



**RED
NOSE
DAY**

FRIDAY 15 MARCH

SECONDARY SCHOOL

RED NOSE DAY

TUTOR TIME ACTIVITIES

GET READY FOR RED NOSE DAY!



Red Nose Day 2024 is just around the corner on Friday 15 March. Always a highlight of the school calendar with students, why not use it as the inspiration for some fun, thought-provoking tutor time activities?

There are five activities in this booklet, each of which has been designed to take up to 20 minutes to deliver. Why not designate a Red Nose Day week in the run-up to 15 March and focus on one activity a day?

Although the activities have been developed with tutor time in mind, you could also choose to deliver them in PSHE lessons, or use them for intervention and small group work with students.

Learning objectives

- To understand the role of charity, in particular the work of Comic Relief
- To talk about emotions accurately and sensitively
- To express ideas and opinions through group discussion

Other resources

Download all our resources for secondary schools at comicrelief.com/secondary

Film

A short film about Precious from Zambia and how she has been helped by a project funded by Comic Relief.

Assembly

A PowerPoint assembly introducing Red Nose Day 2024, including Precious' story.

Learning poster

A starting point for discussing Precious' story and how we can all help to give people hope through supporting Red Nose Day.

Puzzle pack

Puzzles on a Red Nose Day theme – from word and maths conundrums, to a spot the difference challenge!

Red Nose Day Quiz

A fun quiz with four Red Nose Day themed rounds designed for secondary students. Why not use this as a fundraiser?

Rebellion lesson plan – 'Take a stand'

A lesson plan designed for delivery in English or PSHE, exploring the achievements of young activists.

ACTIVITY 1: THE RED NOSE DAY STORY



On Friday 15 March, the UK will come together to Do Something Funny for Money. The students are likely to have happy memories of past Red Nose Days, but how much do they know about the charity they are fundraising for?

Working in pairs, give students a copy of the information sheet 'What is Red Nose Day?' (you'll find this on the next page of this pack) and ask them to take it in turns to read sections out loud to each other. Bring the class back together to discuss the text and clarify any unfamiliar words.

To check students' understanding and recall, ask them to put the information sheet face down and challenge them to answer the following true or false questions about Red Nose Day.

If they think a statement is **true**, tell them to put their **finger on their nose**.

If they think a statement is **false**, tell them to give a **thumbs-down sign**.

1. The first Red Nose Day took place in 1988. (True)
2. Red Nose Day takes place every other year. (False – it is an annual event)
3. This year's Red Nose Day will take place on Friday 22 March. (False – it will be on Friday 15 March)
4. Money raised will help disadvantaged people in the UK and around the world. (True)
5. People support Red Nose Day by wearing red ears. (False – they wear Red Noses)
6. If we raise just £1 it could buy fruit and a healthy snack for a child. (True)
7. The Friday evening TV show is called a telethin. (False – it's a telethon)
8. If we raise £100 it could provide 10 children with disabilities in Kenya with essential equipment so they can go to school. (True)
9. On Red Nose Day, people Do Something Posh for Dosh. (False – they Do Something Funny for Money)
10. Last year's Red Nose Day raised over £35 million. (True)

Were the students surprised by any of the facts they learnt about Red Nose Day?

WHAT IS RED NOSE DAY?



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RED NOSE DAY IS HERE!

Get ready for Comic Relief's annual fundraising event, **Red Nose Day**, which will take place on **Friday 15 March**.

On Red Nose Day, the nation comes together to raise money to help people affected by poverty, conflict and climate change in the UK and around the world. In schools across the country, pupils will be baking cakes, taking on challenges, wearing Red Noses and dressing up to raise a smile, a laugh, and all-important money.

The highlight of Red Nose Day is always the Friday evening TV show. This year's telethon will include live performances, comedy sketches and celebrity challenges.

How will the money raised make a difference?

The money raised this Red Nose Day will be used to help put food on plates and roofs over heads, keep little ones safe and protect families from conflict and climate change.

- **£1** could buy fruit and a healthy snack for a child.
- **£10** could provide a child with a disability in Kenya with essential equipment so they can go to school.
- **£50** could provide a new mother seeking asylum in the UK with a week's supply of baby food and essentials.
- **£100** could help provide a week's worth of nutritious meals and activities for two children over half term.

