

COMIC
RELIEF

RED
NOSE
DAY

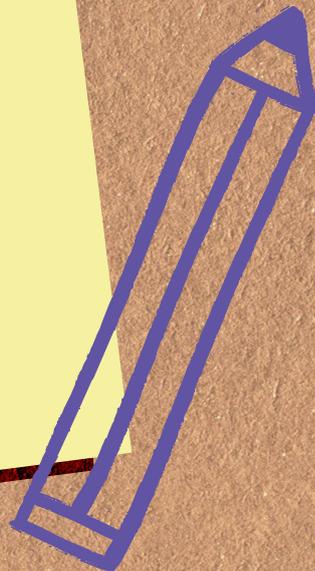
FRIDAY 20 MARCH

THE

FUNNY FOOD

CHALLENGE

TEACHER'S
NOTES



Red Nose Day is an initiative of Comic Relief, operating name of Charity Projects, registered charity in England & Wales (326568) and Scotland (SC039730) and company limited by guarantee registered in England & Wales (01806414), registered address 6th Floor, The White Chapel Building, 10 Whitechapel High Street, London, E1 8QS.



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THANK YOU FOR SUPPORTING RED NOSE DAY AND TAKING PART IN THE FUNNY FOOD CHALLENGE.

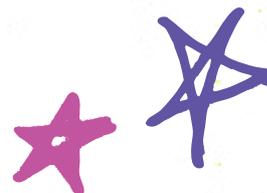


This year we are asking schools to help us make and use dough for dough!

Depending on the age/stage of the pupils and the time you have available, this could involve making and selling:

- Silly sandwich faces made from ready-made breads
- Red Nose Day pizza or bread faces
- Chelsea buns with Red Noses

Or anything bready and edible your pupils come up with!



PREPARING FOR THE CHALLENGE

There's a range of Funny Foods materials to help you run the challenge, including a PowerPoint (PPT), pupil sheets and other fun bits to help market and sell your fun foods: comicrelief.com/resources

Preparation is the key when it comes to running this, so please familiarise yourself with the materials above and consider the following points:

What's the best bread for us to use or make?

For lower primary aged pupils, you might choose to use bread to make silly sandwich faces rather than baking your own.

For upper primary and secondary we have included a basic bread recipe on page 3. This can be used as the base for bread rolls, pizza bases and any other creations!

A basic bread recipe with a video of how to make it can also be found [here](#).

If you want to be more adventurous, we recommend you download (for free) one of the Oak National Academy's dough recipes.

They include:

Focaccia (for Funny Focaccia faces)

Chelsea buns (for Funny bun faces)

Tear-n-share pizza

Working safely with food

We're sure you'll make this activity fun and safe. But if you are in any way unsure, then please seek guidance from an advisory service, such as [CLEAPSS](#)

RUNNING THE CHALLENGE

Dough for dough

Use the PPT and the assembly to remind the pupils about Comic Relief's work and to set the scene for their challenge.

Ask them to sketch their ideas on the pupil sheet 'Design Ideas' and encourage them to share them with their classmates. PPT slide 8 offers a few suggestions.

Draw this planning lesson to a conclusion and share the next steps for the lesson when they will be making their bread products.

BREAD RECIPE



This recipe makes a loaf of bread or two medium sized pizzas!

Note: Make sure the pupils wash their hands before and after handling foods.

INGREDIENTS

- 500 g strong flour
- 1 x 7 g sachet dried yeast
- 300 ml water (lukewarm)
- 2 x teaspoons salt
- 2 x teaspoons sugar
- Ideas for savoury toppings – cheese, tomatoes, tomato puree, peppers, mushrooms, herbs, peas

EQUIPMENT NEEDED

(per group)

- 1 non-stick baking tin (or tin lined with greaseproof paper)
- Weighing scales
- Measuring jug
- Measuring spoons
- Mixing bowl
- Mixing spoon
- Oven gloves

METHOD

1. Preparation

Check pupils have their recipe sheets, equipment and ask them to line their baking tins with greaseproof paper. Turn on the ovens: Gas Mark 7/200°C.

2. Measure

Ask pupils to accurately weigh and measure ingredients.

3. Mix

Ask them to add flour, salt, sugar and dried yeast into the mixing bowl and stir together. Show pupils how to add the warm water a little at a time. Use a spoon to mix together to make a soft dough.

4. Knead

Show pupils how to knead the dough. Use a little flour on the worksurface or keep the dough in the bowl.

5. Shape

Show pupils how to make a range of shapes including rounds, spirals and/or shapes that help pupils want to make their ideas come to life! Advise on toppings as necessary.

6. Bake

Ask pupils to place the dough in pre-heated ovens for 15–20 minutes or until the bread is golden brown.

READY TO SELL?

To help the pupils market and sell their Funny Foods, download Comic Relief's poster template and labels.

Don't forget to share any fun photos of your pupils' Funny Foods or sales @ComicRelief #RedNoseDay

A big thank you for supporting Red Nose Day!

Please pay in your donation here comicrelief.com/pay-in