

# EARLY YEARS

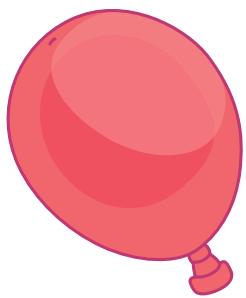
## LEARNING RESOURCES

COMIC RELIEF

RED NOSE DAY

FRIDAY 21 MARCH

BLUEY





FRIDAY 21 MARCH

# HOORAY!

# BLUEY

**We're thrilled to partner with Bluey again for Red Nose Day 2025 and to be bringing you stacks of Bluey themed fundraising ideas, resources and learning goodies!**

Bluey follows the adventures of a lovable and inexhaustible six-year-old Blue Heeler puppy who lives with her Dad, Mum and four-year-old little sister, Bingo.



So, why not visit [comicroelief.com/early-years](https://comicroelief.com/early-years) and get your lovable (and inexhaustible) little ones involved this Red Nose Day!

# WE ARE FAMILY

Explore families and feelings with the help of Bluey, Bingo, Bandit and Chilli.

- 1 Watch an episode of Bluey with your children – there's a wide selection here: [www.bbc.co.uk/iplayer/episodes/m000vbrk/bluey](http://www.bbc.co.uk/iplayer/episodes/m000vbrk/bluey)
- 2 Encourage your little ones to bust their best dance moves to the Bluey theme tune, and call out their favourite Heeler family names as they appear on screen.
- 3 Talk with the children about Bluey's family, and encourage them to talk about the Heelers and their own families – for real life, with questions such as:
  - Who does Bluey live with? (her little sister Bingo, Mum and Dad)
  - How many of you have a little sister too?
  - What are Bluey's Mum and Dad called? (Chilli and Bandit)
  - What are Bluey's cousins called? (Muffin and Socks)
  - Do you have cousins? What are their names?
- 4 Once you've watched Bluey, encourage your children to talk about what happened:
  - Has anything similar happened to them before?
  - Have they been on any adventures or played any games like Bluey and Bingo?
  - How do they think Bluey's family and friends felt in the episode?
  - Can they use their imagination to play and explore Bluey's world?
- 5 Discover family relationships with your children by drawing a family tree showing parents and two children, just like the Heeler family! But this is a real pickle... can the children think of any other types of relatives? From parents and grandparents, to siblings, cousins, aunts and uncles – add them to the family tree to show how people are related!

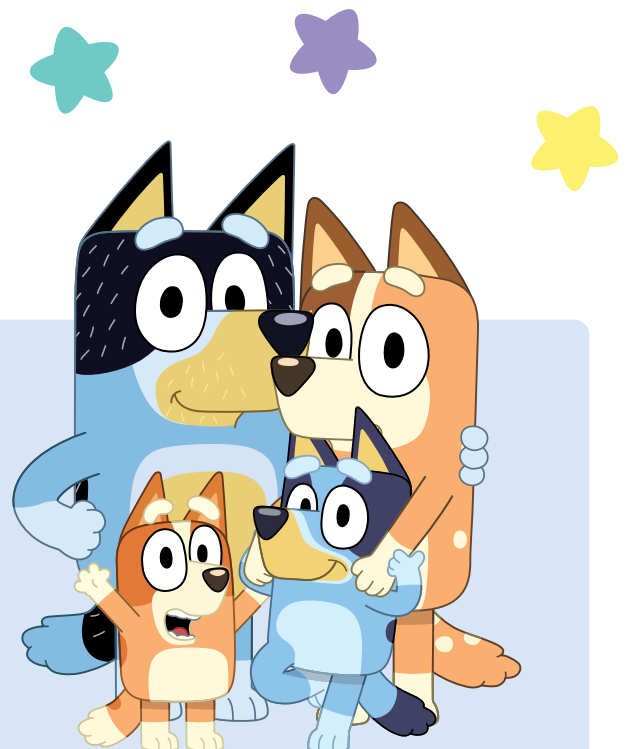
## AREAS OF LEARNING AND DEVELOPMENT

### Personal, social and emotional development

- Important attachments that shape their social world
- Understand their own feelings and those of others
- Develop a sense of self

### Communication and language

- Conversations with adults and peers
- Story-telling and role play



# LET'S PARTY WITH BLUEY



Prepare for fun and get ready to party with Bluey this Red Nose Day!

## Print out your Bluey Party Pack

1

Get started by printing out your Bluey posters, bunting, cake labels and invites. You'll find everything you need here:

[comicrelief.com/early-years](https://comicrelief.com/early-years)

Want more?! Get your Red Nose Day Bluey Party pack, crammed full of stickers, bunting, party hats and other goodies

[comicrelief.com/shop](https://comicrelief.com/shop)

## Invite everyone

2

Download our party invitations to colour in and decorate. Get the date in everyone's diaries **Friday 21 March.**

## Get decorating!

3

Make sure you've got everything in place for the ultimate Bluey-themed bash. Get your Let's Play Chef downloadable placemats, coasters and posters at

[comicrelief.com/early-years](https://comicrelief.com/early-years)

## Whip up some bakes

4

Print off Bandit's Duck cake recipe (simple or Trifficult!) and whip up some brilliant bakes to raffle off or sell. Share your fabulous bake creations (or your epic baking fails!) on social media and tag us **@ComicRelief @OfficialBlueyTV** using **#RedNoseDay #BlueyRedNoseDay**

Find some special Duck Cake toppers in our Bluey Party pack [comicrelief.com/shop](https://comicrelief.com/shop)

## Plan your day-

5

Kick off with an episode of Bluey (try Duck Cake or Pavlova for some baking themed fun at <https://www.youtube.com/channel/UCVzLLZkDuFGAE2BGdBuBNBg> or at <https://www.bbc.co.uk/iplayer/episodes/m000vbrk/bluey>

Play some games- you can find memory games, spot the difference and Bluey activities at [comicrelief.com/early-years](https://comicrelief.com/early-years) or schedule in some old school fun (who doesn't love pass-the-parcel and musical statues!)

## Party!

6

Sell your brilliant Bluey bakes and raise some dough or take donations to attend. However you bring in the cash, you'll be helping to put food on plates and roofs over heads, keep little ones safe and help support families affected by conflict.

## AREAS OF LEARNING AND DEVELOPMENT

### Expressive Arts & Design

- Imagination and creativity
- Explore and play with a wide range of media and materials
- Self-expression, vocabulary and ability to communicate through the arts



# BAKE WITH BLUEY

## EASY CUPCAKES

Did someone say snacks? Make these delicious easy cakes to sell on Red Nose Day. Make sure a grown up helps with small pieces, preparation and baking.



### Ingredients

200g/7oz caster sugar  
200g/7oz butter (at room temperature)  
200g/4oz self-raising flour  
4 eggs  
1tsp vanilla extract  
Pinch of salt  
1tsp baking powder

### Buttercream icing

140g butter  
280g icing  
1-2 tbsp milk  
Yellow/apricot food colouring



### AREAS OF LEARNING AND DEVELOPMENT

#### Physical development

- Fine motor control
- Hand-eye co-ordination
- Use small tools

### Recipe

#### For the sponge

1. Preheat the oven to 180C/160C Fan/Gas 4. Line a 12-hole cupcake tin with 12 paper cases.
2. Cream the butter and sugar together until it forms a smooth and fluffy consistency.
3. In a separate bowl, break your eggs and whisk together. In another bowl add your flour, salt and baking powder together.
4. Then slowly add a bit of the egg mixture in to the butter and sugar mixture. Make sure to mix well after you add any egg. You can also add a little bit of your flour mixture each time to prevent curdling.
5. Once your eggs are fully combined you can add your vanilla extract — or add a different flavour if you're feeling adventurous.
6. You can then start folding in the rest of your flour mixture to the cake batter, you can do this in stages to prevent lumps – be careful not to overmix at this stage! The finished mixture should fall off a spoon easily.
7. Spoon the mixture evenly into 12 paper cases.
8. Bake in the oven for 15-18 minutes and cool completely before icing.

#### For the icing

1. Beat the butter until soft. Add half the icing sugar and beat until smooth.
2. Add remaining icing sugar and one tbsp milk and beat until smooth.
3. Add remaining milk and foodcolouring and stir until well mixed.

#### To decorate

Pop on your Duck cake toppers! (Available at [comicrelief.com/shop](https://www.comicrelief.com/shop) in the **Bluey Party Pack**.)

