

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
5:00								5:00
6:00								6:00
6:15								6:15
6:30								6:30
6:45								6:45
7:00	<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>					7:00
7:15	<u>5:30AM TO</u>	<u>5:30AM TO</u>	<u>5:30AM TO</u>			<u>GOODLIFE MEMBER SWIM 7:00 to 8:00</u>		7:15
7:30	<u>9:00AM</u>	<u>9:15AM</u>	<u>9:00AM</u>					7:30
7:45								7:45
8:00								8:00
8:15				<u>GOODLIFE MEMBER SWIM</u>				8:15
8:30				<u>5:30 to 12:00</u>				8:30
8:45								8:45
9:00								9:00
9:15		<u>AQUA 9:15AM TO 10:15AM</u>						9:15
9:30								9:30
9:45								9:45
10:00								10:00
10:15	<u>King Swim Learn to swim</u>	<u>Goodlife Wantirna Memberswim</u>	<u>King Swim Learn to swim</u>		<u>GOODLIFE MEMBER SWIM</u>	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	10:15
10:30	<u>9:00 to 12:30</u>	<u>10:15 TO 12:00</u>	<u>9:00 to 12:30</u>		<u>5:30 to 15:30</u>	<u>8:00 to 12:45</u>	<u>8:00to 12:30</u>	10:30
10:45								10:45
11:00								11:00
11:15								11:15
11:30								11:30
11:45								11:45
12:00								12:00
12:15		<u>HYDROTHERAPY 12:00 TO 13:00 kingswim access only</u>		<u>AQUA 12.00 to 13:00</u>				12:15
12:30	<u>AQUA 12:30 TO 13:30</u>							12:30
12:45								12:45
13:00								13:00
13:15								13:15
13:30			<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>				13:30
13:45			<u>12:30 to 15.30pm</u>	<u>13:00 to 15.30pm</u>				13:45
14:00	<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>						14:00
14:15	<u>13:30 TO 15:30</u>	<u>13:00 to 15:30</u>						14:15
14:30								14:30
14:45								14:45
15:00						<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>	15:00
15:15						<u>12:45 to 17:45</u>	<u>12:30 to 16:45</u>	15:15
15:30								15:30
15:45								15:45
16:00								16:00
16:15								16:15
16:30								16:30
16:45					<u>King Swim Learn to swim</u>			16:45
17:00	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	<u>15:30 to 18:30</u>			17:00
17:15	<u>15:30 to 19:45</u>	<u>15:30 to 19:15</u>	<u>15:30 to 19:20</u>	<u>15:30 to 19:45</u>				17:15
17:30								17:30
17:45								17:45
18:00								18:00
18:15								18:15
18:30								18:30
18:45								18:45
19:00								19:00
19:15								19:15
19:30								19:30
19:45	<u>GOODLIFE MEMBER SWIM</u>	<u>AQUA 19:30 to 20:15</u>	<u>AQUA 19:20 to 20:05</u>		<u>GOODLIFE MEMBER SWIM</u>			19:45
20:00	<u>19:45 TO 21:00PM</u>	<u>GOODLIFE MEMBER SWIM 20:15 to 21:00</u>	<u>GOODLIFE MEMBER SWIM 20:05 to 21:00</u>	<u>GOODLIFE MEMBER SWIM</u>	<u>18:30 to 21:00</u>			20:00
20:15				<u>19:45 to 21:00</u>				20:15
20:30								20:30
20:45								20:45
21:00								21:00

GROUP FITNESS TIMETABLE **KINGSWIM NOVEMBER ADJUSTMENTS** kingswim

Saturday	16th November	2 lanes occupied by kingswim	12:45 to 15:30	king Swim Will occupy two lanes during this time, however two lanes will still be available for members.
Monday	25th November	KING SWIM USAGE NO ACCESS TO MEMBERS DURING THIS TIME	13:45 TO 15:00	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Tuesday	26th November	KING SWIM USAGE NO ACCESS TO MEMBERS DURING THIS TIME	13:45 TO 15:00	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Wednesday	27th November	KING SWIM USAGE NO ACCESS TO MEMBERS DURING THIS TIME	13:45 TO 15:00	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Thursday	28th November	KING SWIM USAGE NO ACCESS TO MEMBERS DURING THIS TIME	13:45 TO 15:00	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Friday	29th November	KING SWIM USAGE NO ACCESS TO MEMBERS DURING THIS TIME	13:45 TO 15:00	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS