

# Ready to explore?



Quickly check your shoe size in 3 steps!

1

Is the printout correct?  
Compare!  
3 cm



Space for your feet to unroll.

Space for your feet to unroll.

4

If your largest toe touches this line, the new shoe fits perfectly!

3

Position your heel here!

2

Separate this card along the perforated line and put the card against a wall.

This size guide helps you to measure the length of your feet.

Our recommendation:  
If your measurement falls between two sizes, we recommend choosing the smaller size for a narrow foot and the larger one for a wide foot.

Your foot may be wider than the footprint shown. That's all right. The barefoot shoe's width will adapt to the natural shape of the foot.

Check you shoe size regularly.



Find more styles and information here:

