

Elsevier mini-cases Dermatology

Dermatitis Herpetiformis is associated with:

- A) Asthma
- B) Atopy
- C) Herpes Simplex
- D) Herpes Zoster
- E) Coeliac disease

Answer:

MCQ / ClinicalKey AnswerCard

Dermatitis Herpetiformis (DH) is an autoimmune inflammatory skin condition, normally presenting initially with acute pruritis, evolving to a blistering, papulovesicular rash, typically on the extensor surfaced. There is a strong association to inflammation of the bowel, up to 25% of patients have a diagnosis of coeliac disease, and 75% having small bowel changes

Other autoimmune conditions such as SLE, and rheumatoid arthritis have shown an association

As a result, in addition to skin biopsy, investigations mimic those of autoimmune and inflammatory bowel disease.

Whilst management is directed to symptoms in order to reduce pruritis, treatment of DH is solely strict gluten free diet



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