoint Lecture Slides, Image Collection, Answers to QSEN Activity and Review Questions, Content Updates

KEY FEATURES

- Provides about 50 Nursing Skills including clear step-by-step instructions with close-up photos, illustrations, and rationales.
- Clinical framework guidelines are presented using the 5-Step Nursing Process.
- Nursing Care Plans and Concept Maps helps to connect with patient's medical problem and your plan of care.
- Local photographs and content added to provide regional look and feel.
- Historical background and development of nursing, existing nursing education, and nursing cadre in India.
- Revised and updated details of Indian health care policies and procedures, e.g. Indian National Health Policy 2017, Code of Ethics for Nurses in India, medicolegal issues in health care in India, and biomedical waste management guidelines.
- Primary prevention of communicable diseases, new topics, appendixes added.

WHAT'S NEW

Includes complimentary Handbook of Health/ Nursing Informatics and Technology.



Potter & Perry's Essentials of Nursing Foundation, First South Asia Edition

By Suresh K. Sharma

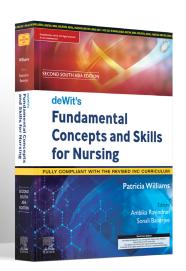
ISBN: **9788131257807** | Pub Year: **2021** | **INR 1310.00**

Based on new INC Syllabus

Complimentary e-book available on www.medenact.com

- Most Lucid: Content is very simple for non-English speaking Indian students.
- Indian Student Friendly: Exactly as per syllabus prescribed by INC for diploma and BSc (Nursing) courses. It has improved layout, designs, and presentation through addition of images and illustrations.
- There is inclusion of region-specific content, such as:
 - 1. Nursing education, nursing cadres, registration, licensing, Indian medico-legal laws, health care delivery system, new trends of nursing in India.
 - 2. Updated detailed history of nursing in India.
 - 3. Major recent health policies in India, such as National Health Policy, 2017, and Biomedical Waste Management rules, 2016, and
 - 4. Code of Ethics for Nurses in India
- Additional Chapters: i) Hospital admission and discharge; ii) Equipment and linen; iii)
 Diagnostic testing and iv) First aid and emergencies.





deWit's Fundamental Concepts and Skills for Nursing, 2nd Edition

By Ambika Ravindran, Sonali Banerjee

Based on new INC Syllabus

ISBN: 9788131256459 | Pub Year: 2022 | INR 1465.00

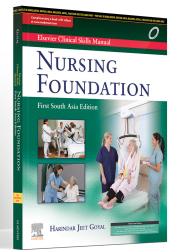
Complimentary e-book with digital resources at www.medenact.com

EXCLUSIVE FEATURES OF THE BOOK

- Discusses more than 80 essential skills and around 30 petite forms of skills with step-bystep format supported with coloured illustrations along with action/rationale format.
- Includes nursing process framework featuring the application of the nursing process and nursing care plans, reinforcing its application in the clinical setting.
- More than 20 Nursing Care Plans illustrating each step of the nursing process.
- Includes Concept Maps that help students visualise concepts addressed in the text.

FEATURES OF THE SOUTH ASIA EDITION

- Highlights the historic growth of Nursing in India.
- Covers updated information relevant to the Indian context.
- Information pertinent to COVID 19 pandemic is also included appropriately.
- Explains modern healthcare and the unique three-tier model of healthcare delivery system in India.
- New chapter on First Aid and Emergencies with emphasis on enabling the young students to easily learn the various concepts, techniques and measures of first aid with illustrations.
- Carefully designed content serving as a guide for the teachers as well.



Elsevier Clinical Skills Manual Nursing Foundation, First South Asia Edition

By Harindar Jeet Goyal

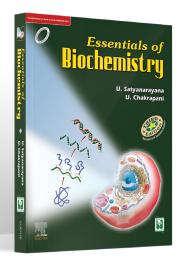
ISBN: 9788131254318 | Pub Year: 2020 | INR 745.00

Complimentary e-book with videos related to the procedures available on www.medenact.com

- Providing variety of settings for expert and efficient patient care.
- Fully compliant with the new syllabus prescribed by the Indian Nursing Council (INC).
- Organized in a globally recognized sequence and systematically framed to augment dexterity.
- Elucidates concise text with clear and simple terminologies.
- Content richly supported by figures and tables.
- Provides an enhanced lucidity of the content.
- Chapter content presented under heads like Overview, Supplies, Patient and Family Education, Assessment and Preparation, Procedure, Monitoring and Care, Expected and Unexpected Outcomes, and Documentation.
- Contains Paediatric, Gerontological and Home Care considerations wherever appropriate.



APPLIED BIOCHEMISTRY ►



Essentials of Biochemistry, 3rd Revised & Updated Edition

By U. Satyanarayana and U. Chakrapani

ISBN: 9788131264973 | Pub Year: 2021 | INR 995.00

Complimentary e-book available on www.medenact.com

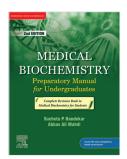
KEY FEATURES

- Serves as a Textbook of Biochemistry for the students of Dental, Pharmacy, Physiotherapy, Nursing, Homeopathy, Ayurveda, Medical Laboratory Technology, Veterinary, Agriculture, Biotechnology, Home Science, Microbiology, Genetics and other Biosciences.
- This book is written in a lucid style with the subject being at present as an engaging story growing from elementary information to the most recent advances, and with theoretical discussions being supplemented with illustrations, tables, medical concepts/clinical correlates and case studies for easy and the standing of Biochemistry.
- Contains medically/clinically oriented biochemistry with inputs from MD (Biochemistry) and MD (General Medicine) Professors.
- Has essence of the subject in a nutshell for a quick review by all categories of students (including Medical), learning biochemistry.
- Is a boon to students afraid of complicated structures, since it gives complete information and most recent advances in Biochemistry with minimal and essential structures.
- Describes a wide variety of case studies (40) with medical correlations. The case studies
 are listed at the end of relevant chapters for immediate reference, quick review and better
 understanding of Biochemistry.



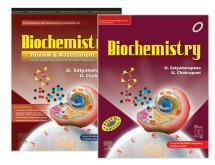
Textbook of Medical Biochemistry, 5e

Puri | ISBN: **9788131264898** Pub Year: **2022** | **INR 1755.00**



Medical Biochemistry: Preparatory Manual for Undergraduates, 2e

Dandekar | ISBN: **9788131261507** Pub Year: **2021** | **INR 930.00**



Biochemistry, 6e + Biochemistry Review & Assessment, 1e Includes MCQs, Clinical Case Studies, Viva/Short Questions

Satyanarayana | ISBN: **9788131269411** Pub Year: **2023** | **INR 1825.00**



Textbook of Medical Biochemistry, First Hindi Edition (Revised and Updated Edition)

Puri | ISBN: **9788131267547** Pub Year: **2022** | **INR 995.00**

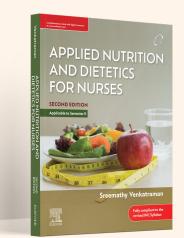


Textbook of Medical Biochemistry, Vol II First Hindi Edition (Revised and Updated Edition)

Puri | ISBN: **9788131267554** Pub Year: **2022** | **INR 995.00**



APPLIED NUTRITION & DIETETICS



Applied Nutrition and Dietetics for Nurses, 2nd Edition

By Sreemathy Venkatraman

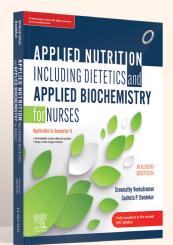
ISBN: 9788131266380 | Pub Year: 2023 | INR 580.00

Based on new INC Syllabus

Complimentary e-book available on www.medenact.com

NEW TO THIS EDITION

- Significant content enhancement and re-organization to ensure completeness and renewed focus on application-based learning.
- New chapters have been added on Nutritional Deficiency Disorders; and Food Safety as per the revised INC curriculum.
- Applied nutrition aspects aims the promotion of healthy eating and prevention of nutritional-related diseases.
- Past years solved question papers help students to prepare for examinations and write the correct answers to the questions asked.
- Nurses role in maintaining nutritional needs of patients added.



Applied Nutrition including Dietetics & Applied Biochemistry For Nurses, 4th Edition

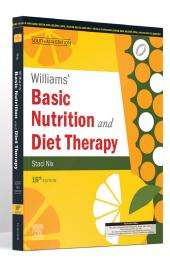
By Sreemathy Venkatraman, Sucheta P. Dandekar

ISBN: 9788131268261 | Pub Year: 2023 | INR 825.00

Complimentary e-book & digital resources available on www.medenact.com

- This book provides nutrition concepts in an easy and clear manner with appropriate diagrams and figures that are easy to understand.
- Significant content enhancement and re-organization to ensure completeness and renewed focus on application-based learning and on recent trends in Clinical Biochemistry.
- New chapters have been added on Nutritional Deficiency Disorders; and Food Safety as per the revised INC curriculum.
- Applied nutrition aspects aims the promotion of healthy eating and prevention of nutritionalrelated diseases.
- Nurses role in maintaining nutritional needs of patients added.
- Chapters on Carbohydrates and Energy; Balanced Diet; and Therapeutic Diet have been revised thoroughly.
- Coverage of eating a balanced diet for different age groups by quick calculation of nutrients.
- Set of four-colour pictures at the back of book is riveting that holds the attention of readers' completely.





Williams' Basic Nutrition and Diet Therapy, 16th Edition, South Asia Edition

By Staci Nix

ISBN: 9788131262894 | Pub Year: 2021 | INR 1680.00

The text is divided into four parts: an introduction to the basic principles of nutrition science, human growth and development needs, community nutrition, and clinical nutrition.

KEY FEATURES

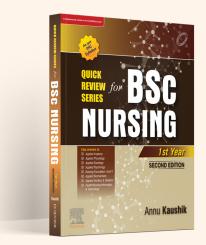
- Case studies with accompanying questions for analysis in the clinical care chapters focus your attention on related patient care problems.
- Cultural Considerations boxes discuss how a patient's culture can affect nutritional concepts in practice.
- Clinical Applications and For Further Focus boxes highlight timely topics and analyze concepts and trends in depth.
- Bulleted chapter summaries review highlights from the chapter.
- Diet therapy guidelines include recommendations, restrictions, and sample diets for major clinical conditions.
- Drug-Nutrient Interactions boxes highlight important safety information and cover topics such
 as nutritional supplements for athletics, drugs interfering with vitamin absorption, and overthe-counter weight loss aids.
- Key terms and definitions clarify terminology and concepts critical to your understanding and application of the material.

WHAT'S NEW

- NEW! Easy-to-follow writing style utilizes a more lively and direct conversation tone to make material easier to understand.
- NEW! Updated references reflect the studies and statistics published in the most current scientific literature.
- NEW! Incorporation of the new Nutrition Care Process model grounds you in the systematic approach to providing high-quality nutrition care with regard to nutrition assessment, diagnosis, intervention, and evaluation.



OUICK REVIEW & DICTIONARY



Quick Review Series for B.Sc. Nursing: 1st Year, 2nd Edition

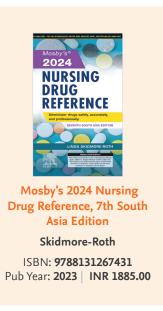
By Annu Kaushik

ISBN: 9788131265567 | Pub Year: 2023 | INR 1185.00

Complimentary e-book available on www.medenact.com

KEY FEATURES

- Content presented in well-classified sections.
- Compliant to the revised INC Curriculum.
- All question types asked in the University exams are addressed: Long essays, Short essays and Short notes.
- Clearly describes how to attempt a question in the exam.
- Suitable number of tables and flow charts according to the need of the questions.
- Reproducible diagrams in Anatomy and Physiology sections.

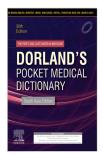




Bailliere's Dictionary for Nurses and Health Care Workers: Second SAE

Kaushik

ISBN: **9788131256411** Pub Year: **2019** | **INR 495.00**



Dorland's Pocket Medical Dictionary, 30e, SAE

Dorland

ISBN: **9788131256886** Pub Year: **2019** | **INR 975.00**

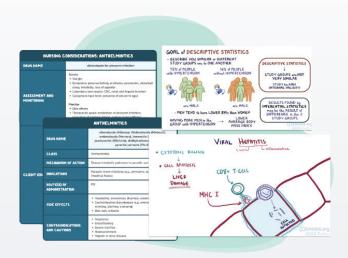






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