

BE A GOOD SPORT!  BE A GOOD SPORT!  BE A GOOD SPORT!

BE A GOOD SPORT



**SPORT
RELIEF**

BE A GOOD SPORT!  BE A GOOD SPORT!  BE A GOOD SPORT!

BE A GOOD CHAMPION!
YOUR TASK GUIDE



BE A GOOD CHAMPION

Who's your sporting hero? And what do you think makes them a champion? Is it their strength? Commitment? Bravery? There are so many amazing people to inspire us, who inspires you?

DAVID CLARKE OBE

David Clarke OBE is a Paralympic legend! David was born with a condition called glaucoma and has been blind his whole life- but he has not let that hold him back and has used his condition and every opportunity presented to him to excel both in business and in sport. David is retired Paralympic footballer, representing ParalympicsGB on 144 occasions and scoring an incredible 128 goals! Paralympic football is played by athletes with visual impairments and uses a special ball with a bell inside that makes a noise as it moves to guide players- clever hey?



David has had a successful banking career and has worked for the RNIB (Royal National Institution of Blind People) as Director of Services and then Chief Operating Officer. In 2023 David combined his skills in business and charity with his passion for sport and became the first disabled CEO of the British Paralympic Association. David is now focused on making sure all the ParalympicsGB athletes are prepared for the summer and winter paralympics and in building the organisation to create a better world for disabled people through sport. In June 2023 David was awarded an OBE (Officer of the Order of the British Empire) for his work by the King for his incredible work- Well done David!

You can find out more about the Paralympic athletes here: paralympics.org.uk/athletes

And try out some of the sports here: [Get Set | Spirit of Sport at Home](#)

INSPIRED?

To complete your '**Be a Good Champion**' task:

We want you to tell us all about the sporting superstars who inspire you. It doesn't have to be anyone famous - we want to hear about the people you really admire. You could read a book all about them, draw a picture of them, or even write a poem - find out what really makes a champion. Whatever you do, record it on your checklist and tick that box!

Go on, Be a Good Sport!