Find more Bluey Red Nose Day resources at [comicrelief.com/early-years](https://www.comicrelief.com/early-years)



# WHERE IN THE WORLD

Find out more about life in Bluey's home country.



- 1** Explain to the children that Bluey lives on a leafy street in the heart of Brisbane, Australia. You can share on a map or globe exactly where Australia is. Explain just how far away Australia is from their home in the UK. It's over 10,000 miles in total... oh goodness gravy!
- 2** If they were going to visit Bluey in Australia, how might they get there? Do the children know that it would take a whole day to travel by plane? This is difficult... can they think of another way they might be able to travel to see Bluey?
- 3** Show your children the photo sheet of places in Australia – do any of these snaps look like where you live in the UK? What looks different? What do they think it would be like growing up in Australia? You could watch an episode of Bluey and think about the similarities and differences between Bluey's world and theirs!
- 4** You can ask your little ones to point out other countries on a map or atlas — this could be places they have visited or where friends or relatives live

## AREAS OF LEARNING AND DEVELOPMENT

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### Communication and language

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- Story-telling and role play



# WHERE IN THE WORLD

Find out more about life in Bluey's home country

## AUSTRALIA



# WHY ARE WE FUNDRAISING



Use these talking points in the run-up to Red Nose Day to help the children understand why they are raising money.

- 1** Talk with the children about people who help them:
  - Who helps you at home?
  - Who helps you at nursery?
  - Who has helped you so far today? What did they do?
  - Can you think of other people who help? (e.g. doctors, nurses, teachers, vets, lifeguards)
- 2** Encourage the children to think about how they help other people:
  - Do you help around the home?
  - Do you help with younger sisters and brothers?
  - Can you think of times you've helped your friends?
- 3** Explain to the children that there are lots of people around the world who need our help, perhaps because they don't have enough money for food, don't have a safe place to live, or are unwell. Explain what charities do and why we raise money for them.
- 4** Can the children name any charities? Can they remember fundraising activities you have organised in the past? Show them photographs and share memories.
- 5** Explain to the children that soon you will be raising money for Red Nose Day. Explain how the money raised will help make a difference to people in the UK and around the world you can find out more here [www.comicrelief.com/rednoseday](http://www.comicrelief.com/rednoseday)
- 6** If you feel it's appropriate for your cohort, you could talk to them about four-year-old Nyla, who lives in the UK and is supported by an organisation funded by Comic Relief. You can find out about Nyla's story on the next page of this booklet.



## AREAS OF LEARNING AND DEVELOPMENT

### Personal, social and emotional development

- Important attachments that shape their social world

### Understand the world

- Make sense of their physical world and their community

### Communication and language

- Conversations with adults and peers
- New vocabulary



# ABOUT NYLA

**Nyla is four-years-old.  
She lives in England with  
her Mum and Dad.**



Nyla was born with a rare and complex neurological condition called Sturge-Weber, which affects her cognitive and physical development and has led to numerous seizures.

Since starting at Dingley's Promise, Nyla's development has come on in leaps and bounds.

Nyla is now able to get around aided by her walker, can stand and tries to dance whilst holding someone's hands.

Nyla has got a lot stronger and is now able to communicate what she wants in short sentences eg 'Nyla sit down play'.

Nyla's favourite thing is to dance and to get everyone around her to dance too! She loves playing games, it can be anything from playing ball to hide and seek- anything that makes her laugh!

Nyla's favourite toys are anything musical. She has a keyboard that she will sit and play with for hours.

## About Dingley's Promise

Nyla and her family are being supported by Dingley's Promise, which is funded by Comic Relief.

The organisation believes that all children should have the best possible start in life.

Dingley's Promise is an early-years SEND provider who champion inclusion for the under 5's.

They run specialist intervention centres, providing differentiated and targeted support for children and their families.

The organisation has a high ratio of practitioners to children, enabling them to tailor activities closely to the individual needs of each child, whilst ensuring that they are safe. They work with speech and language, physiotherapists and occupational therapists to ensure that what they are doing is best for the child.

Dingley's Promise collaborate closely with families, to ensure that they support not only the child, but they entire family, so that they can feel more in control and positive about the future.