The history of Red Nose Day

The charity Comic Relief was founded in 1985 by the comedian Sir Lenny Henry and the comedy scriptwriter Richard Curtis. Their idea was to get comedians to make the public laugh, with the aim of raising money to help people around the world facing tough times.

The first Red Nose Day took place in 1988 and raised a huge £15 million!

Over the years, many famous celebrities have taken part in Red Nose Day challenges and events. Last year's telethon was presented by David Tennant, Paddy McGuinness, Zoe Ball, Joel Dommett and AJ Odudu. An amazing £35,310,407 was raised!

ACTIVITY 2: MEET PRECIOUS



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This year's Red Nose Day film for secondary schools tells the story of Precious, whose life has been changed by Circus Zambia, a project funded by Comic Relief.

You can find the film at comicrelief.com/secondary

Watch the film and then talk about it in groups or as a class. You could use the following questions as a starting point for discussing different aspects of the film.



Precious' life

- Where does Precious live? Where is Zambia?
- Why is it tough growing up in Precious' community?
- What is Precious' role within her family? Why?
- How does Precious experience gender discrimination?
- What are Precious' hopes for the future?

Circus Zambia

- What happens at Circus Zambia?
- How does going to Circus Zambia help Precious?
- What is Precious' role in Precious' life?
- Which charity funds Circus Zambia?

The film's impact

- Why do you think Comic Relief has decided to share Precious' story?
- Could you relate to Precious' story?
- What does the charity want teachers and students to do as a result of watching the film?
- Has watching the film motivated you to raise more money on Red Nose Day?

ACTIVITY 3: EXPRESSING EMOTIONS



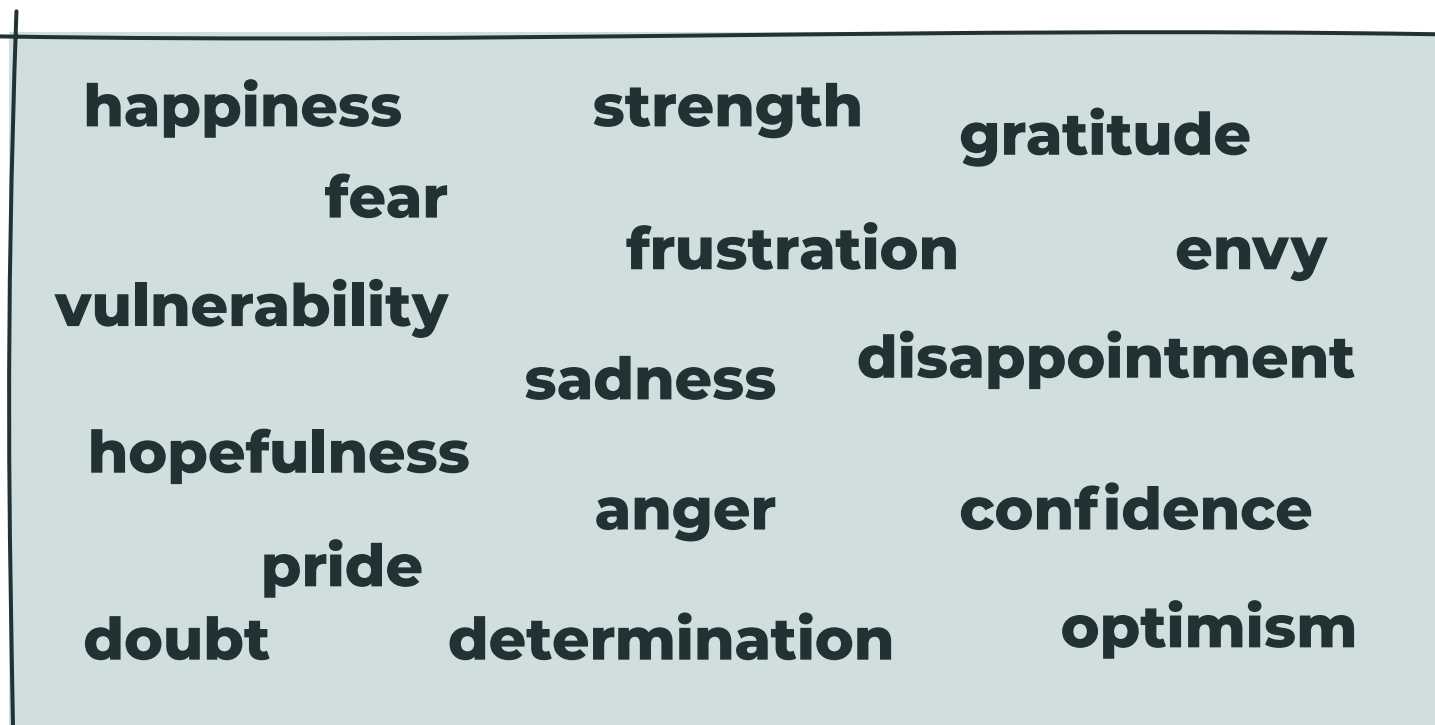
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Remind the students of Precious' story – you may find it helpful to watch the film again.

