

BE A GOOD SPORT!  BE A GOOD SPORT!  BE A GOOD S

# BE A GOOD SPORT



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**BE A GOOD FRIEND!**  
**YOUR TASK GUIDE**



# BE A GOOD FRIEND

Doing good makes us feel good, and here at Comic Relief, we are lucky enough to fund a lot of organisations who do good in their community. And that makes us all feel good!

## Organisations like StreetGames.

Summer is a time for having fun in the sun, from backyard BBQs and park picnics to family bike rides and seaside trips. But for many children, the summer months can be a time of hardship, hunger and isolation, as families struggle to afford the added food and childcare costs over the school holidays.

That's where Comic Relief and StreetGames come in. Sport Relief funding supports StreetGames' 'Fit and Fed' campaign, providing access to healthy meals and sports activities to low-income families across the UK.

StreetGames work closely with locally trusted organisations, children and families in their communities, supporting them to lead healthier, happier lives.

You can learn more about StreetGames and the impact they have in our [short film](#).



# INSPIRED?

To complete your **'Be a Good Friend'** task:

We are asking you to be a good friend and to do something positive for someone else in your community. Whether you and your family go litter-picking, you help your big brother to wash the neighbour's car (with their permission!) or you simply write a kind note to someone feeling low, do something that makes someone smile. Whatever kind thing you do, make a note, draw a picture or take a photo, pop it in your activity checklist and tick that box!

## Go on, Be a Good Sport!

