

BE A GOOD SPORT!  BE A GOOD SPORT!  BE A GOOD SPORT!

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SPORT RELIEF

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BE A GOOD FUNDRAISER!
YOUR TASK GUIDE



BE A GOOD FUNDRAISER



This is Sami and Rafi and these two brothers love a sporty challenge in aid of Comic Relief!

They have completed some incredible physical feats:

2021: Sami (then aged 5) ran 1-2 miles per day until he had completed 20 miles, his brother Rafi (then aged 10) walked 20 miles in one go.

2022: Sami did a 30-mile triathlon (swim, run, cycle) and Rafi did a 50-mile triathlon.

2023: Sami cycled 100 miles and Rafi cycled 200 miles.

2024: The brothers toured residential homes doing a comedy and musical act, trying to spread a Comic Relief smile and promote good mental health in their community.

The boys have raised an amazing **£3350** to date and we are so excited to see what they have planned next! We were thrilled that **Sami and Rafi were awarded our 2024 Rising Star Nosey award** to recognise their fantastic fundraising efforts.

INSPIRED?

To complete your **'Be a Good Fundraiser'** task:

Get sponsored to wear a onesie to footie, take on a triathlon like our brilliant brothers above or simply whip up some bakes and sell them to your friends for a donation. Whatever you do to raise money for Sport Relief, make a note of what you've done and how much you raised on your activity checklist and tick that box! Don't forget to join your school's Just Giving team page if there is one!

Thank you. Your donation will support families here in the UK and around the world.

For details on how to set up a Just Giving page or join you a team page, please visit comicrelief.com/sportrelief/schools

Go on, Be a Good Sport!