Talk about positive and negative emotions Precious is likely to have felt at different points in her life. For example:

- How do you think Precious feels when she experiences discrimination?
- How do you think she feels when she is at Circus Zambia?
- How does Mercy, her mentor, make Precious feel?

The words below all describe emotions Precious is likely to have felt at different times. Read them out to the students one by one, and ask them to create two lists – one of negative emotions, and one of positive emotions.



Pool ideas as a class. Do the students agree about which feelings are positive and which are negative? Talk about how some emotions can be both positive and negative – for example, excessive anger is negative, but anger can also motivate you to change things and find solutions to problems.

Ask the students to think of situations in which Precious might have felt the different emotions. Can they think of times when they have experienced these emotions?

Which emotions do the students think are hardest to express? How important is it to be able to explain to people how you feel at different times in your life? Why?

ACTIVITY 4: MAKING A DIFFERENCE



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Many people across the UK and around the world are trying to get by in the face of poverty and injustice – being forced to make truly impossible choices, every single day.

Explain to the students that the money they raise on Red Nose Day could help to put food on plates and roofs over heads, keep little ones safe, and help protect families from conflict and climate change.

The chart on the following page lists just a few of the ways that donations made on Red Nose Day could be used to make a difference to people's lives in the UK and around the world.

1. Divide the class into five groups and give each group a copy of the chart.
2. Ask the students to imagine that they are in charge of deciding how to spend a £200 donation to Red Nose Day.
3. In their group, give the students five minutes to look at the information on the chart and decide how they would spend the money in order to make the greatest difference.
4. Bring the class back together and ask each group to explain their thoughts. How would they choose to spend the money? Why?
5. Having listened to each group's arguments, can the class come to an agreement about how they think the money should be spent to make the greatest impact?

USING RED NOSE DAY MONEY



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Amount	Use
£1	Could buy fruit and a healthy snack for a child, helping to prevent hunger.
£5	Could help feed a child for a day at a community hub during school holidays, stopping them from going hungry.
£10	Could provide a child with a disability in Kenya with essential equipment so they can go to school.
£50	Could provide a new mother seeking asylum in the UK with a week's supply of baby food and essentials.
£75	Could help provide a slow cooker, recipes and cooking sessions for a family.
£100	Could help provide a week's worth of nutritious meals and activities for two children over half term.

How could a £200 donation be used to make a difference?

ACTIVITY 5: CHARITIES AND FUNDRAISING



Life isn't easy for many people at the moment. This means that charity is more important than ever – but it is also harder than ever for people to find spare money to give.

Discuss the role of charities with the students:

- What is a charity?
- What charities can they think of?
- Why do charities ask people for money?
- How else can we help people apart from giving money?

Remind the students that Red Nose Day is coming up on 15 March. Has your school already planned activities? What fundraising activities could you organise and/or take part in as a group? You could encourage the students to consider:

- A circus skills workshop or challenge (in Precious' honour!)
- The best bake sale ever
- A sponsored challenge
- A year group tournament
- Dressing up or in red
- A teachers vs. students quiz
- A Red Nose Day disco...

Why not share the three or four top ideas on the board and take a vote?

**Could you spread the fundraising out and make it a Red Nose Week?
More laughs, more joy, more life-changing money – what's not to love!**