



# Ready to explore?

Quickly check your shoe size in 3 steps!

1

Is the printout correct?  
Compare!  
3 cm



Space for  
your feet to  
unroll.

4

If your largest toe  
touches this line, the new  
shoe fits perfectly!

Space for  
your feet  
to grow.

3

Position your  
heel here!

2

Separate along  
the dotted line  
and put the card  
against a wall.

This guide helps to measure  
your shoe size.

If your foot falls between  
two sizes, we recommend  
choosing the smaller size  
for a narrow foot and the  
larger size for a wider foot.

Your foot may be  
wider than the footprint  
shown. That's all right.  
The barefoot shoe's  
width will adapt to the  
natural shape of the foot.

Check you shoe  
size regularly.



Find more styles  
and information here:

