

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
5:00								5:00
6:00								6:00
6:15								6:15
6:30								6:30
6:45								6:45
7:00	<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>					7:00
7:15	<u>5:30AM TO</u>	<u>5:30AM TO</u>	<u>5:30AM TO</u>			<u>GOODLIFE MEMBER SWIM 7:00 to 8:00</u>		7:15
7:30	<u>9:00AM</u>	<u>9:15AM</u>	<u>9:00AM</u>					7:30
7:45								7:45
8:00								8:00
8:15				<u>GOODLIFE MEMBER SWIM</u>				8:15
8:30				<u>5:30 to 12:00</u>				8:30
8:45								8:45
9:00								9:00
9:15		<u>AQUA 9:15AM TO 10:15AM</u>						9:15
9:30								9:30
9:45								9:45
10:00	<u>King Swim Learn to swim</u>		<u>King Swim Learn to swim</u>		<u>GOODLIFE MEMBER SWIM</u>	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	10:00
10:15	<u>9:00 to 12:30</u>	<u>Goodlife Wantirna Memberswim</u>	<u>9:00 to 12:30</u>		<u>5:30 to 15:30</u>	<u>8:00 to 12:45</u>	<u>8:00to 12:30</u>	10:15
10:30		<u>10:15 TO 12:00</u>						10:30
10:45								10:45
11:00								11:00
11:15								11:15
11:30								11:30
11:45								11:45
12:00		<u>HYDROTHERAPY 12:00 TO 13:00 kingswim access only</u>		<u>AQUA 12:00 to 13:00</u>				12:00
12:15								12:15
12:30	<u>AQUA 12:30 TO 13:30</u>							12:30
12:45								12:45
13:00								13:00
13:15								13:15
13:30			<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>				13:30
13:45	<u>GOODLIFE MEMBER SWIM</u>	<u>GOODLIFE MEMBER SWIM</u>	<u>12:30 to 15.30pm</u>	<u>13:00 to 15.30pm</u>				13:45
14:00	<u>13:30 TO 15:30</u>	<u>13:00 to 15:30</u>						14:00
14:15								14:15
14:30							<u>GOODLIFE MEMBER SWIM</u>	14:30
14:45						<u>GOODLIFE MEMBER SWIM</u>	<u>12:30 to 16:45</u>	14:45
15:00						<u>12:45 to 17:45</u>		15:00
15:15								15:15
15:30								15:30
15:45								15:45
16:00								16:00
16:15								16:15
16:30								16:30
16:45					<u>King Swim Learn to swim</u>			16:45
17:00	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	<u>King Swim Learn to swim</u>	<u>15:30 to 18:30</u>			17:00
17:15	<u>15:30 to 19:45</u>	<u>15:30 to 19:15</u>	<u>15:30 to 19:20</u>	<u>15:30 to 19:45</u>				17:15
17:30								17:30
17:45								17:45
18:00								18:00
18:15								18:15
18:30								18:30
18:45								18:45
19:00								19:00
19:15								19:15
19:30								19:30
19:45		<u>AQUA 19:30 to 20:15</u>	<u>AQUA 19:20 to 20:05</u>		<u>GOODLIFE MEMBER SWIM</u>			19:45
20:00	<u>GOODLIFE MEMBER SWIM</u>			<u>GOODLIFE MEMBER SWIM</u>	<u>18:30 to 21:00</u>			20:00
20:15	<u>19:45 TO</u>	<u>GOODLIFE MEMBER SWIM 20:15 to 21:00</u>	<u>GOODLIFE MEMBER SWIM 20:05 to 21:00</u>					20:15
20:30	<u>21:00PM</u>							20:30
20:45								20:45
21:00								21:00

**GROUP FITNESS TIMETABLE** **KINGSWIM DECEMBER / JANUARY ADJUSTMENTS**

Monday	2nd December	KINGSWIM will occupy whole pool, no member access during this time	13:45 to 15:30	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Tuesday	3rd December	KINGSWIM will occupy whole pool, no member access during this time	13:45 to 15:30	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Wednesday	4th December	KINGSWIM will occupy whole pool, no member access during this time	13:45 to 15:30	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Thursday	5th December	KINGSWIM will occupy whole pool, no member access during this time	13:45 to 15:30	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Friday	6th December	KINGSWIM will occupy whole pool, no member access during this time	13:45 to 15:30	KINGSWIM TO OCCUPY FULL POOL DURING THIS TIME, NO ACCESS TO MEMBERS
Sunday	22nd December TO 5th January	MEMBER HAVE FULL ACCESS DURING THIS TIME		MEMBER HAVE FULL ACCESS DURING THIS TIME
Monday to Thursday	6/1/25 to 9/1/25	KINGSWIM will occupy whole pool, no member access during this time	8am to 12pm	Kingswim to occupy the pool from 8am to 12pm. Members will have full access prior to 8am and post 12pm
Tuesday	7TH January	AQUA CLASS CANCELLED	9:15 to 10:15	DUE TO POOL ACCESS AQUA CLASS TO BE CANCELLED.