



# Ready to explore?

Quickly check your shoe size in 3 steps!

1

Is the printout correct?  
Compare!  
3 cm



Space for your feet to unroll.

4

If your largest toe touches this line, the new shoe fits perfectly!

Space for your feet to grow.

3

Position your heel here!



2

Separate along the dotted line and put the card against a wall.



This guide helps to measure your shoe size.

If your foot falls between two sizes, we recommend choosing the smaller size for a narrow foot and the larger size for a wider foot.

Your foot may be wider than the footprint shown. That's all right. The barefoot shoe's width will adapt to the natural shape of the foot.



Check you shoe size regularly.



Find more styles and information here:

