

COMIC  
RELIEF

RED  
NOSE  
DAY

FRIDAY 20 MARCH

THE

# FUNNY FOOD

CHALLENGE

SECONDARY  
TEACHER'S  
GUIDE

Red Nose Day is an initiative of Comic Relief, operating name of Charity Projects, registered charity in England & Wales (326568) and Scotland (SC039730) and company limited by guarantee registered in England & Wales (01806414), registered address 6th Floor, The White Chapel Building, 10 Whitechapel High Street, London, E1 8QS.



Registered with  
**FUNDRAISING  
REGULATOR**

# THANK YOU FOR SUPPORTING RED NOSE DAY AND TAKING PART IN THE FUNNY FOOD CHALLENGE.

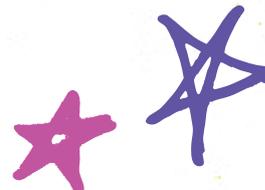


This year we are asking schools to help us make and use dough for dough!

Depending on the age/stage of the students and the time you have available, this could involve making and selling:

- Silly sandwich faces made from ready-made breads
- Red Nose Day pizza or bread faces
- Chelsea buns with Red Noses

Or anything bready and edible your students come up with!



## PREPARING FOR THE CHALLENGE

There's a range of Funny Foods materials to help you run the challenge, including a PowerPoint (PPT), student sheets and other fun bits to help market and sell your fun foods: [comicrelief.com/resources](http://comicrelief.com/resources)

Preparation is the key when it comes to running this, so please familiarise yourself with the materials above and consider the following points:

### What's the best bread for us to use or make?

With younger students or if you are short on time, rather than baking your own bread you could simply use ready-made bread to make silly sandwich faces.

If you want to bake your own bread, we have included a basic bread recipe on the following page. A basic bread recipe with a video of how to make it can also be found [here](#).

If you want to be more adventurous, we recommend you download (for free) one of the Oak National Academy's dough recipes.

They include:

Focaccia (for Funny Focaccia faces)

Chelsea buns (for Funny bun faces)

Tear-n-share pizza

### Working safely with food

We're sure you'll make this activity fun and safe. But if you are in anyway unsure, then please seek guidance from an advisory service, such as [CLEAPSS](#)

## RUNNING THE CHALLENGE

### Dough for dough

Use the Funny Foods PowerPoint provided to remind the students about Comic Relief's work and to set the scene for the challenge.

Give each group time to develop their funny food ideas. Ask them to sketch and label their designs.

Draw this planning lesson to a conclusion and share the next steps for the lesson when they will be making their bread products.

# BREAD RECIPE



This recipe makes a loaf of bread or two medium sized pizzas!

**Note: Make sure the students wash their hands before and after handling foods.**

## INGREDIENTS

- 500 g strong flour
- 1 x 7 g sachet dried yeast
- 300 ml water (lukewarm)
- 2 x teaspoons salt
- 2 x teaspoons sugar
- Ideas for savoury toppings – cheese, tomatoes, tomato puree, peppers, mushrooms, herbs, peas

## EQUIPMENT NEEDED

(per group)

- 1 non-stick baking tin (or tin lined with greaseproof paper)
- Weighing scales
- Measuring jug
- Measuring spoons
- Mixing bowl
- Mixing spoon
- Oven gloves

## METHOD

### 1. Preparation

Check students have their recipe sheets and equipment, and ask them to line their baking tins with greaseproof paper. Turn on the ovens: Gas Mark 7/200°C.

### 2. Measure

Ask students to accurately weigh and measure ingredients.

### 3. Mix

Ask them to add flour, salt, sugar and dried yeast into the mixing bowl and stir together. Show students how to add the warm water a little at a time. Use a spoon to mix together to make a soft dough.

### 4. Knead

Show students how to knead the dough. Use a little flour on the worksurface or keep the dough in the bowl.

### 5. Shape

Show students how to make a range of shapes, including rounds and spirals. Advise on toppings as necessary.

### 6. Bake

Ask students to place the dough in pre-heated ovens for 15–20 minutes or until the bread is golden brown.

## READY TO SELL?

To help the students market and sell their Funny Foods, download Comic Relief's poster template and labels.

**Don't forget to share any fun photos of your students' Funny Foods or sales @ComicRelief #RedNoseDay**

**A big thank you for supporting Red Nose Day!**

Please pay in your donation here [comicrelief.com/pay-in](https://comicrelief.com/pay-in)